

On the Global Attractor of 2D Incompressible Turbulence with Random Forcing

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Abstract

This study revisits bounds on the projection of the global attractor in the energy–enstrophy plane for 2D incompressible turbulence [Dascaliuc, Foias, and Jolly 2005, 2010]. In addition to providing more elegant proofs of some of the required nonlinear identities, the treatment is extended from the case of constant forcing to the more realistic case of random forcing. Numerical simulations in particular often use a stochastic white-noise forcing to achieve a prescribed mean energy injection rate. The analytical bounds are demonstrated numerically for the case of white-noise forcing.

Keywords: energy, enstrophy, global attractor, two-dimensional turbulence, incompressible turbulence, random forcing

1. Introduction

1 Turbulence is sometimes characterized as the “last great unsolved problem
2 of classical mechanics.” Attempts to understand and predict turbulent flow
3 have been undertaken since the very beginning of the emergence of classical
4 mechanics. While there have been some influential breakthroughs in the last
5 century by great researchers like Taylor, Kolmogorov, Kraichnan, Batchelor,
6 Leith, Ruelle, Takens, Orszag, Frisch and others, the problem of turbulence
7 is complicated enough that there is not even a unified model adopted by
8 all researchers in the field. The nature of turbulence is still controversial.
9 Is it a deterministic or stochastic phenomenon? Even with the emergence
10

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11 of chaos theory in the 1980s and the understanding of nonlinear dynamical
 12 systems using the concepts of attractors, basins, intermittency, and coherent
 13 structures, the problem of turbulence has not been precisely described. The
 14 complex nature and essence of turbulence deserves much further study. In
 15 this work we apply tools from functional analysis to study turbulence as
 16 a deterministic phenomenon governed by the Navier–Stokes equations, but
 17 driven by a stochastic forcing.

18 2. Definitions and preliminaries

19 One of the simplest contexts in which to pose the turbulence problem
 20 is 2D incompressible homogeneous isotropic turbulent flow in a bounded
 21 domain with periodic boundary conditions and no mean velocity and forcing.
 22 One close realization of this ideal form of turbulence in laboratories is a very
 23 thin layer of turbulent fluid far downstream from a flow passing over a net
 24 of wires.

Looking at this ideal form of turbulence deterministically involves using
 the incompressible Navier–Stokes and continuity equations expressed as a set
 of integro-differential equations, with zero mean flow and forcing, along with
 constant density $\rho = 1$:

$$\frac{\partial \mathbf{u}}{\partial t} - \nu \nabla^2 \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p = \mathbf{F}, \quad (1)$$

$$\nabla \cdot \mathbf{u} = 0, \quad (2)$$

$$\int_{\Omega} \mathbf{u} \, d\mathbf{x} = \mathbf{0}, \quad \int_{\Omega} \mathbf{F} \, d\mathbf{x} = \mathbf{0}, \quad (3)$$

$$\mathbf{u}(\mathbf{x}, 0) = \mathbf{u}_0(\mathbf{x}), \quad (4)$$

with $\Omega = [0, L] \times [0, L]$ and periodic boundary conditions on $\partial\Omega$. This
 problem can be considered in a specific Hilbert space (H) with the standard
 L^2 inner product

$$(\mathbf{u}, \mathbf{v}) = \int_{\Omega} \mathbf{u}(\mathbf{x}) \cdot \mathbf{v}(\mathbf{x}) \, d\mathbf{x}, \quad \text{where } \mathbf{a} \cdot \mathbf{b} = \sum_i a_i b_i.$$

25 The Hilbert space is defined as

$$H(\Omega) \doteq \text{cl} \left\{ \mathbf{u} \in (C^2(\Omega) \cap L^2(\Omega))^2 \mid \nabla \cdot \mathbf{u} = 0, \int_{\Omega} \mathbf{u} \, d\mathbf{x} = \mathbf{0} \right\}, \quad (5)$$

with L^2 norm

$$|\mathbf{u}| = (\mathbf{u}, \mathbf{u})^{1/2} = \left(\int_{\Omega} \mathbf{u}(\mathbf{x}, t) \cdot \mathbf{u}(\mathbf{x}, t) \, d\mathbf{x} \right)^{1/2}$$

26 (here \doteq is used to emphasize a definition and cl denotes the closure with
27 respect to the L^2 norm). The above problem can then be expressed as

$$\frac{d\mathbf{u}}{dt} - \nu \nabla^2 \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p = \mathbf{F}, \quad \mathbf{u}(t) \in H(\Omega). \quad (6)$$

Let $A \doteq -\mathcal{P}(\nabla^2)$, $\mathbf{f} \doteq \mathcal{P}(\mathbf{F})$, and define the bilinear map

$$\mathcal{B}(\mathbf{u}, \mathbf{u}) \doteq \mathcal{P}(\mathbf{u} \cdot \nabla \mathbf{u} + \nabla p),$$

where \mathcal{P} is the Helmholtz–Leray projection operator on $H(\Omega)$:

$$\mathcal{P}(\mathbf{v}) \doteq \mathbf{v} - \nabla \nabla^{-2} \nabla \cdot \mathbf{v}, \quad \forall \mathbf{v} \in H(\Omega).$$

28 In terms of these definitions, (6) can be written more compactly as

$$\frac{d\mathbf{u}}{dt} + \nu A \mathbf{u} + \mathcal{B}(\mathbf{u}, \mathbf{u}) = \mathbf{f}. \quad (7)$$

29 3. Stokes operator A

The operator $A = \mathcal{P}(-\nabla^2)$ is positive-semidefinite and self-adjoint in $H(\Omega)$, with a compact inverse whose eigenvalues are

$$\lambda = k_0^2 \mathbf{k} \cdot \mathbf{k}, \quad \mathbf{k} \in \mathbb{Z} \times \mathbb{Z} \setminus \{\mathbf{0}\},$$

where $k_0 = 2\pi/L$. The eigenvalues of a positive-definite infinite-dimensional linear operator can be arranged as

$$0 < \lambda_0 < \lambda_1 < \lambda_2 < \cdots, \quad \lambda_0 = k_0^2$$

and their eigenvectors, \mathbf{w}_i , $i \in \mathbb{N}_0$, form an orthonormal basis for the Hilbert space H , upon which we can define any power of A :

$$A^\alpha \mathbf{w}_j = \lambda_j^\alpha \mathbf{w}_j, \quad \alpha \in \mathbb{R}, \quad j \in \mathbb{N}_0.$$

Having the above orthonormal basis, it is possible to define a new space $V^{2\alpha} \subset H$ as [19]

$$V^{2\alpha} = D(A^\alpha) \doteq \left\{ \mathbf{u} \in H \mid \sum_{j=0}^{\infty} \lambda_j^{2\alpha}(\mathbf{u}, \mathbf{w}_j)^2 < \infty \right\}.$$

We are especially interested in the subspace $V = V^{2(1/2)}$ consisting of solutions in H having finite enstrophy:

$$V = D(A^{1/2}) \doteq \left\{ \mathbf{u} \in H \mid \sum_{j=0}^{\infty} \lambda_j(\mathbf{u}, \mathbf{w}_j)^2 < \infty \right\}.$$

A suitable norm for the elements of V is

$$\|\mathbf{u}\| = |A^{1/2}u| = \left(\int_{\Omega} \sum_{i=1}^2 \frac{\partial \mathbf{u}}{\partial x_i} \cdot \frac{\partial \mathbf{u}}{\partial x_i} \right)^{1/2} = \left(\sum_{j=0}^{\infty} \lambda_j(\mathbf{u}, \mathbf{w}_j)^2 \right)^{1/2}.$$

It is essential to exploit properties of the bilinear map \mathcal{B} together with incompressibility and periodicity, along with specific properties of the Stokes operator A . Here we only list the most important properties of the bilinear map and the reader who is interested in their proofs is referred to [Appendix A](#) for further details. Specifically, we will need the antisymmetry

$$(\mathcal{B}(\mathbf{u}, \mathbf{v}), \mathbf{w}) = -(\mathcal{B}(\mathbf{u}, \mathbf{w}), \mathbf{v}),$$

30 orthogonality in 2D,

$$(\mathcal{B}(\mathbf{u}, \mathbf{u}), A\mathbf{u}) = 0, \tag{8}$$

the strong form of enstrophy invariance in a 2D periodic domain,

$$(\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u}) = (\mathcal{B}(\mathbf{u}, \mathbf{v}), A\mathbf{v}),$$

and the 2D general identity in a periodic domain,

$$(\mathcal{B}(A\mathbf{u}, \mathbf{u}), \mathbf{u}) + (\mathcal{B}(\mathbf{v}, A\mathbf{v}), \mathbf{u}) + (\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{v}) = 0.$$

Finally, we state an important Sobolev inequality, the 2D Ladyzhenskaya inequality:

$$|\mathbf{u}|_{L^4(\Omega)} \leq C_L |\mathbf{u}|^{1/2} \|\mathbf{u}\|^{1/2}, \tag{9}$$

31 where the constant C_L depends only on the domain Ω .

32 **4. The Navier–Stokes equations as a dynamical system**

Before considering the dynamical behaviour of the Navier–Stokes equations using functional analysis tools, we need to define certain global flow quantities respectively known as the energy, enstrophy, and palinstrophy:

$$E = \frac{1}{2}|\mathbf{u}(t)|^2, \quad Z = \frac{1}{2}|A^{1/2}\mathbf{u}(t)|^2 = \frac{1}{2}\|\mathbf{u}(t)\|^2, \quad P = \frac{1}{2}|A\mathbf{u}(t)|^2.$$

33 Just as energy is proportional to the mean-squared velocity, enstrophy is
 34 proportional to the mean-squared vorticity and therefore provides a measure
 35 of the rotational energy in a flow. It is easily shown that the rate at which
 36 energy is dissipated is proportional to the enstrophy. Likewise, the enstrophy
 37 is dissipated at a rate proportional to the palinstrophy.

Taking the inner product of \mathbf{u} (respectively $A\mathbf{u}$) with (7), we find

$$\frac{1}{2}\frac{d}{dt}|\mathbf{u}(t)|^2 + \nu\|\mathbf{u}(t)\|^2 = (\mathbf{f}, \mathbf{u}(t)), \quad (10)$$

$$\frac{1}{2}\frac{d}{dt}\|\mathbf{u}(t)\|^2 + \nu|A\mathbf{u}(t)|^2 = (\mathbf{f}, A\mathbf{u}(t)). \quad (11)$$

Applying the Cauchy–Schwarz and Poincaré inequalities, we obtain

$$(\mathbf{f}, \mathbf{u}(t)) \leq |\mathbf{f}||\mathbf{u}(t)|, \quad k_0^2|\mathbf{u}(t)|^2 \leq \|\mathbf{u}(t)\|^2,$$

which leads to

$$-\nu\|\mathbf{u}\|^2 \leq -\nu k_0^2|\mathbf{u}|^2.$$

38 Thus, (10) can be written as

$$\frac{d}{dt}|\mathbf{u}(t)|^2 \leq -2\nu k_0^2|\mathbf{u}(t)|^2 + 2|\mathbf{f}||\mathbf{u}(t)|. \quad (12)$$

39 Simplifying the above inequality yields

$$\frac{d}{dt}|\mathbf{u}(t)| \leq -\nu k_0^2|\mathbf{u}(t)| + |\mathbf{f}|, \quad (13)$$

40 which is a first-order differential inequality. If \mathbf{f} is constant in time, we can
 41 apply a Gronwall inequality to (13) for $t \geq 0$:

$$|\mathbf{u}(t)| \leq e^{-\nu k_0^2 t}|\mathbf{u}(0)| + \left(\frac{1 - e^{-\nu k_0^2 t}}{\nu k_0^2}\right)|\mathbf{f}|. \quad (14)$$

Now, taking $\alpha \doteq e^{-\nu k_0^2 t}$ and $\beta \doteq |\mathbf{f}|/(\nu k_0^2)$, (14) can be expressed as

$$|\mathbf{u}(t)| \leq \alpha |\mathbf{u}(0)| + (1 - \alpha)\beta,$$

which is a segment connecting $|\mathbf{u}(0)|$ and β . On squaring both sides and exploiting convexity, we obtain

$$|\mathbf{u}(t)|^2 \leq \alpha |\mathbf{u}(0)|^2 + (1 - \alpha)\beta^2.$$

42 We thus arrive at the following result:

$$|\mathbf{u}(t)|^2 \leq e^{-\nu k_0^2 t} |\mathbf{u}(0)|^2 + (1 - e^{-\nu k_0^2 t}) \left(\frac{|\mathbf{f}|}{\nu k_0^2} \right)^2. \quad (15)$$

43 On introducing the Grashof number $G \doteq |\mathbf{f}|/(\nu^2 k_0^2)$, we simplify (15) to

$$|\mathbf{u}(t)|^2 \leq e^{-\nu k_0^2 t} |\mathbf{u}(0)|^2 + (1 - e^{-\nu k_0^2 t}) \nu^2 G^2. \quad (16)$$

44 Applying the same argument to (11), using (8), results in a similar estimate:

$$45 \quad \|\mathbf{u}(t)\|^2 \leq e^{-\nu k_0^2 t} \|\mathbf{u}(0)\|^2 + (1 - e^{-\nu k_0^2 t}) \nu^2 k_0^2 G^2. \quad (17)$$

From (17), it can be observed that the closed ball \mathfrak{B} of radius $\nu k_0 G$ in the space V is a bounded absorbing set [8], and so weakly compact.¹ If we take S to be the solution operator for (7) defined by

$$S(t)\mathbf{u}_0 = \mathbf{u}(t), \quad \mathbf{u}_0 = \mathbf{u}(0) \in V,$$

where $\mathbf{u}(t)$ is the unique solution [11] of (7), then by the definition of the absorbing set for the solution of a dynamical system, for any bounded set $\mathfrak{B}' \subset V$, there exists a time t_0 such that

$$t_0 = t_0(\mathfrak{B}') \quad \text{and} \quad S(t)\mathfrak{B}' \subset \mathfrak{B}, \quad \forall t \geq t_0.$$

46 The global attractor \mathcal{A} is then defined by

$$\mathcal{A} = \bigcap_{t \geq 0} S(t)\mathfrak{B}, \quad (18)$$

¹Every closed and bounded convex set in a Hilbert space is compact in the weak topology.

so \mathcal{A} is the largest bounded, invariant set such that $S(t)\mathcal{A} = \mathcal{A}$ for all $t \geq 0$. Taking into account in two dimensions the existence of a global attractor [16, 12] and a closed bounded absorbing set in $V \subset H$, an immediate observation from (16) and (17) shows that being on the attractor requires the following two conditions:

$$|\mathbf{u}| \leq \nu G, \quad (19a)$$

$$\|\mathbf{u}\| \leq \nu k_0 G. \quad (19b)$$

47 The above observation leads to a suitable normalization for the energy and
48 enstrophy that we use later on for finding bounds in the Z - E plane.

49 **Remark.** *The above results assure us that on the attractor both the energy*
50 *and enstrophy are bounded.*

51 5. Relation between Z and E

52 Now that we have some useful estimates for enstrophy and energy, we
53 can go further and find useful relations between Z and E . First, it is helpful
54 to introduce a new quantity and a related theorem from Dascalu et al. [8],
55 based on estimates detailed in Appendix A.5.

Definition. *For all $\mathbf{u} \in \mathcal{A} \setminus \{\mathbf{0}\}$, let*

$$\bar{\chi}(\mathbf{u}) = \frac{\|\mathbf{u}\|^2}{|\mathbf{u}|} = \frac{2Z}{\sqrt{2E}}.$$

Theorem 1. *The quotient $\bar{\chi}$ attains its absolute maximum on $\mathcal{A} \setminus \{\mathbf{0}\}$. Moreover,*
if $\mathbf{0} \in \mathcal{A}$, then

$$\bar{\chi}(\mathbf{u}) \leq \nu^{2/3} k_0^2 G^{2/3} \Gamma_1^{1/3} |\mathbf{u}|^{1/3}, \quad \mathbf{u} \in \mathcal{A} \setminus \{\mathbf{0}\},$$

56 where $\Gamma_1 = 2(\Lambda_2^{1/2} \Gamma_0^{1/2} + 2c_L^2 G^2 \Gamma_0)$, $\Gamma_0 = c_L^2 G^2 + 2\Lambda_1^{1/2}$, and $\Lambda_j = \frac{|A^{j/2} \mathbf{f}|^2}{k_0^{2j} |\mathbf{f}|^2}$.

57 **Proof.** *See Dascalu et al. [8, Theorem 5.1].* ■

58 **Remark.** *Let $\mathbf{u}(t)$ be a solution such that $\mathbf{u}(t) \neq \mathbf{0}$ on some interval $(t_1, t_2]$.*
59 *Then the function $\chi(t) \doteq \bar{\chi}(\mathbf{u}(t)) = \|\mathbf{u}(t)\|^2 / |\mathbf{u}(t)|$ satisfies*

$$\frac{d\chi}{dt} = \frac{\frac{d\|\mathbf{u}\|^2}{dt} |\mathbf{u}| - \|\mathbf{u}\|^2 \frac{d|\mathbf{u}|}{dt}}{|\mathbf{u}|^2} = \frac{2[(\mathbf{f}, A\mathbf{u}) - \nu |A\mathbf{u}|^2]}{|\mathbf{u}|} - \frac{\|\mathbf{u}\|^2 [(\mathbf{f}, \mathbf{u}) - \nu \|\mathbf{u}\|^2]}{|\mathbf{u}|^3}. \quad (20)$$

Using the definition

$$\lambda = \lambda(t) = \frac{\chi(t)}{|\mathbf{u}(t)|} = \frac{\|\mathbf{u}(t)\|^2}{|\mathbf{u}(t)|^2},$$

60 we can rewrite (20) as

$$|\mathbf{u}| \frac{d\chi}{dt} = -2\nu|(A - \lambda)\mathbf{u}|^2 + 2(\mathbf{f}, (A - \lambda)\mathbf{u}) + \lambda(\mathbf{f}, \mathbf{u}) - \nu\lambda^2|\mathbf{u}|^2. \quad (21)$$

By introducing

$$\mathbf{f}^\perp = \mathbf{f} - \frac{(\mathbf{f}, \mathbf{u})\mathbf{u}}{|\mathbf{u}|^2},$$

it is observed that

$$\begin{aligned} (\mathbf{f}, (A - \lambda)\mathbf{u}) - (\mathbf{f}^\perp, (A - \lambda)\mathbf{u}) &= \left(\frac{(\mathbf{f}, \mathbf{u})}{|\mathbf{u}|^2} \mathbf{u}, (A - \lambda)\mathbf{u} \right) \\ &= \frac{(\mathbf{f}, \mathbf{u})}{|\mathbf{u}|^2} [(\mathbf{u}, A\mathbf{u}) - (\mathbf{u}, \lambda\mathbf{u})] \\ &= \frac{(\mathbf{f}, \mathbf{u})}{|\mathbf{u}|^2} (\|\mathbf{u}\|^2 - \lambda|\mathbf{u}|^2) = 0. \end{aligned}$$

Thus (21) can be rewritten as

$$\begin{aligned} |\mathbf{u}| \frac{d\chi}{dt} &= -2\nu|(A - \lambda)\mathbf{u}|^2 + 2(\mathbf{f}^\perp, (A - \lambda)\mathbf{u}) + \lambda(\mathbf{f}, \mathbf{u}) - \nu\lambda^2|\mathbf{u}|^2 \\ &= -2\nu \left| (A - \lambda)\mathbf{u} - \frac{\mathbf{f}^\perp}{2\nu} \right|^2 + \frac{|\mathbf{f}^\perp|^2}{2\nu} + \lambda(\mathbf{f}, \mathbf{u}) - \nu\lambda^2|\mathbf{u}|^2. \end{aligned} \quad (22)$$

On defining

$$\mathbf{v} = (A - \lambda)\mathbf{u} - \frac{\mathbf{f}^\perp}{2\nu}, \quad \sigma = \frac{(\mathbf{f}, \mathbf{u})}{|\mathbf{f}||\mathbf{u}|},$$

we can represent (22) as

$$|\mathbf{u}| \frac{d\chi}{dt} = -2\nu|\mathbf{v}|^2 + \frac{|\mathbf{f}|^2}{2\nu}(1 - \sigma^2) - \nu\chi^2 + \chi\sigma|\mathbf{f}|,$$

so that

$$\begin{aligned}
|\mathbf{u}| \frac{d}{dt} \left(\frac{|\mathbf{f}|}{\nu} - \chi \right) &= 2\nu|\mathbf{v}|^2 + \nu\chi^2 - \frac{|\mathbf{f}|^2}{2\nu}(1 - \sigma^2) - \chi\sigma|\mathbf{f}| \\
&= 2\nu|\mathbf{v}|^2 + \nu \left(\frac{|\mathbf{f}|}{\nu} - \chi \right)^2 - \frac{|\mathbf{f}|^2}{\nu} + 2\chi|\mathbf{f}| - \frac{|\mathbf{f}|^2}{2\nu}(1 - \sigma^2) - \chi\sigma|\mathbf{f}| \\
&= 2\nu|\mathbf{v}|^2 + \nu \left(\frac{|\mathbf{f}|}{\nu} - \chi \right)^2 - (2 - \sigma)|\mathbf{f}| \left(\frac{|\mathbf{f}|}{\nu} - \chi \right) \\
&\quad + (2 - \sigma) \frac{|\mathbf{f}|^2}{\nu} - (3 - \sigma^2) \frac{|\mathbf{f}|^2}{2\nu} \\
&= 2\nu|\mathbf{v}|^2 + \nu \left(\frac{|\mathbf{f}|}{\nu} - \chi \right)^2 - (2 - \sigma)|\mathbf{f}| \left(\frac{|\mathbf{f}|}{\nu} - \chi \right) + (1 - \sigma)^2 \frac{|\mathbf{f}|^2}{2\nu}.
\end{aligned}$$

Again, introducing

$$\begin{aligned}
\phi &= 2\nu|\mathbf{v}|^2 + \nu \left(\frac{|\mathbf{f}|}{\nu} - \chi \right)^2 + (1 - \sigma)^2 \frac{|\mathbf{f}|^2}{2\nu} \geq 0, \\
\psi &= (2 - \sigma)|\mathbf{f}| \geq |\mathbf{f}|
\end{aligned} \tag{23}$$

results in

$$\frac{d}{dt} \left(\frac{|\mathbf{f}|}{\nu} - \chi \right) = \frac{\phi}{|\mathbf{u}|} - \frac{\psi}{|\mathbf{u}|} \left(\frac{|\mathbf{f}|}{\nu} - \chi \right),$$

61 whose solution can be easily obtained for $t_0 \leq t$, $t, t_0 \in (t_1, t_2)$:

$$\frac{|\mathbf{f}|}{\nu} - \chi = \left(\frac{|\mathbf{f}|}{\nu} - \chi(t_0) \right) \exp \left(- \int_{t_0}^t \frac{\psi}{|\mathbf{u}|} dt \right) + \int_{t_0}^t \frac{\phi}{|\mathbf{u}|} \exp \left(- \int_{\tau}^t \frac{\psi}{|\mathbf{u}|} dt \right) d\tau. \tag{24}$$

62 **6. Bounds in the Z - E plane**

63 In this section we present bounds on the attractor in the Z - E plane using
64 some functional inequalities and the dynamical behaviour of the Navier-
65 Stokes equations presented in the previous section. One useful and important
66 bound is obtained from the Poincaré inequality:

$$k_0^2 |\mathbf{u}|^2 \leq \|\mathbf{u}\|^2 \quad \Rightarrow \quad k_0^2 E \leq Z. \tag{25}$$

67 As we have observed, the above inequality will impose a lower bound on the
68 attractor in the Z - E plane. A less trivial upper bound relies on the following
69 key theorem from Dascalu et al. [8].

70 **Theorem 2.** For all $\mathbf{u} \in \mathcal{A}$,

$$\|\mathbf{u}\|^2 \leq \frac{|\mathbf{f}|}{\nu} |\mathbf{u}|. \quad (26)$$

71 In the case $\|\mathbf{u}_0\|^2 = \frac{|\mathbf{f}|}{\nu} |\mathbf{u}_0|$ for $\mathbf{u}_0 \in \mathcal{A} \setminus \{\mathbf{0}\}$, it follows that \mathbf{u}_0 is a stationary
 72 solution and there exists $n_0 \in \mathbb{N}$ such that $\mathbf{f} = R_{n_0} \mathbf{f}$ and $\mathbf{u}_0 = \frac{\mathbf{f}}{\nu \lambda_{n_0}}$.
 73 Moreover, in this case $\mathbf{0} \notin \mathcal{A}$ and for all $\mathbf{u} \in \mathcal{A} \setminus \{\mathbf{u}_0\}$

$$\|\mathbf{u}\|^2 \leq \lambda_{n_0} |\mathbf{u}|^2, \quad \|\mathbf{u}\|^2 \leq \frac{|\mathbf{f}|}{\nu} |\mathbf{u}| = G\nu \lambda_0 |\mathbf{u}|. \quad (27)$$

74 **Proof.** Here we will just present the proof of (26), which is needed in the
 75 following section; for the remaining parts of the theorem, the reader is referred
 76 to Dascalu et al. [8, Theorem 5.2]. Let $\mathbf{u}_0 \in \mathcal{A}$. If $\mathbf{u}_0 = \mathbf{0}$, then it is clear
 77 that (26) holds. Now if $\mathbf{u}_0 \neq \mathbf{0}$, let $\mathbf{u}(t)$ be the solution for $\mathbf{u}(0) = \mathbf{u}_0$. There
 78 are two cases to consider:

- **Case 1**

Suppose that we have $\inf_{t \in (-\infty, 0]} |\mathbf{u}(t)| = u' > 0$. This together with the boundedness of enstrophy (19b) implies that χ is bounded. Also, from (19a) and (23) we obtain

$$\lim_{t_0 \rightarrow -\infty} \exp\left(-\int_{\tau}^t \frac{\psi}{|\mathbf{u}|} dt\right) \leq \lim_{t_0 \rightarrow -\infty} \exp\left(-\frac{|\mathbf{f}|}{\nu G}(t - t_0)\right) = 0.$$

79 Now if we take $t = 0$ and $t_0 \rightarrow -\infty$, then (24) results in $|\mathbf{f}|/\nu - \chi(0) \geq$
 80 0 . Then (24) will immediately yield $|\mathbf{f}|/\nu - \chi(t) \geq 0$, and thus (26)
 81 holds.

- **Case 2**

Suppose that $\inf_{t \in (-\infty, 0]} |\mathbf{u}(t)| = 0$. Then there exists a $t_0 < 0$ such that

$$|\mathbf{u}(t_0)|^{1/3} \leq \frac{|\mathbf{f}|}{\nu^{5/3} k_0^2 G^{2/3} \Gamma_1^{1/3}},$$

where Γ_1 is defined in Theorem 1. Since $\mathbf{0} \in \mathcal{A}$ (\mathcal{A} is weakly compact), we can apply Theorem 1 to find

$$\frac{|\mathbf{f}|}{\nu} - \chi(t_0) \geq 0, \quad \forall t \geq t_0.$$

Thus, by the last part of the proof given for **case 1**, (26) follows and hence for all $\mathbf{u} \in \mathcal{A}$, we have

$$\|\mathbf{u}\|^2 \leq \frac{|\mathbf{f}|}{\nu} |\mathbf{u}|.$$

82

■

Then, if we define $\mathbf{v}(t) = \frac{\mathbf{u}(t)}{\nu G}$, we see that (26) simplifies to

$$\|\mathbf{v}\|^2 \leq k_0^2 |\mathbf{v}|. \quad (28)$$

83 For constant forcing the projection of the global attractor is thus located
 84 inside the bounded region shown in Figure 1. A low-resolution attempt
 85 to numerically illustrate these bounds can be found for banded forcing in
 86 Ref. [6]. Another low-resolution study in Ref. [10] examined forcing at a
 87 single eigenmode of the Stokes operator (which we point out cannot generate
 88 a turbulent spectrum from zero initial conditions).

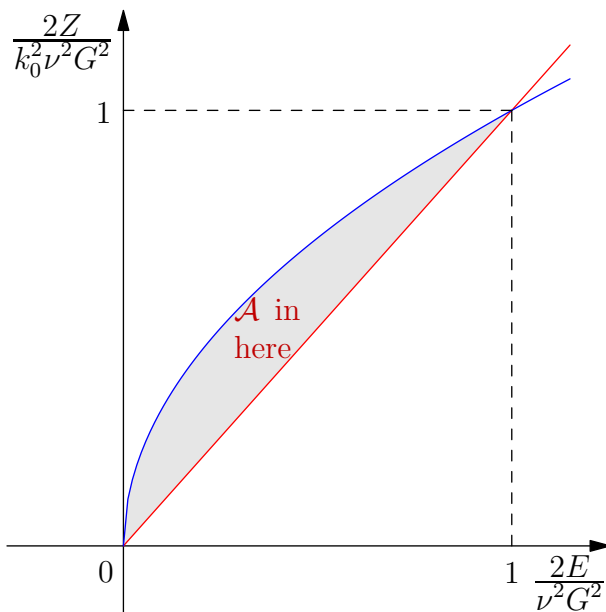


Figure 1: Bounds in the Z - E plane

89 **7. Energy and Enstrophy Relations on the Global Attractor of the**
 90 **2D Navier–Stokes Equations: Random Forcing**

91 In this section we are going to extend our analysis to random forcing,
 92 which provides a more realistic way of injecting energy into a turbulent
 93 system than constant forcing. One of the important types of random
 94 forcing, called white-noise forcing, can be readily implemented numerically,
 95 an advantage that we will exploit in Section 10.

Generalizing the previous analysis to account for random forcing requires
 a new norm that combines the L^2 norm from the previous section with an
 ensemble average:

$$|\mathbf{f}|_{\tilde{\omega}} \doteq \left(\int_{\Omega} \langle |\mathbf{f}|_{L^2}^2 \rangle d\mathbf{x} \right)^{1/2},$$

96 where $\tilde{\omega}$ indicates that this norm applies to a real-valued random variable.
 97 For a random variable α , with probability density function P , we define the
 98 ensemble average $\langle \alpha \rangle = \int_{-\infty}^{\infty} \alpha(dP/d\zeta) d\zeta$. As we want to define our problem
 99 in a Hilbert space, to exploit the properties of the Stokes operator A , the
 100 above norm must come from an inner product on that Hilbert space. So
 101 although the above definition defines a norm, the essential point in extending
 102 our analysis is defining a suitable inner product on the Hilbert space H of
 103 random-valued functions.

104 *7.1. Extended inner-product for random-valued functions in H*

As an extension of the inner product we applied in the previous section,
 let us define

$$(\mathbf{u}, \mathbf{v})_{\tilde{\omega}} \doteq \int_{\Omega} \langle \mathbf{u} \cdot \mathbf{v} \rangle d\mathbf{x} = \int_{\Omega} \left(\int_{-\infty}^{\infty} \mathbf{u} \cdot \mathbf{v} \frac{dP}{d\zeta} d\zeta \right) d\mathbf{x}.$$

105 Adopting the above extended inner product, the definitions of energy, enstro-
 106 phy, and palinstrophy are unchanged, consistent with our previous analysis.
 107 From here on, for simplicity we will denote $|\cdot|_{\tilde{\omega}}$ by $|\cdot|$ and $(\mathbf{u}, \mathbf{v})_{\tilde{\omega}}$ by (\mathbf{u}, \mathbf{v}) .

108 **8. The Navier–Stokes equations with random forcing as a dynam-**
 109 **ical system**

The energy evolves according to

$$\frac{1}{2} \frac{d}{dt} |\mathbf{u}|^2 + \nu(A\mathbf{u}, \mathbf{u}) + (\mathcal{B}(\mathbf{u}, \mathbf{u}), \mathbf{u}) = (\mathbf{f}, \mathbf{u}).$$

Since $(\mathcal{B}(\mathbf{u}, \mathbf{u}), \mathbf{u}) = 0$, we obtain

$$\frac{1}{2} \frac{d}{dt} |\mathbf{u}|^2 + \nu |A^{1/2} \mathbf{u}|^2 = \epsilon,$$

where $\epsilon = (\mathbf{f}, \mathbf{u})$ is the energy injection rate. Equivalently,

$$\frac{1}{2} \frac{d}{dt} |\mathbf{u}|^2 + \nu \|\mathbf{u}\|^2 = \epsilon.$$

The Poincaré inequality then yields

$$\begin{aligned} \frac{1}{2} \frac{d}{dt} |\mathbf{u}|^2 &\leq \epsilon - \nu k_0^2 |\mathbf{u}|^2 \stackrel{\text{Gronwall inequality}}{\Rightarrow} \\ |\mathbf{u}(t)|^2 &\leq e^{-2\nu k_0^2 t} |\mathbf{u}(0)|^2 + \left(\frac{1 - e^{-2\nu k_0^2 t}}{\nu k_0^2} \right) \epsilon. \end{aligned}$$

110 So for every $\mathbf{u} \in \mathcal{A}$, where \mathcal{A} is a random (pullback) attractor [5], we would
111 expect to have

$$|\mathbf{u}(t)|^2 \leq \frac{\epsilon}{\nu k_0^2}. \quad (29)$$

Similarly, from the enstrophy equation

$$\frac{1}{2} \frac{d}{dt} |A^{1/2} \mathbf{u}|^2 + \nu (A^{1/2} \mathbf{u}, A^{3/2} \mathbf{u}) + (\mathcal{B}(\mathbf{u}, \mathbf{u}), A \mathbf{u}) = (A^{1/2} \mathbf{f}, A^{1/2} \mathbf{u}),$$

we obtain

$$\frac{1}{2} \frac{d}{dt} \|\mathbf{u}\|^2 + \nu |A \mathbf{u}|^2 = \eta,$$

where $\eta = (\mathbf{f}, A \mathbf{u})$ is the enstrophy injection rate. Again with the help of the Poincaré inequality we find

$$\begin{aligned} \frac{1}{2} \frac{d}{dt} \|\mathbf{u}\|^2 &\leq \eta - \nu k_0^2 \|\mathbf{u}\|^2 \stackrel{\text{Gronwall inequality}}{\Rightarrow} \\ \|\mathbf{u}(t)\|^2 &\leq e^{-2\nu k_0^2 t} \|\mathbf{u}(0)\|^2 + \left(\frac{1 - e^{-2\nu k_0^2 t}}{\nu k_0^2} \right) \eta, \end{aligned}$$

112 from which we deduce that $\|\mathbf{u}(t)\|^2 \leq \eta / (\nu k_0^2)$ for every $\mathbf{u} \in \mathcal{A}$.

113 **9. An upper bound in the Z - E plane for a random forcing**

Let $\mathbf{u}(t)$ be a solution such that $\mathbf{u}(t) \neq 0$ on some interval $(t_1, t_2]$. Then the function $\chi(t) = \|\mathbf{u}(t)\|^2/|\mathbf{u}(t)|$ satisfies (20), with the norms now based on our extended inner product. Using the definition

$$\lambda = \lambda(t) = \frac{\chi(t)}{|\mathbf{u}|} = \frac{\|\mathbf{u}\|^2}{|\mathbf{u}|^2},$$

114 we see that (20) can be written as

$$|\mathbf{u}| \frac{d\chi}{dt} = -2\nu|A\mathbf{u}|^2 + 2(\mathbf{f}, A\mathbf{u}) - \lambda(\mathbf{f}, \mathbf{u}) + \underbrace{\nu\lambda\|\mathbf{u}\|^2}_{\nu\lambda^2|\mathbf{u}|^2}. \quad (30)$$

On introducing $\mathbf{v} = (A - \lambda)\mathbf{u} - \frac{\mathbf{f}}{2\nu}$, then

$$\begin{aligned} -2\nu|\mathbf{v}|^2 &= -2\nu|A\mathbf{u}|^2 + 2(\mathbf{f}, A\mathbf{u}) - 2\lambda(\mathbf{f}, \mathbf{u}) + 4\nu\lambda\|\mathbf{u}\|^2 - 2\nu\lambda^2|\mathbf{u}|^2 - \frac{|\mathbf{f}|^2}{2\nu} \\ &= |\mathbf{u}| \frac{d\chi}{dt} - \lambda(\mathbf{f}, \mathbf{u}) + \nu\chi^2 - \frac{|\mathbf{f}|^2}{2\nu} = |\mathbf{u}| \frac{d\chi}{dt} - \frac{\epsilon}{|\mathbf{u}|}\chi + \nu\chi^2 - \frac{|\mathbf{f}|^2}{2\nu}. \end{aligned}$$

On introducing a real constant α to be determined later, we may write

$$|\mathbf{u}| \frac{d}{dt}(\alpha - \chi) = 2\nu|\mathbf{v}|^2 + \nu(\alpha - \chi)^2 - \nu\alpha^2 + \left(2\nu\alpha - \frac{\epsilon}{|\mathbf{u}|}\right)\chi - \frac{|\mathbf{f}|^2}{2\nu}.$$

The above result can be rewritten in the following form

$$|\mathbf{u}| \frac{d}{dt}(\alpha - \chi) = 2\nu|\mathbf{v}|^2 + \nu(\alpha - \chi)^2 - \beta(\alpha - \chi) + \nu\alpha^2 - \frac{\epsilon}{|\mathbf{u}|}\alpha - \frac{|\mathbf{f}|^2}{2\nu},$$

where $\beta \doteq 2\nu\alpha - \frac{\epsilon}{|\mathbf{u}|}$. Thus, if α is such that

$$\beta = 2\nu\alpha - \frac{\epsilon}{|\mathbf{u}|} > 0 \quad \text{and} \quad \nu\alpha^2 - \frac{\epsilon\alpha}{|\mathbf{u}|} - \frac{|\mathbf{f}|^2}{2\nu} > 0, \quad (31)$$

we can introduce

$$\phi \doteq 2\nu|\mathbf{v}|^2 + \nu(\alpha - \chi)^2 + \nu\alpha^2 - \frac{\epsilon}{|\mathbf{u}|}\alpha - \frac{|\mathbf{f}|^2}{2\nu} > 0$$

115 to express the above first-order differential equation as

$$|\mathbf{u}| \frac{d}{dt}(\alpha - \chi) + \beta(\alpha - \chi) = \phi. \quad (32)$$

The solution to this equation is

$$\alpha - \chi(t) = (\alpha - \chi(t_0)) \exp\left(-\int_{t_0}^t \frac{\beta}{|\mathbf{u}|} dt\right) + \int_{t_0}^t \frac{\phi}{|\mathbf{u}|} \exp\left(-\int_{\tau}^t \frac{\beta}{|\mathbf{u}|} dt\right) d\tau.$$

116 Taking $t_0 \rightarrow -\infty$ and $t = 0$ results in $\alpha - \chi(0) \geq 0$. Now taking $t_0 = 0$, and
117 $t \rightarrow \infty$, one finds that $\alpha - \chi(t) \geq 0$ for all $t \in (-\infty, \infty)$. That is,

$$\|\mathbf{u}\|^2 \leq \alpha |\mathbf{u}|. \quad (33)$$

To obtain the above result we need to check conditions (31). Working on these inequalities, one can show

$$\nu\alpha^2 - \frac{\epsilon\alpha}{|\mathbf{u}|} - \frac{|\mathbf{f}|^2}{2\nu} = 0 \Rightarrow \alpha_{+,-} = \frac{\frac{\epsilon}{|\mathbf{u}|} \pm \sqrt{\frac{\epsilon^2}{|\mathbf{u}|^2} + 2|\mathbf{f}|^2}}{2\nu} \Rightarrow \begin{cases} \alpha_- < 0, \\ \alpha_+ \geq \frac{\epsilon}{\nu|\mathbf{u}|}. \end{cases}$$

Thus

$$\nu\alpha^2 - \frac{\epsilon\alpha}{|\mathbf{u}|} - \frac{|\mathbf{f}|^2}{2\nu} > 0 \iff \alpha \geq \frac{\epsilon}{\nu|\mathbf{u}|} \text{ or } \alpha \leq \alpha_- < 0.$$

118 For $\alpha \geq \frac{\epsilon}{\nu|\mathbf{u}|}$, we see that $\beta = 2\nu\alpha - \frac{\epsilon}{|\mathbf{u}|} > 0$. Moreover, from (29), we see
119 that $\frac{\epsilon}{\nu|\mathbf{u}|} \geq k_0 \sqrt{\frac{\epsilon}{\nu}}$. So if we take $\alpha = k_0 \sqrt{\frac{\epsilon}{\nu}}$, then (33) gives us an upper
120 bound for enstrophy in the Z - E plane:

$$\|\mathbf{u}\|^2 \leq k_0 \sqrt{\frac{\epsilon}{\nu}} |\mathbf{u}|. \quad (34)$$

121 We have thus proved the following theorem.

Theorem 3. *For all $\mathbf{u} \in \mathcal{A}$ driven by a random forcing injecting energy at a rate ϵ ,*

$$\|\mathbf{u}\|^2 \leq k_0 \sqrt{\frac{\epsilon}{\nu}} |\mathbf{u}|.$$

We note that (29) and the Cauchy–Schwarz inequality lead to the following lower bound for $|\mathbf{f}|$:

$$k_0\sqrt{\nu\epsilon} \leq \frac{\epsilon}{|\mathbf{u}|} = \frac{(\mathbf{f}, \mathbf{u})}{|\mathbf{u}|} \leq \frac{|\mathbf{f}||\mathbf{u}|}{|\mathbf{u}|} = |\mathbf{f}|. \quad (35)$$

It is convenient to use this lower bound for $|\mathbf{f}|$ to define a lower bound for a modified Grashof number $G_* = |\mathbf{f}|_{\tau\omega}/(\nu^2 k_0^2)$, which we adopt as the normalization \tilde{G} for random forcing:

$$\tilde{G} = \frac{1}{k_0} \sqrt{\frac{\epsilon}{\nu^3}}.$$

Then, if we define $\mathbf{v}(t) = \frac{\mathbf{u}(t)}{\nu\tilde{G}}$, we see that (34) simplifies to

$$\|\mathbf{v}\|^2 \leq k_0^2 |\mathbf{v}|. \quad (36)$$

122 We observe that this normalized bound has the same form as the upper
 123 bound (28) found by Dascaliuc et al. [7, Theorem 4.1] for constant forcing,
 124 thus elucidating the relation between these two types of forcing.

125 10. Numerical Simulations

126 In this section we report on the results of pseudospectral simulations
 127 of 2D incompressible homogeneous isotropic turbulence with white-noise
 128 forcing and periodic boundary conditions, performed with a state-of-the-
 129 art direct numerical simulation (DNS) code, publicly available at <https://github.com/dealias/dns>. We recall that one of the main assumptions
 130 behind almost all theoretical analysis of incompressible homogeneous iso-
 131 tropic turbulence is that the Reynolds number R_e is very large. Direct
 132 numerical simulation of high-Reynolds turbulence is computationally very
 133 expensive (unless either the simulation domain is small or a heuristic subgrid
 134 scale model is employed). This requires an extremely refined grid and an
 135 enormous number of time steps, both of which are obstacles towards nu-
 136 merically simulating turbulence. The reader must therefore bear in mind
 137 that simulations based on the DNS method are just rough approximations
 138 of high-Reynolds number flows, full realizations of which will likely remain
 139 infeasible until at least the mid-21st century.
 140

141 *10.1. An overview of the 2D DNS code*

142 The 2D DNS code, written in C++, is comprised of a kernel called TRIAD
143 built around an advanced adaptive integrator for discretized initial value
144 problems. This package provides several different numerical integration
145 schemes that can be selected by the user at run time. The DNS module
146 provides TRIAD with an advanced pseudospectral solver that uses the
147 FFTW++ library [4] for calculating implicitly dealiased convolutions, exploiting
148 Hermitian symmetry [3, 18]. Advanced computer memory management, such
149 as implicit padding, memory alignment, and dynamic moment averaging
150 allow DNS to attain its extreme performance. It uses the formulation proposed
151 by Basdevant [1] (discussed in Appendix C) to reduce the number of
152 FFTs required for 2D (3D) incompressible turbulence to four (eight). The
153 reader who is interested in learning more about the DNS code is referred
154 to <https://github.com/dealias/dns/tree/master/2d>. Simplified 2D and
155 3D versions called PROTODNS have also been developed for educational
156 purposes: <https://github.com/dealias/dns/tree/master/protodns>.

157 *10.2. Numerical implementation*

158 Before presenting the simulations, it is vital to talk briefly about some
159 numerical considerations. The 2D variant of the Kolmogorov theory proposed
160 by Kraichnan [15], Leith [17], and Batchelor [2] involves both a direct cascade
161 of enstrophy and an inverse cascade of energy. This means that energy is
162 transferred to low wavenumbers (large scales), where it eventually piles up.
163 In nature, 2D turbulence is believed to occur under special circumstances in
164 high altitude layers of the atmosphere. In this case, the energy cascading
165 to the large scales is taken out by some external physical mechanism like
166 atmospheric gravity waves. Many researchers model such processes by adding
167 an artificial damping to the Navier–Stokes equations. Although there are
168 different approaches toward applying such a *hypoviscosity*, such as a large-
169 scale friction, such methods change the governing equations: one does not
170 actually solve the pure Navier–Stokes equations when these energy extracting
171 mechanisms are implemented.

172 Although the DNS code has the capability of solving the pure Navier–
173 Stokes equations, it can optionally apply a large-scale linear friction term
174 proportional to the velocity, with a coefficient ν_L , in analogy with the
175 molecular viscosity term, with a coefficient ν_H . We have numerically
176 investigated the effect of this hypoviscosity on the global attractor, an
177 investigation that has not previously been performed and that opens up

178 new avenues in the debate about the possible effects of such artificial energy
 179 damping methods. In the following numerical results, the choice $\nu_L = 0$
 180 indicates the solution of the pure Navier–Stokes equations (truncated at a
 181 high wavenumber, corresponding to the given resolution).

182 We evolve the two-dimensional forced-dissipative equation for the scalar
 183 *vorticity* $\omega = \hat{\mathbf{z}} \cdot \nabla \times \mathbf{u}$:

$$\frac{\partial \omega}{\partial t} + (\hat{\mathbf{z}} \times \nabla \nabla^{-2} \omega \cdot \nabla) \omega = \nu_H \nabla^2 \omega + f, \quad (37)$$

184 where $\hat{\mathbf{z}}$ is the unit normal to the flow plane. Upon Fourier transforming
 185 and adding an optional large-scale hypoviscosity (friction) term $-H(k_L -$
 186 $k)\nu_L\omega_{\mathbf{k}}$, where H is the Heaviside unit step function and k_L is a large-scale
 187 hypoviscosity threshold, we obtain an equation of the form

$$\frac{\partial \omega_{\mathbf{k}}}{\partial t} = S_{\mathbf{k}} - \nu_H k^2 \omega_{\mathbf{k}} - \nu_L H(k_L - k) \omega_{\mathbf{k}} + f_{\mathbf{k}}, \quad (38)$$

188 where $S_{\mathbf{k}} = \sum_{\mathbf{q}} \hat{\mathbf{z}} \cdot \mathbf{k} \times \mathbf{q} \omega_{\mathbf{k}-\mathbf{q}} \omega_{\mathbf{q}} / q^2$ represents the advective convolution. The
 189 enstrophy spectrum $Z(k) = k^2 E(k)$ is then seen to satisfy a balance equation
 190 of the form

$$\frac{\partial}{\partial t} Z(k) + 2[\nu_H k^2 + \nu_L H(k_L - k)] Z(k) = 2T(k) + G(k), \quad (39)$$

where $T(k)$ and $G(k)$ represent angular sums of $\text{Re} \langle S_{\mathbf{k}} \bar{\omega}_{\mathbf{k}} \rangle$ and $\text{Re} \langle f_{\mathbf{k}} \bar{\omega}_{\mathbf{k}} \rangle$,
 respectively. Following Kraichnan [14], it is convenient to define the nonlinear
 enstrophy transfer $\Pi(k) = 2 \int_k^\infty T(p) dp$, which measures the cumulative
 nonlinear transfer of enstrophy into $[k, \infty)$. On integrating (39) from k to
 ∞ , we find

$$\frac{d}{dt} \int_k^\infty Z(p) dp = \Pi(k) - \eta(k),$$

where $\eta(k) \doteq 2 \int_k^\infty [\nu_H p^2 + \nu_L H(k_L - p)] Z(p) dp - \int_k^\infty G(p) dp$ is the total
 enstrophy transfer, via dissipation and forcing, out of wavenumbers higher
 than k . A positive (negative) value for $\Pi(k)$ represents a flow of enstro-
 phy to wavenumbers higher (lower) than k . When $\nu_H = f = 0$, enstrophy
 conservation implies that

$$0 = \frac{d}{dt} \int_0^\infty Z(p) dp = 2 \int_0^\infty T(p) dp,$$

191 so that

$$\Pi(k) = 2 \int_k^\infty T(p) dp = -2 \int_0^k T(p) dp. \quad (40)$$

192 We note that $\Pi(0) = \Pi(\infty) = 0$. Moreover, in a statistically steady state
 193 $\Pi(k) = \eta(k)$; this provides an excellent numerical diagnostic for validating a
 194 steady state.

We evolve the simulations starting from the anisotropic Hermitian initial condition

$$\omega_0(k_x, k_y) = \frac{\sqrt{k_x^2 + k_y^2} + i(k_x + k_y)}{\sqrt{\alpha + \beta(k_x^2 + k_y^2)}},$$

which corresponds to an initial energy spectrum $E(k) = \pi k / (\alpha + \beta k^2)$ and total energy $E = \int E(k) dk = \frac{1}{2} \sum_{\mathbf{k}} \omega_{\mathbf{k}}^2 / k^2$. The turbulence is driven by a white-noise forcing limited to an annulus of mean radius k_f and width δ_f in Fourier space. The energy injection rate ϵ is measured by averaging the spectral contributions from the random forcing:

$$\epsilon = \sum_{\mathbf{k}} \frac{\langle f_{\mathbf{k}}, \omega_{\mathbf{k}} \rangle}{k^2}.$$

195 As is usual in numerical simulations of turbulence, we assume that the
 196 ergodic theorem is sufficiently applicable so that ensemble averages may be
 197 approximated by temporal averages. For convenience, we take $L = 2\pi$, so
 198 that $k_0 = 1$.

199 10.3. Numerical results

200 In Figures 2 and 3 the vorticity fields are shown for two numerical
 201 simulations of (37) with identical values of η , k_f , δ_f , α , β , and ν_H , but
 202 different values of ν_L . Figure 2 demonstrates the effect of applying an
 203 artificial energy damping mechanism at large scales, with $\nu_L = 0.15$ and
 204 $k_L = 3.5$, whereas Figure 3 depicts the vorticity field for the pure Navier–
 205 Stokes equations considered in the theoretical analysis of this work, where
 206 $\nu_L = 0$. Figures 4 and 5 illustrate the Z – E evolution for these simulations,
 207 respectively. Each dot, colored using a rainbow palette (violet to red) to
 208 represent relative time, corresponds to 1000 variable time steps of mean
 209 duration 0.003 and 0.0005, respectively. Comparing these results highlights
 210 the dramatic impact that the hypoviscosity term $-H(k_L - k)\nu_L\omega$ in (38)
 211 has on the turbulent dynamics. Instead of approaching the projected global

212 attractor that we have found for (7), the solutions are absorbed into the
213 region characterized by the two pink lines in Figure 4 that denote the slopes
214 $k_f + \delta_f/2$ and $k_f - \delta_f/2$, respectively. In contrast, once the hypoviscous
215 term is removed, we observe in Fig. 5 excellent agreement of the numerical
216 simulation and the predicted projection of the global attractor on the $Z-E$
217 plane. The grey line represents (25) and the brown line represents (36).

218 Figures 6 and 7 demonstrate the energy spectrums corresponding to these
219 simulations. As is seen in Figure 6, the application of an energy damping
220 mechanism at large scales tends to flatten the large-scale energy spectrum,
221 while in Figure 7, the absence of this mechanism is reflected as a steeper slope
222 for the energy spectrum at large scales. Figures 8 and 9 represent the energy
223 and enstrophy transfers for the corresponding simulations. The coincidence
224 of these graphs (which is expected theoretically) is an indication of being in
225 a quasisteady state, where both the enstrophy injection and dissipation rates
226 are nearly in balance.

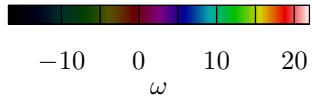
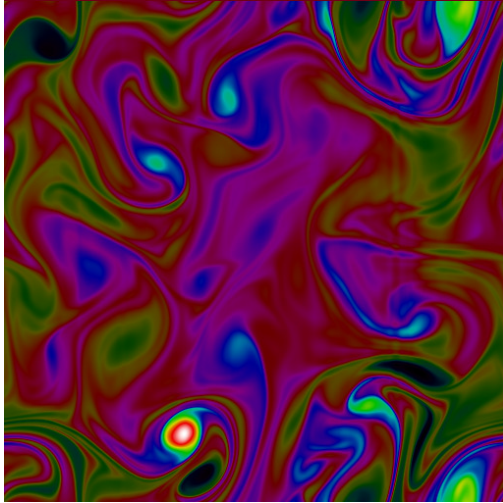


Figure 2: Vorticity field at $t = 1650$ for white-noise forcing computed with 511×511 dealiased modes using $\eta = 1$, $k_f = 4$, $\delta_f = 1$, $k_L = 3.5$, $\nu_H = 0.0005$, $\nu_L = 0.15$, $\alpha = 10^4$, and $\beta = 10^4$.

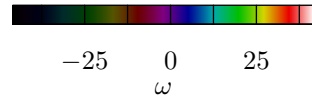
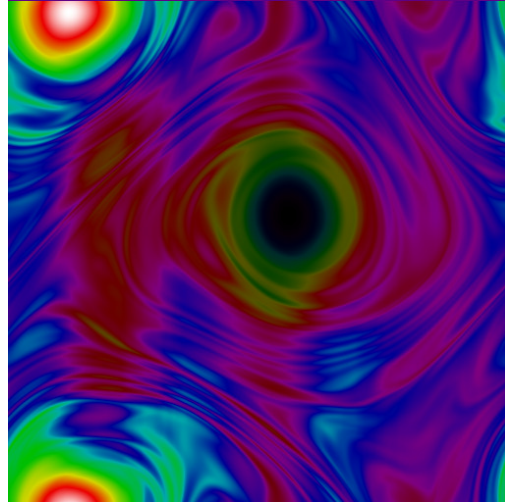


Figure 3: Vorticity field at $t = 1650$ for white-noise forcing computed with 511×511 dealiased modes using $\eta = 1$, $k_f = 4$, $\delta_f = 1$, $\nu_H = 0.0005$, $\nu_L = 0$, $\alpha = 10^4$, and $\beta = 10^4$.

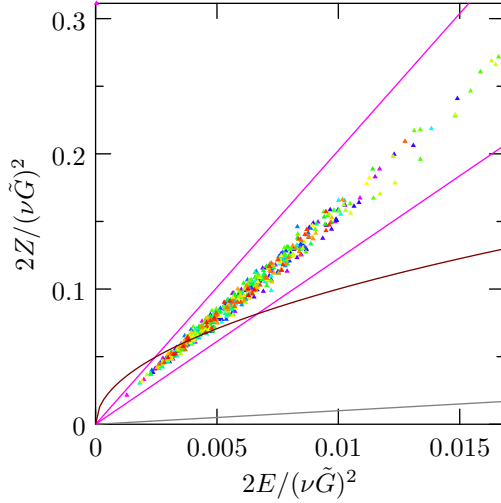


Figure 4: Enstrophy vs. energy evolution for the simulation shown in Fig. 2.

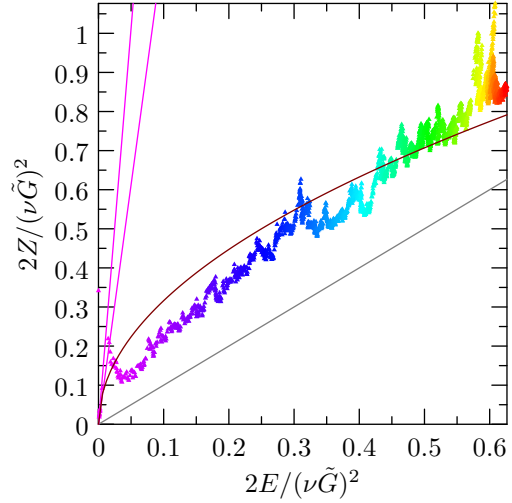


Figure 5: Enstrophy vs. energy evolution for the simulation shown in Fig. 3.

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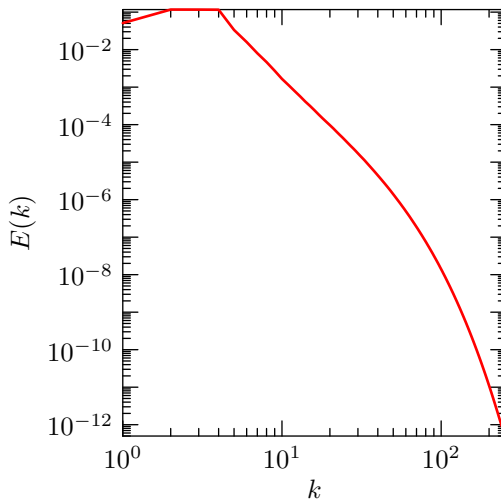


Figure 6: The steady-state energy spectrum for the simulation shown in Fig. 2.

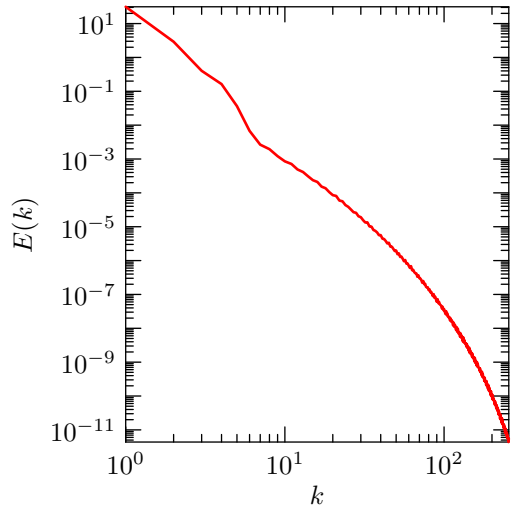


Figure 7: The quasisteady-state energy spectrum for the simulation shown in Fig. 3.

229

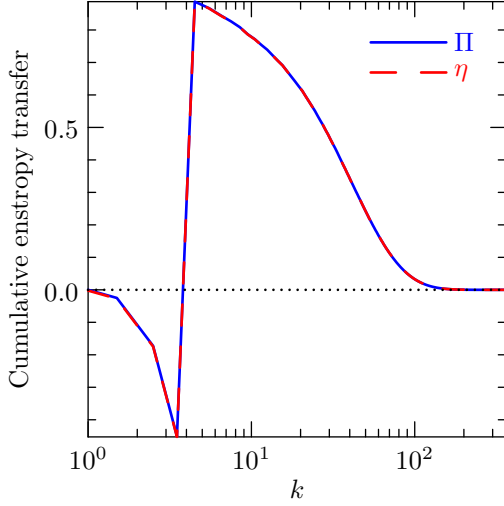


Figure 8: The enstrophy transfer for the simulation shown in Fig. 2.

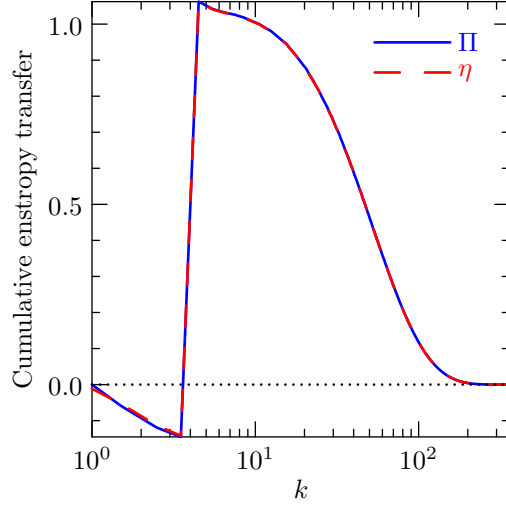


Figure 9: The enstrophy transfer for the simulation shown in Fig. 3.

230

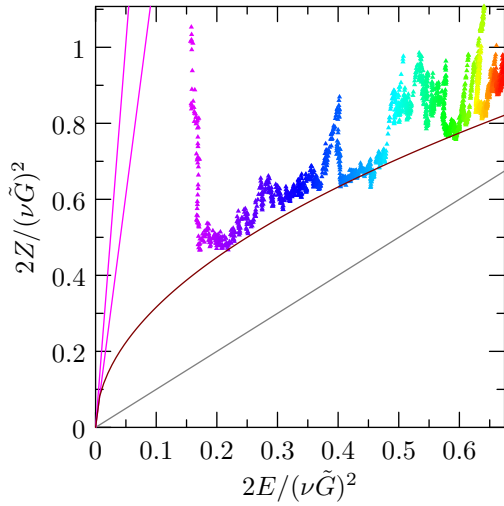


Figure 10: Enstrophy vs. energy evolution ($t > 146$) for white-noise forcing computed with 255×255 dealiased modes using $\eta = 1$, $k_f = 4$, $\delta_f = 1$, $\nu_H = 0.0005$, $\nu_L = 0$, $\alpha = 1$, and $\beta = 1$.

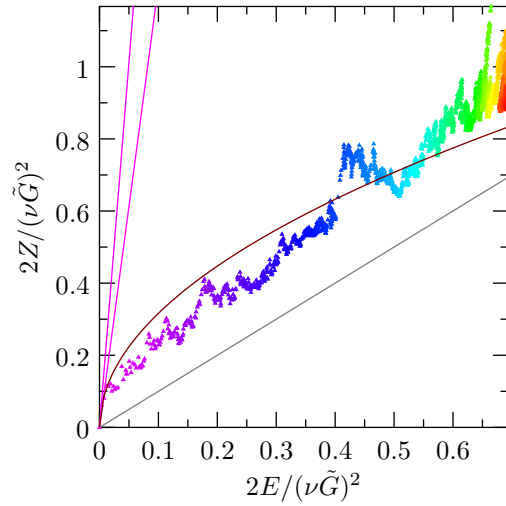


Figure 11: Enstrophy vs. energy evolution for white-noise forcing computed with 255×255 dealiased modes using $\eta = 10^{12}$, $k_f = 4$, $\delta_f = 1$, $\nu_H = 5$, $\nu_L = 0$, $\alpha = 1$, and $\beta = 1$.

231

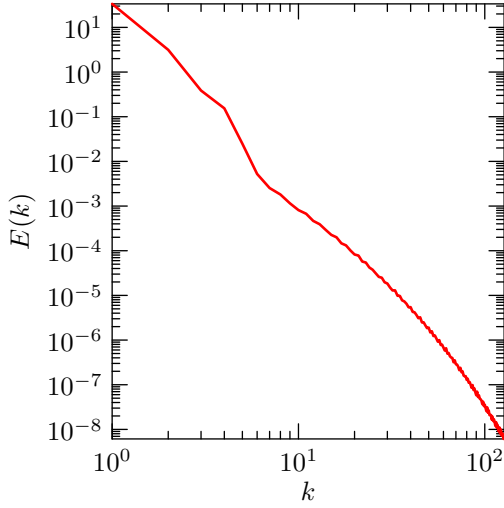


Figure 12: The quasisteady-state energy spectrum for the simulation shown in Fig. 10.

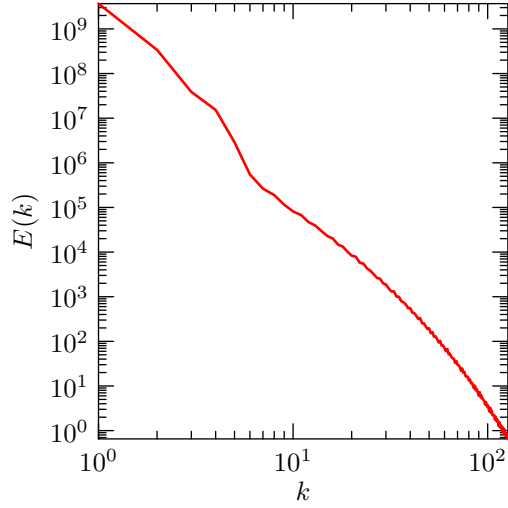


Figure 13: The quasisteady-state energy spectrum for the simulation shown in Fig. 11.

232

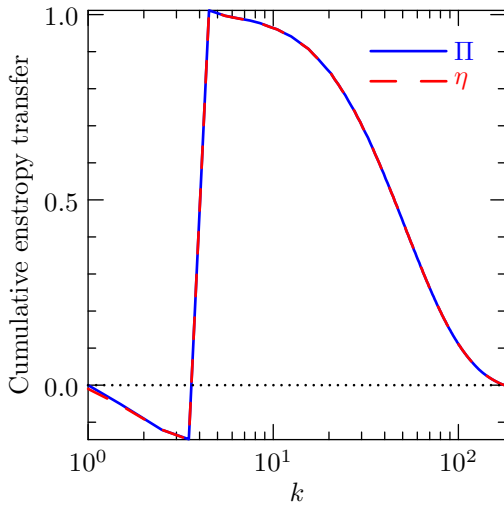


Figure 14: The enstrophy transfer for the simulation shown in Fig. 10.

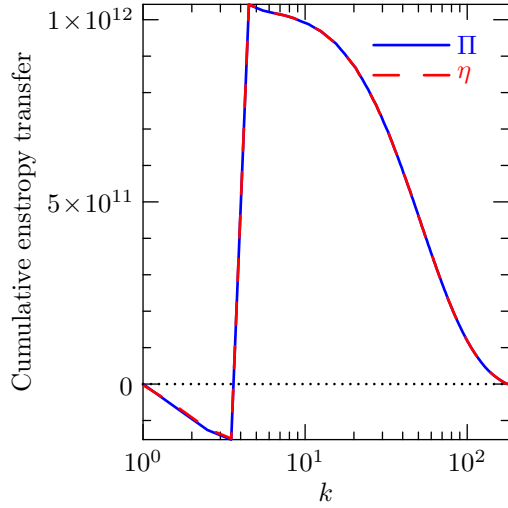


Figure 15: The enstrophy transfer for the simulation shown in Fig. 11.

233

234

To test the sensitivity of these results with respect to resolution and

235 initial conditions, we repeated the simulation shown in Figure 2 with a larger
 236 initial condition and a lower 255×255 resolution. The corresponding energy
 237 spectrum and cumulative enstrophy transfer graphs are shown in Figures 12
 238 and 14. The projection of the solution onto the $Z-E$ plane is shown in
 239 Figure 10, where for illustration purposes, the evolution of the first 120 000
 240 timesteps is omitted. Finally, Figure 11 illustrates the projection of the
 241 global attractor for $\eta = 10^{12}$ and $\nu_H = 5$, with a 255×255 resolution.
 242 Here we need to address one issue regarding the very large values of the
 243 parameters in this simulation. This issue pertains to the finite floating-
 244 point representation used on digital computers, which can result in a loss
 245 of precision. Due to the sensitivity of turbulence to the initial conditions,
 246 this issue could well cause significant discrepancies between numerical and
 247 analytical results. Nevertheless, Figure 11 demonstrates the robustness of
 248 the numerical simulation and the global attractor. Figures 13 and 15 depict
 249 the energy spectrum and transfer graphs for this simulation.

250 In the preceding results, we have observed excellent agreement between
 251 the theoretical predictions and high accuracy numerical simulations based on
 252 the pseudospectral method. One observes the attraction of the solutions to
 253 the global attractor, whose projection lies in the region characterized by the
 254 upper and lower bounds. We also established the robustness of the numerical
 255 simulation with respect to changes in the resolution and initial conditions.
 256 In other simulations not shown here, we verified the consistency of these
 257 numerical results with respect to changes in k_f and δ_f .

258 11. Discussion

259 The most important achievement of this work is the extension of the
 260 bounds in the $Z-E$ plane obtained by Dascaliuc, Foias, and Jolly [2005,
 261 2010] for 2D incompressible homogeneous isotropic turbulence, under the
 262 assumption of constant forcing, to the more realistic case of random forcing.
 263 This valuable result has a few consequences, some of which should be followed
 264 up in future work. For example:

- 265 1. The analytical bounds for random forcing provide a means to evaluate
 266 various heuristic turbulent subgrid models by characterizing the
 267 behaviour of the global attractor under these models.
- 268 2. With these tools, it should now be possible to study the relation
 269 between a specific white-noise forcing and a constant forcing by

270 examining their effects on the global attractor, which may lead to
 271 an explicit relation for the energy and enstrophy injection rates for
 272 constant forcing.

- 273 3. In pseudospectral simulations of high Reynolds number turbulence,
 274 refining the grid down to the Kolmogorov dissipation scale is almost
 275 impossible due to limited memory, computation time, and machine
 276 precision. For engineering applications, it is essential to somehow tackle
 277 these deficiencies. A common approach is to introduce a heuristic
 278 subgrid model, where one strives to model the damping effect of
 279 neglected small scales on larger scales. This avoids the need for a highly
 280 refined grid, significantly speeding up the simulation. Although these
 281 models are the best one can currently do as far as obtaining a crude
 282 realization of turbulence using current technology and computational
 283 resources, they are not based on a firm mathematical foundation. It is
 284 possible that analytic bounds like those discussed in this work could be
 285 used to rank subgrid models according to their mathematical reliability.
- 286 4. Analytic bounds on the projected 2D global random attractor should
 287 assist in studying artificial energy damping mechanisms designed to
 288 remove the energy that cascades upscale before it piles up and reflects
 289 off the largest scale, back towards smaller scales.

290 The final point about artificial large-scale damping mechanisms is an
 291 important open problem for simulations of 2D turbulence. This work raises
 292 serious questions about the impact of these damping mechanisms on the
 293 turbulent dynamics. Perhaps an awareness of the constraints on the global
 294 random attractor can guide future research in devising less invasive energy
 295 damping models.

296 Appendix A. Bilinear map identities

A bilinear map $\mathcal{B} : V \times V \rightarrow V$ over a vector space V is a function that is linear in each argument separately. That is, for all $\mathbf{u}, \mathbf{v}, \mathbf{w} \in V$, and scalars λ :

$$\begin{aligned} \mathcal{B}(\mathbf{u} + \mathbf{v}, \mathbf{w}) &= \mathcal{B}(\mathbf{u}, \mathbf{w}) + \mathcal{B}(\mathbf{v}, \mathbf{w}) & \text{and} & & \mathcal{B}(\lambda\mathbf{u}, \mathbf{v}) &= \lambda\mathcal{B}(\mathbf{u}, \mathbf{v}), \\ \mathcal{B}(\mathbf{u}, \mathbf{v} + \mathbf{w}) &= \mathcal{B}(\mathbf{u}, \mathbf{v}) + \mathcal{B}(\mathbf{u}, \mathbf{w}) & \text{and} & & \mathcal{B}(\mathbf{u}, \lambda\mathbf{v}) &= \lambda\mathcal{B}(\mathbf{u}, \mathbf{v}). \end{aligned}$$

297 The bilinear map \mathcal{B} allows us to represent the Navier–Stokes equations (1)
 298 in the compact form (7).

299 Although the analysis in this work is limited to $[0, 2\pi]^2$, some of the
 300 identities can be extended to $\Omega_3 = [0, 2\pi]^3$, so in general let us consider a
 301 velocity vector field $\mathbf{u} : \Omega_3 \times \mathbb{R} \rightarrow \mathbb{R}^3$ with $\nabla \cdot \mathbf{u} = 0$.

302 *Appendix A.1. Antisymmetry*

303 The bilinear map admits the identity

$$(\mathcal{B}(\mathbf{u}, \mathbf{v}), \mathbf{w}) = -(\mathcal{B}(\mathbf{u}, \mathbf{w}), \mathbf{v}), \quad \forall \mathbf{u}, \mathbf{v}, \mathbf{w} \in H(\Omega_3). \quad (\text{A.1})$$

Having the incompressibility condition for \mathbf{u} , \mathbf{v} , and \mathbf{w} , we can write

$$(\mathcal{B}(\mathbf{u}, \mathbf{v}), \mathbf{w}) = \int_{\Omega} \mathcal{B}(\mathbf{u}, \mathbf{v}) \cdot \mathbf{w} \, d\mathbf{x} = \underbrace{\int_{\Omega} (\mathbf{u} \cdot \nabla \mathbf{v}) \cdot \mathbf{w} \, d\mathbf{x}}_I + \underbrace{\int_{\Omega} \nabla p \cdot \mathbf{w} \, d\mathbf{x}}_J, \quad (\text{A.2})$$

so we have

$$\begin{aligned} I &= \int_{\Omega} \nabla \cdot (\mathbf{u} \mathbf{v} \cdot \boldsymbol{\omega}) \, d\mathbf{x} - \int_{\Omega} (\nabla \cdot \mathbf{u}) \mathbf{v} \cdot \boldsymbol{\omega} \, d\mathbf{x} - \int_{\Omega} (\mathbf{u} \cdot \nabla \mathbf{w}) \cdot \mathbf{v} \, d\mathbf{x} \\ &= \int_{\partial\Omega} (\mathbf{u} \mathbf{v} \cdot \boldsymbol{\omega}) \hat{\mathbf{n}} \, dS - \int_{\Omega} (\mathbf{u} \cdot \nabla \mathbf{w}) \cdot \mathbf{v} \, d\mathbf{x} = - \int_{\Omega} (\mathbf{u} \cdot \nabla \mathbf{w}) \cdot \mathbf{v} \, d\mathbf{x}, \end{aligned}$$

and similarly

$$J = \int_{\Omega} \nabla \cdot (p \mathbf{w}) \, d\mathbf{x} - \int_{\Omega} p \nabla \cdot \mathbf{w} \, d\mathbf{x} = \int_{\partial\Omega} (p \mathbf{w}) \cdot \hat{\mathbf{n}} \, dS - 0 = 0,$$

where the integrals on the boundary $\partial\Omega$ vanish because of periodicity. So, (A.2) can be written as

$$(\mathcal{B}(\mathbf{u}, \mathbf{v}), \mathbf{w}) = I + J = - \int_{\Omega} (\mathbf{u} \cdot \nabla \mathbf{w}) \cdot \mathbf{v} \, d\mathbf{x} - \int_{\Omega} \nabla p \cdot \mathbf{v} \, d\mathbf{x} \quad (\text{A.3})$$

$$= - \int_{\Omega} \mathcal{B}(\mathbf{u}, \mathbf{w}) \cdot \mathbf{v} \, d\mathbf{x} = -(\mathcal{B}(\mathbf{u}, \mathbf{w}), \mathbf{v}). \quad (\text{A.4})$$

304 *Appendix A.2. Orthogonality in two-dimensional incompressible flows*

Two-dimensional incompressible flows also satisfy the orthogonality identity

$$(\mathcal{B}(\mathbf{u}, \mathbf{u}), A\mathbf{u}) = 0, \quad \text{where } A = -\nabla^2.$$

The proof is based on standard vector calculus identities. Since $\nabla \times \nabla p = \mathbf{0}$ and, for two-dimensional flows, $\boldsymbol{\omega} \cdot \nabla \mathbf{u} = 0$, the curl of the nonlinearity $\mathcal{S} \doteq$

$\mathcal{B}(\mathbf{u}, \mathbf{u}) = \mathbf{u} \cdot \nabla \mathbf{u} + \nabla p$ may be rewritten as $\nabla \times \mathbf{S} = \nabla \times (\mathbf{u} \cdot \nabla \mathbf{u}) = \mathbf{u} \cdot \nabla \boldsymbol{\omega}$.
Thus

$$\begin{aligned}
(\mathcal{B}(\mathbf{u}, \mathbf{u}), A\mathbf{u}) &= \int_{\Omega} -\mathbf{S} \cdot \nabla^2 \mathbf{u} \, d\mathbf{x} = \int_{\Omega} \mathbf{S} \cdot (\nabla \times \boldsymbol{\omega}) \, d\mathbf{x} \\
&= \int_{\Omega} \nabla \cdot (\boldsymbol{\omega} \times \mathbf{S}) \, d\mathbf{x} + \int_{\Omega} \boldsymbol{\omega} \cdot (\nabla \times \mathbf{S}) \, d\mathbf{x} \\
&= \int_{\partial\Omega} (\boldsymbol{\omega} \times \mathbf{S}) \cdot \hat{\mathbf{n}} \, ds + \int_{\Omega} \boldsymbol{\omega} \cdot (\mathbf{u} \cdot \nabla \boldsymbol{\omega}) \, d\mathbf{x} \\
&= 0 + \int_{\Omega} \mathbf{u} \cdot \nabla \left(\frac{\omega^2}{2} \right) \, d\mathbf{x} = \int_{\partial\Omega} \left(\frac{\omega^2}{2} \mathbf{u} \right) \cdot \hat{\mathbf{n}} \, ds - \int_{\Omega} \left(\frac{\omega^2}{2} \right) \nabla \cdot \mathbf{u} \, d\mathbf{x} = 0,
\end{aligned}$$

305 where the integrals on the boundary $\partial\Omega$ vanish because of periodicity.

306 *Appendix A.3. Strong form of enstrophy invariance*

307 Another useful identity for the bilinear map in two-dimensional incom-
308 pressible flows is called the strong form of enstrophy invariance:

$$(\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u}) = (\mathcal{B}(\mathbf{u}, \mathbf{v}), A\mathbf{v}). \quad (\text{A.5})$$

309 The proof given here is more elegant than that given by Dascalu et al. [7],
310 as it elucidates the underlying fluid dynamics and vector calculus identities.
311 We first prove the identity

$$(\mathcal{B}(\mathbf{u}, A\mathbf{v}), \mathbf{v}) = (\mathcal{B}(A\mathbf{v}, \mathbf{u}), \mathbf{v}). \quad (\text{A.6})$$

We can write

$$\begin{aligned}
(\mathcal{B}(\mathbf{u}, A\mathbf{v}), \mathbf{v}) - (\mathcal{B}(A\mathbf{v}, \mathbf{u}), \mathbf{v}) &= ([\mathcal{B}(\mathbf{u}, A\mathbf{v}) - \mathcal{B}(A\mathbf{v}, \mathbf{u})], \mathbf{v}) \\
&= \int_{\Omega} [\mathbf{u} \cdot \nabla(A\mathbf{v}) - A\mathbf{v} \cdot \nabla \mathbf{u} + \nabla(p - p')] \cdot \mathbf{v} \, d\mathbf{x} \\
&= \int_{\Omega} \underbrace{(\mathbf{m} \cdot \nabla \mathbf{n} - \mathbf{n} \cdot \nabla \mathbf{m}) \cdot \mathbf{v}}_I \, d\mathbf{x} + \int_{\Omega} \underbrace{\nabla p_1 \cdot \mathbf{v}}_J \, d\mathbf{x},
\end{aligned}$$

where $\mathbf{m} = \mathbf{u}$, $\mathbf{n} = A\mathbf{v}$, and $p_1 = p - p'$. Using the vector calculus identity

$$\nabla \times (\mathbf{n} \times \mathbf{m}) = \mathbf{n}(\nabla \cdot \mathbf{m}) - \mathbf{m}(\nabla \cdot \mathbf{n}) + (\mathbf{m} \cdot \nabla) \mathbf{n} - (\mathbf{n} \cdot \nabla) \mathbf{m},$$

I can be written as

$$\begin{aligned}
(\mathbf{m} \cdot \nabla \mathbf{n} - \mathbf{n} \cdot \nabla \mathbf{m}) \cdot \mathbf{u} &= [\nabla \times (\mathbf{n} \times \mathbf{m}) - (\nabla \cdot \mathbf{m}) \mathbf{n} + (\nabla \cdot \mathbf{n}) \mathbf{m}] \cdot \mathbf{v} \\
&= [\nabla \times (\mathbf{u} \times A\mathbf{v}) - (\nabla \cdot A\mathbf{v}) \mathbf{u} + (\nabla \cdot \mathbf{u}) A\mathbf{v}] \cdot \mathbf{v} \\
&= (\nabla \times (\mathbf{u} \times A\mathbf{v})) \cdot \mathbf{v} + 0 + 0 = (\nabla \times (\mathbf{u} \times A\mathbf{v})) \cdot \mathbf{v},
\end{aligned}$$

and J becomes

$$\int_{\Omega} \nabla p_1 \cdot \mathbf{u} \, d\mathbf{x} \stackrel{\nabla \cdot \mathbf{u} = 0}{=} \int_{\Omega} \nabla \cdot (p_1 \mathbf{u}) \, d\mathbf{x} = \int_{\partial\Omega} p_1 \mathbf{u} \cdot \hat{\mathbf{n}} \, ds = 0,$$

where the last integral vanishes because of periodic boundary conditions. So we would have

$$\begin{aligned}
((\mathcal{B}(\mathbf{u}, A\mathbf{v}) - \mathcal{B}(A\mathbf{v}, \mathbf{u})), \mathbf{v}) &= \int_{\Omega} \mathbf{v} \cdot \nabla \times \underbrace{(\mathbf{u} \times A\mathbf{v})}_{\mathbf{S}} \, d\mathbf{x} \\
&= \int_{\Omega} \nabla \cdot (\mathbf{S} \times \mathbf{v}) \, d\mathbf{x} + \int_{\Omega} \mathbf{S} \cdot \nabla \times \mathbf{v} \, d\mathbf{x} \\
&= \int_{\partial\Omega} (\mathbf{S} \times \mathbf{v}) \cdot \hat{\mathbf{n}} \, ds + \int_{\Omega} \boldsymbol{\omega} \cdot \mathbf{S} \, d\mathbf{x} = 0 + \int_{\Omega} \boldsymbol{\omega} \cdot (\mathbf{u} \times A\mathbf{v}) \, d\mathbf{x} \\
&= - \int_{\Omega} \mathbf{u} \cdot (\boldsymbol{\omega} \times A\mathbf{u}) \, d\mathbf{x} = - \int_{\Omega} \mathbf{u} \cdot (\boldsymbol{\omega} \times (\nabla \times \boldsymbol{\omega})) \, d\mathbf{x}.
\end{aligned}$$

Using the fact that $\boldsymbol{\omega} \times (\nabla \times \boldsymbol{\omega}) = \frac{1}{2} \nabla \omega^2 - \boldsymbol{\omega} \cdot \nabla \boldsymbol{\omega}$, and since in the two-dimensional case $\boldsymbol{\omega} \cdot \nabla \boldsymbol{\omega} = \mathbf{0}$, we obtain

$$\begin{aligned}
((\mathcal{B}(\mathbf{u}, A\mathbf{v}) - \mathcal{B}(A\mathbf{v}, \mathbf{u})), \mathbf{v}) &= - \int_{\Omega} \mathbf{u} \cdot (\boldsymbol{\omega} \times (\nabla \times \boldsymbol{\omega})) \, d\mathbf{x} = - \int_{\Omega} \mathbf{u} \cdot \left(\frac{1}{2} \nabla \omega^2 \right) \, d\mathbf{x} \\
&= - \int_{\Omega} \mathbf{u} \cdot \left(\frac{1}{2} \nabla \omega^2 \right) \, d\mathbf{x} = - \int_{\Omega} \mathbf{u} \cdot \left(\frac{1}{2} \nabla \omega^2 \right) \, d\mathbf{x} \\
&= - \int_{\Omega} \nabla \cdot \left(\frac{\mathbf{u} \omega^2}{2} \right) \, d\mathbf{x} = - \int_{\partial\Omega} \left(\frac{\mathbf{u} \omega^2}{2} \right) \cdot \hat{\mathbf{n}} \, ds = 0,
\end{aligned}$$

and so (A.6) follows. Having this identity, we can write

$$(\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u}) \stackrel{(A.1)}{=} -(\mathcal{B}(A\mathbf{v}, \mathbf{u}), \mathbf{v}) \stackrel{(A.6)}{=} -(\mathcal{B}(\mathbf{u}, A\mathbf{v}), \mathbf{v}) \stackrel{(A.1)}{=} (\mathcal{B}(\mathbf{u}, \mathbf{v}), A\mathbf{v}),$$

312 which proves (A.5).

313 *Appendix A.4. General identity in two-dimensional incompressible flow*

314 Using the above identities it is possible to show that

$$\underbrace{(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u})}_I + \underbrace{(\mathcal{B}(\mathbf{v}, \mathbf{u}), A\mathbf{v})}_II + \underbrace{(\mathcal{B}(\mathbf{u}, \mathbf{v}), A\mathbf{v})}_III = 0. \quad (\text{A.7})$$

As in the previous section there is another proof given by Foias et al. [9], and although their proof is much more concise, it is completely based on the functional analysis properties of the bilinear map. In contrast, the following proof is based on vector calculus identities, which are more insightful, especially for physically oriented readers. We begin with the term I :

$$(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) = \int_{\Omega} (\mathbf{v} \cdot \nabla \mathbf{v} + \nabla p) \cdot (-\nabla^2 \mathbf{u}) \, d\mathbf{x} = \int_{\Omega} (\mathbf{v} \cdot \nabla \mathbf{v}) \cdot (-\nabla^2 \mathbf{u}) \, d\mathbf{x}.$$

Let $\boldsymbol{\omega} = \nabla \times \mathbf{u}$, so that $-\nabla^2 \mathbf{u} = \nabla \times \boldsymbol{\omega}$, and consequently we obtain

$$\begin{aligned} (\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) &= \int_{\Omega} (\mathbf{v} \cdot \nabla \mathbf{v}) \cdot \nabla \times \boldsymbol{\omega} \, d\mathbf{x} \\ &= \int_{\Omega} \nabla \cdot (\boldsymbol{\omega} \times (\mathbf{v} \cdot \nabla \mathbf{v})) \, d\mathbf{x} + \int_{\Omega} \boldsymbol{\omega} \cdot \nabla \times (\mathbf{v} \cdot \nabla \mathbf{v}) \, d\mathbf{x} \\ &= \int_{\partial\Omega} \boldsymbol{\omega} \times (\mathbf{v} \cdot \nabla \mathbf{v}) \cdot \hat{\mathbf{n}} \, ds + \int_{\Omega} \boldsymbol{\omega} \cdot \nabla \times (\mathbf{v} \cdot \nabla \mathbf{v}) \, d\mathbf{x} \\ &= 0 + \int_{\Omega} \boldsymbol{\omega} \cdot \underbrace{\nabla \times (\mathbf{v} \cdot \nabla \mathbf{v})}_S \, d\mathbf{x} = \int_{\Omega} \mathbf{S} \cdot (\nabla \times \mathbf{u}) \, d\mathbf{x} \\ &= \int_{\Omega} \nabla \cdot (\mathbf{u} \times \mathbf{S}) \, d\mathbf{x} + \int_{\Omega} \mathbf{u} \cdot \nabla \times \mathbf{S} \, d\mathbf{x} \\ &= \int_{\partial\Omega} (\mathbf{u} \times \mathbf{S}) \cdot \hat{\mathbf{n}} \, ds + \int_{\Omega} \mathbf{u} \cdot \nabla \times \mathbf{S} \, d\mathbf{x} \\ &= 0 + \int_{\Omega} \mathbf{u} \cdot \nabla \times \mathbf{S} \, d\mathbf{x} = \int_{\Omega} \mathbf{u} \cdot \nabla \times \mathbf{S} \, d\mathbf{x}. \end{aligned}$$

On the other hand we have

$$\mathbf{S} = \nabla \times (\mathbf{v} \cdot \nabla \mathbf{v}) = \nabla \times \left(\nabla \frac{v^2}{2} \right) - \nabla \times (\mathbf{v} \times (\nabla \times \mathbf{v})) = -\nabla \times (\mathbf{v} \times \underbrace{(\nabla \times \mathbf{v})}_w).$$

But

$$\mathbf{S} = -\nabla \times (\mathbf{v} \times \mathbf{w}) = -[\mathbf{v}(\nabla \cdot \mathbf{w}) - \mathbf{w}(\nabla \cdot \mathbf{v}) + (\mathbf{w} \cdot \nabla) \mathbf{v} - (\mathbf{v} \cdot \nabla) \mathbf{w}] = (\mathbf{v} \cdot \nabla) \mathbf{w}.$$

On considering the fact that $(\mathbf{w} \cdot \nabla) \mathbf{v} = 0$, we can write

$$\begin{aligned}
\mathbf{S} &= (\mathbf{v} \cdot \nabla) \mathbf{w} = \nabla(\mathbf{v} \cdot \mathbf{w}) - \mathbf{w} \cdot \nabla \mathbf{v} - \mathbf{v} \times (\nabla \times \mathbf{w}) - \mathbf{w} \times (\nabla \times \mathbf{v}) \\
&= 0 - 0 - \mathbf{v} \times (\nabla \times \mathbf{w}) - 0 \\
&= -\mathbf{v} \times (\nabla \times \mathbf{w}) = -\mathbf{v} \times (\nabla \times (\nabla \times \mathbf{v})) = -\mathbf{v} \times (\nabla(\nabla \cdot \mathbf{v}) - \nabla^2 \mathbf{v}) \\
&= \mathbf{v} \times \nabla^2 \mathbf{v}.
\end{aligned}$$

Thus

$$\begin{aligned}
\nabla \times \mathbf{S} &= \nabla \times (\mathbf{v} \times \nabla^2 \mathbf{v}) \\
&= \mathbf{v}(\nabla \cdot \nabla^2 \mathbf{v}) - \nabla^2 \mathbf{v}(\nabla \cdot \mathbf{v}) + ((\nabla^2 \mathbf{v}) \cdot \nabla) \mathbf{v} - (\mathbf{v} \cdot \nabla) \nabla^2 \mathbf{v} \\
&= 0 - 0 + (\nabla^2 \mathbf{v} \cdot \nabla) \mathbf{v} - (\mathbf{v} \cdot \nabla) \nabla^2 \mathbf{v} = (\nabla^2 \mathbf{v} \cdot \nabla) \mathbf{v} - (\mathbf{v} \cdot \nabla) \nabla^2 \mathbf{v}.
\end{aligned}$$

So in the end we obtain

$$(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) = \int_{\Omega} (\nabla \times \mathbf{S}) \cdot \mathbf{u} \, d\mathbf{x} = \int_{\Omega} (\nabla^2 \mathbf{v} \cdot \nabla \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x} - \int_{\Omega} (\mathbf{v} \cdot \nabla \nabla^2 \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x}.$$

On noting that we can add or subtract terms of the form $\int_{\Omega} \mathbf{u} \cdot \nabla p \, d\mathbf{x} = 0$, we can write

$$\begin{aligned}
(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) &= \int_{\Omega} ((\nabla^2 \mathbf{v} \cdot \nabla) \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x} - \int_{\Omega} ((\mathbf{v} \cdot \nabla) \nabla^2 \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x} \\
&= -(\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u}) + (\mathcal{B}(\mathbf{v}, A\mathbf{v}), \mathbf{u}).
\end{aligned}$$

315 Up to this point we have found a valuable representation of the term I in
316 (A.7):

$$(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) = \underbrace{(\mathcal{B}(\mathbf{v}, A\mathbf{v}), \mathbf{u})}_J - \underbrace{(\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u})}_K. \quad (\text{A.8})$$

Applying identities (A.1) and (A.5) respectively to the terms J and K , we obtain

$$(\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) = -(\mathcal{B}(\mathbf{v}, \mathbf{u}), A\mathbf{v}) - (\mathcal{B}(\mathbf{u}, \mathbf{v}), A\mathbf{v}),$$

317 which is exactly (A.7).

318 *Appendix A.5. Estimates for the bilinear term involving powers of the Stokes*
319 *operator*

A term that has great impact on our analysis of the Navier–Stokes equations is $(\mathcal{B}(\mathbf{v}, \mathbf{v}), A^2 \mathbf{v})$. Having a good estimate for this term is vital in our work,

but unfortunately no simpler representation is known for this term, only a useful upper bound. Using the equivalent form of the general 2D identity, (A.8), one obtains

$$(\mathcal{B}(\mathbf{v}, \mathbf{v}), A^2 \mathbf{v}) = (\mathcal{B}(\mathbf{v}, \mathbf{v}), AA\mathbf{v}) \stackrel{u \doteq Av}{=} (\mathcal{B}(\mathbf{v}, \mathbf{v}), A\mathbf{u}) \quad (\text{A.9})$$

$$\stackrel{(\text{A.8})}{=} (\mathcal{B}(\mathbf{v}, A\mathbf{v}), \mathbf{u}) - (\mathcal{B}(A\mathbf{v}, \mathbf{v}), \mathbf{u}) \quad (\text{A.10})$$

$$= (\mathcal{B}(\mathbf{v}, A\mathbf{v}), A\mathbf{v}) - (\mathcal{B}(A\mathbf{v}, \mathbf{v}), A\mathbf{v}) \quad (\text{A.11})$$

$$= -(\mathcal{B}(A\mathbf{v}, \mathbf{v}), A\mathbf{v}) = (\mathcal{B}(A\mathbf{v}, A\mathbf{v}), \mathbf{v}). \quad (\text{A.12})$$

The above result is the best exact estimate that we could obtain using the general identity (A.7) and the other identities proven so far. As this term appears in our functional estimates, it is necessary to come up with an upper bound. In order to obtain this estimate we will eventually require the Ladyzhenskaya inequality that we introduced before:

$$(\mathcal{B}(\mathbf{u}, \mathbf{u}), A^2 \mathbf{u}) = (\mathcal{B}(A\mathbf{u}, A\mathbf{u}), \mathbf{u}) \stackrel{v \doteq Au}{=} (\mathcal{B}(\mathbf{v}, \mathbf{v}), \mathbf{u}).$$

As we have shown earlier, the ∇p term will vanish due to incompressibility, so

$$\begin{aligned} (\mathcal{B}(\mathbf{u}, \mathbf{u}), A^2 \mathbf{u}) &= (\mathcal{B}(\mathbf{v}, \mathbf{v}), \mathbf{u}) \\ &= \int_{\Omega} (\mathbf{v} \cdot \nabla \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x} = \int_{\Omega} \left[\frac{1}{2} \nabla v^2 - \mathbf{v} \times (\nabla \times \mathbf{v}) \right] \cdot \mathbf{u} \, d\mathbf{x} \\ &= \int_{\Omega} \left(\frac{1}{2} \nabla v^2 \right) \cdot \mathbf{u} \, d\mathbf{x} - \int_{\Omega} [\mathbf{v} \times (\nabla \times \mathbf{v})] \cdot \mathbf{u} \, d\mathbf{x} \\ &= 0 - \int_{\Omega} (\mathbf{v} \times \boldsymbol{\omega}) \cdot \mathbf{u} \, d\mathbf{x} = \int_{\Omega} (\boldsymbol{\omega} \times \mathbf{v}) \cdot \mathbf{u} \, d\mathbf{x}. \end{aligned}$$

Using the triple product identities, we can write

$$\begin{aligned}
(\mathcal{B}(\mathbf{u}, \mathbf{u}), A^2 \mathbf{u}) &= \int_{\Omega} \mathbf{u} \cdot \boldsymbol{\omega} \times \mathbf{v} \, d\mathbf{x} = \int_{\Omega} \boldsymbol{\omega} \cdot \mathbf{v} \times \mathbf{u} \, d\mathbf{x} \\
&\stackrel{\text{Cauchy-Schwarz}}{\leq} \left(\int_{\Omega} |\mathbf{v} \times \mathbf{u}|^2 \, d\mathbf{x} \right)^{1/2} \left(\int_{\Omega} |\boldsymbol{\omega}|^2 \, d\mathbf{x} \right)^{1/2} \\
&\leq \left(\int_{\Omega} v^2 u^2 \, d\mathbf{x} \right)^{1/2} \left(\int_{\Omega} \omega^2 \, d\mathbf{x} \right)^{1/2} \\
&= \left(\int_{\Omega} A^2 u^4 \, d\mathbf{x} \right)^{1/2} \left(\int_{\Omega} \omega^2 \, d\mathbf{x} \right)^{1/2} \\
&= \left(\int_{\Omega} (A^{1/2} u)^4 \, d\mathbf{x} \right)^{1/2} \left(\int_{\Omega} \omega^2 \, d\mathbf{x} \right)^{1/2}.
\end{aligned}$$

On the other hand we have

$$\begin{aligned}
\int_{\Omega} \omega^2 \, d\mathbf{x} &= \int_{\Omega} |\nabla \times \mathbf{v}|^2 \, d\mathbf{x} = \int_{\Omega} A^2 |\nabla \times \mathbf{u}|^2 \, d\mathbf{x} \\
&= \int_{\Omega} A^2 \nabla \cdot (\mathbf{u} \times \boldsymbol{\omega}) \, d\mathbf{x} + \int_{\Omega} A^2 (\mathbf{u} \cdot (-\nabla^2 \mathbf{u})) \, d\mathbf{x} \\
&= 0 + \int_{\Omega} A^2 (\mathbf{u} \cdot A \mathbf{u}) \, d\mathbf{x} = \int_{\Omega} A^2 (A^{1/2} \mathbf{u} \cdot A^{1/2} \mathbf{u}) \, d\mathbf{x} \\
&= \int_{\Omega} A^3 u^2 \, d\mathbf{x} = |A^{3/2} \mathbf{u}|^2.
\end{aligned}$$

Thus we will obtain

$$\begin{aligned}
(\mathcal{B}(\mathbf{u}, \mathbf{u}), A^2 \mathbf{u}) &\leq \left(\int_{\Omega} (A^{1/2} u)^4 \, d\mathbf{x} \right)^{1/2} |A^{3/2} \mathbf{u}| \\
&\stackrel{\text{Ladyzhenskaya}}{\leq} c_L \|\mathbf{u}\| |A \mathbf{u}| |A^{3/2} \mathbf{u}|.
\end{aligned}$$

320 Appendix B. Energy injection due to white-noise forcing

321 In this appendix we consider the Navier–Stokes equations driven by a
322 white-noise force in preparation for the numerical simulation results that use
323 this type of random forcing. The Novikov theorem plays an essential role in
324 prescribing the amplitude of the white-noise forcing:

Theorem 4 (Novikov 1964). *Let $\mathbf{v} = (v_1, v_2, \dots, v_n)$ be a vector-valued centered Gaussian random variable and let f be a differentiable function of n variables, then assuming all averages exists,*

$$\langle v_i f(v_1, v_2, \dots, v_n) \rangle = \Gamma_{ij} \left\langle \frac{\partial f}{\partial v_j} \right\rangle,$$

325 where $\Gamma_{ij} = \langle v_i v_j \rangle$.

326 **Proof.** See Frisch [13]. ■

We begin with the momentum equation

$$\frac{\partial \mathbf{u}}{\partial t} + \nu A \mathbf{u} + \mathcal{B}(\mathbf{u}, \mathbf{u}) = \mathbf{f},$$

recalling that \mathbf{f} is a general random force. A particular random force of interest to us is an isotropic Gaussian white-noise solenoidal force with the following Fourier transform $\mathbf{f}_{\mathbf{k}}$:

$$\mathbf{f}_{\mathbf{k}}(t) = F_{\mathbf{k}} \left(\mathbf{1} - \frac{\mathbf{k}\mathbf{k}}{k^2} \right) \cdot \boldsymbol{\xi}_{\mathbf{k}}(t), \quad \mathbf{k} \cdot \mathbf{f}_{\mathbf{k}} = 0,$$

where $F_{\mathbf{k}}$ is a real number and $\boldsymbol{\xi}_{\mathbf{k}}(t)$ is a unit central real Gaussian random 2D vector that satisfies $\langle \boldsymbol{\xi}_{\mathbf{k}}(t) \boldsymbol{\xi}_{\mathbf{k}'}(t') \rangle = \delta_{\mathbf{k}\mathbf{k}'} \mathbf{1} \delta(t - t')$. This implies

$$\begin{aligned} \langle \mathbf{f}_{\mathbf{k}}(t) \cdot \mathbf{f}_{\mathbf{k}'}(t') \rangle &= F_{\mathbf{k}} F_{\mathbf{k}'} \left(\delta_{ij} - \frac{k_i k_j}{k^2} \right) \langle \xi_{kj}(t) \xi_{k'j'}(t') \rangle \left(\delta_{j'i} - \frac{k'_j k'_i}{k'^2} \right) \\ &= F_{\mathbf{k}}^2 \delta_{\mathbf{k}, \mathbf{k}'} \delta(t - t') \left(\mathbf{1} - \frac{\mathbf{k}\mathbf{k}}{k^2} \right) : \left(\mathbf{1} - \frac{\mathbf{k}\mathbf{k}}{k^2} \right) = F_{\mathbf{k}}^2 \delta_{\mathbf{k}, \mathbf{k}'} \delta(t - t'). \end{aligned}$$

Integration of the energy equation leads to

$$\mathbf{u}_{\mathbf{k}}(t) = \mathbf{u}_{\mathbf{k}'}(t') + \int_{t'}^t A_{\mathbf{k}}[\mathbf{u}(\tau)] d\tau + \int_{t'}^t \mathbf{f}_{\mathbf{k}}(\tau) d\tau,$$

where $A_{\mathbf{k}}$ is an unknown functional of the velocity field such that $\frac{\delta A_{\mathbf{k}}[\mathbf{u}(\tau)]}{\delta \mathbf{f}_{\mathbf{k}'}(t')}$ is bounded. The nonlinear Green's function is then

$$\frac{\delta \mathbf{u}_{\mathbf{k}}(t)}{\delta \mathbf{f}_{\mathbf{k}'}(t')} = \int_{t'}^t \frac{\delta A_{\mathbf{k}}[\mathbf{u}(\tau)]}{\delta \mathbf{f}_{\mathbf{k}'}(t')} d\tau + \int_{t'}^t \delta_{\mathbf{k}\mathbf{k}'} \mathbf{1} \delta(\tau - t') d\tau = \int_{t'}^t \frac{\delta A_{\mathbf{k}}[\mathbf{u}(\tau)]}{\delta \mathbf{f}_{\mathbf{k}'}(t')} d\tau + \delta_{\mathbf{k}\mathbf{k}'} \mathbf{1} H(t - t'),$$

where H is the Heaviside unit step function. The Novikov theorem then allows the energy injection rate ϵ for white-noise forcing to be prescribed:

$$\begin{aligned}
\epsilon = (\mathbf{f}(\mathbf{x}, t), \mathbf{u}(\mathbf{x}, t)) &= \int_{\Omega} \langle \mathbf{f}(\mathbf{x}, t) \cdot \mathbf{u}(\mathbf{x}, t) \rangle d\mathbf{x} = \text{Re} \sum_{\mathbf{k}} \langle \mathbf{f}_{\mathbf{k}}(t) \cdot \bar{\mathbf{u}}_{\mathbf{k}}(t) \rangle \\
&= \text{Re} \sum_{\mathbf{k}, \mathbf{k}'} \int \langle \mathbf{f}_{\mathbf{k}}(t) \bar{\mathbf{f}}_{\mathbf{k}'}(t') \rangle : \left\langle \frac{\delta \bar{\mathbf{u}}_{\mathbf{k}}(t)}{\delta \bar{\mathbf{f}}_{\mathbf{k}'}(t')} \right\rangle dt' \\
&= \sum_{\mathbf{k}} F_{\mathbf{k}}^2 \left(\mathbf{1} - \frac{\mathbf{k}\mathbf{k}}{k^2} \right) : \left(\mathbf{1} - \frac{\mathbf{k}\mathbf{k}}{k^2} \right) H(0) = \frac{1}{2} \sum_{\mathbf{k}} F_{\mathbf{k}}^2
\end{aligned}$$

327 since $H(0) = \frac{1}{2}$. Likewise, the enstrophy injection rate is $\eta = \frac{1}{2} \sum_{\mathbf{k}} k^2 F_{\mathbf{k}}^2$.

328 Appendix C. Basdevant formulation

329 Appendix C.1. 3D case

330 The incompressibility condition (2) can be used to rewrite the momentum
331 equation (1) in terms of the symmetric tensor $D_{ij} = u_i u_j$:

$$\frac{\partial u_i}{\partial t} + \frac{\partial D_{ij}}{\partial x_j} = -\frac{\partial p}{\partial x_i} + \nu \frac{\partial^2 u_i}{\partial x_j^2} + F_i. \quad (\text{C.1})$$

332 A naive implementation of the pseudospectral method for this equation
333 requires three backward FFTs to compute the velocity components from
334 their spectral representations and six forward FFTs of the independent com-
335 ponents of D_{ij} , for a total of nine FFTs per integration stage. However
336 Basdevant [1] showed that this number can be reduced to eight, by subtracting
337 the divergence of the symmetric matrix $S_{ij} = \delta_{ij} \text{tr} D/3$ from both sides of
338 (C.1):

$$\frac{\partial u_i}{\partial t} + \frac{\partial (D_{ij} - S_{ij})}{\partial x_j} = -\frac{\partial (p\delta_{ij} + S_{ij})}{\partial x_j} + \nu \frac{\partial^2 u_i}{\partial x_j^2} + F_i. \quad (\text{C.2})$$

339 Since the symmetric matrix $D_{ij} - S_{ij}$ is traceless, it has just five independent
340 components. Together with the three backward FFTs required for the velocity
341 components u_i , we see that only eight FFTs are required per integration
342 stage. The effective pressure $p\delta_{ij} + S_{ij}$ is solved as usual from the inverse
343 Laplacian of the force minus the nonlinearity.

344 *Appendix C.2. 2D case*

On taking the curl of (1), the vorticity $\boldsymbol{\omega}$ is seen to evolve according to

$$\frac{\partial \boldsymbol{\omega}}{\partial t} + (\mathbf{u} \cdot \nabla) \boldsymbol{\omega} = (\boldsymbol{\omega} \cdot \nabla) \mathbf{u} + \nu \nabla^2 \boldsymbol{\omega} + \nabla \times \mathbf{F},$$

345 where in two dimensions the vortex stretching term $(\boldsymbol{\omega} \cdot \nabla) \mathbf{u}$ vanishes and $\boldsymbol{\omega}$
 346 is normal to the plane of motion.

For C^2 velocity fields, the curl of the nonlinear term can be written in terms of $\Upsilon D_{ij} \doteq D_{ij} - S_{ij}$:

$$\frac{\partial}{\partial x_1} \frac{\partial}{\partial x_j} \Upsilon D_{2j} - \frac{\partial}{\partial x_2} \frac{\partial}{\partial x_j} \Upsilon D_{1j} = \left(\frac{\partial^2}{\partial x_1^2} - \frac{\partial^2}{\partial x_2^2} \right) D_{12} + \frac{\partial}{\partial x_1} \frac{\partial}{\partial x_2} (D_{22} - D_{11}),$$

on recalling that S is diagonal and $S_{11} = S_{22}$. The scalar vorticity ω then evolves according to

$$\frac{\partial \omega}{\partial t} + \left(\frac{\partial^2}{\partial x_1^2} - \frac{\partial^2}{\partial x_2^2} \right) (u_1 u_2) + \frac{\partial^2}{\partial x_1 \partial x_2} (u_2^2 - u_1^2) = \nu \nabla^2 \omega + \frac{\partial F_2}{\partial x_1} - \frac{\partial F_1}{\partial x_2}.$$

347 Two backward FFTs are required to compute u_1 and u_2 in physical space,
 348 from which the quantities $u_1 u_2$ and $u_2^2 - u_1^2$ can be calculated and then
 349 transformed to Fourier space with two additional forward FFTs. The advective
 350 term in 2D can thus be calculated with just four FFTs.

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