The diameter of Minkowski compactum, random projections of convex bodies

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Notes for Math 617 (week of Nov 18, 2013) based on [MT2] and [MT1] by Piotr Mankiewicz and NTJ

1 The asymptotic growth of the diameter of Minkowski compactum

For two *n*-dimensional normed spaces $X = (\mathbb{R}^n, B')$ and $Y = (\mathbb{R}^n, B'')$ with unit balls B', B'', respectively the Banach–Mazur distance is defined by

$$d(X,Y) = d(B',B'') = \inf\{\|T:B' \to B''\| \|T^{-1}:B'' \to B'\|\},\$$

with the infimum taken over all invertible operators $T \in L(\mathbb{R}^n)$. (Here we adopt a convenient but not very usual notation

$$||T:B' \to B''|| = \sup\{||Tx||_{B''} \mid ||x||_{B'} \le 1\}$$

is the operator norm of T from X to Y.)

The Minkowski compactum \mathcal{M}_n is the set of all *n*-dimensional Banach spaces equipped with the Banach–Mazur distance. (Strictly speaking, \mathcal{M}_n is the set of *equivalence classes* of *n*-dimensional Banach spaces, with isometric spaces being identified.) From John's theorem, $d(X, \ell_2^n) \leq \sqrt{n}$, and thus the diameter diam $\mathcal{M}_n = \sup_{X,Y} d(X,Y) \leq n$. However, the natural question about the lower bound for diam \mathcal{M}_n was widely open until 1980. The breakthrough was made by Gluskin who introduced random finite-dimensional spaces in order to show in [G1] that the diameter of the Minkowski compactum \mathcal{M}_n is asymptotically of order n. We present the complete proof of this result in the Gaussian setting.

By $g \in \mathbb{R}^n$ we denote the Gaussian random vector with $N(0, \frac{1}{n}I_n)$ distribution. The density of g is equal to

$$(n/2\pi)^{n/2} \exp\left(-n|x|^2/2\right)$$

Since $\mathbb{E}|g|^2 = 1$ we call g a normalized Gaussian vector (by $|\cdot|$ we denote the Euclidean norm on \mathbb{R}^n).

Basic properties of Gaussian vectors fundamental in the proof (see e.g., [DS]).

Fact 1 Let $g \in \mathbb{R}^n$ be a normalized Gaussian random vector. Then for every Borel measurable set $B \subset H$,

$$\mathbb{P}\{\omega \in \Omega \mid g(\omega) \in B\} \le e^{n/2} \operatorname{vol} B/\operatorname{vol} B_2^n.$$
(1)

Furthermore, for any a, b > 0 we have

$$\mathbb{P}\{\omega \in \Omega \mid |g(\omega)| \le a\} \ge 1 - (\sqrt{2}e^{-a^2/4})^n \tag{2}$$

and

$$\mathbb{P}\{\omega \in \Omega \mid |g(\omega)| \ge 1/b\} \ge 1 - (\sqrt{e}/b)^n.$$
(3)

Outline of the Proof. The proof of (1) is very simple. Observe that

$$\mathbb{P}\{\omega \in \Omega \mid g(\omega) \in B\} = (n/2\pi)^{n/2} \int_B \exp\left(-n|x|^2/2\right) dx$$
$$\leq (n/2\pi)^{n/2} \int_B dx \leq C^n \operatorname{vol} B/\operatorname{vol} B_2^n.$$
(4)

Using vol $B_2^n \sim n^{-n/2}$ we get some numerical constant C; to get factor $e^{n/2}$ use the formula for the volume of B_2^n and Stirling's formula,

vol
$$B_2^n = \pi^{n/2} / \Gamma(1 + n/2)$$
.

Estimate (3) immediately follows from (4). The following short proof of (2) is taken from [MT2]. Write a normalized Gaussian vector g in \mathbb{R}^n in the form $g = n^{-1/2} \sum_{i=1}^n h_i e_i$, where h_i are standard N(0, 1) distributed independent Gaussian variables. Fix an arbitrary $\lambda \in (0, 1/2)$. Setting $y = \sqrt{1-2\lambda}t$ we have

$$(2\pi)^{-1/2} \int_{-\infty}^{\infty} e^{(\lambda - 1/2)t^2} dt = (1 - 2\lambda)^{-1/2} (2\pi)^{-1/2} \int_{-\infty}^{\infty} e^{-y^2/2} dy = (1 - 2\lambda)^{-1/2}.$$

Hence for every a > 0 we have

$$\mathbb{P}\left\{ \begin{array}{l} \omega \in \Omega \mid \|g(\omega)\|_{2} \geq a \right\} = \mathbb{P}\left\{ \omega \in \Omega \mid \sum_{i=1}^{n} h_{i}^{2}(\omega) \geq a^{2}n \right\} \\
\leq e^{-a^{2}\lambda n} \int_{\Omega} e^{\lambda \sum_{i=1}^{n} h_{i}^{2}(\omega)} d\mathbb{P}(\omega) = e^{-a^{2}\lambda n} \prod_{i=1}^{n} (2\pi)^{-1/2} \int_{-\infty}^{\infty} e^{(\lambda - 1/2)x_{i}^{2}} dx_{i} \\
\leq \left(e^{-a^{2}\lambda} (1 - 2\lambda)^{-1/2} \right)^{n}.$$
(5)

Letting $\lambda = 1/4$, we get (2).

Let $N \geq 1$. Let g_1, \ldots, g_N be independent normalized Gaussian vectors distributed as g; for convenience denote the underlying probability spaces by $\Omega_1, \ldots, \Omega_N$. We also let $\Omega = \Omega_1 \otimes \ldots \otimes \Omega_N$.

Gluskin's random polytope K_N in \mathbb{R}^n is defined by

$$K_N(\omega) = \operatorname{conv} \{ \pm e_1, \dots, \pm e_n, \pm g_1(\omega_1), \dots, \pm g_N(\omega_N) \},$$
(6)

for $\omega = (\omega_1, \ldots, \omega_N) \in \Omega$.

Now let g'_1, \ldots, g'_N , and g''_1, \ldots, g''_N be independent copies of g, on the corresponding probability spaces Ω'_i 's and Ω''_i 's; and consider appropriate Ω' and Ω'' similar as above.

To avoid sometimes cumbersome dependence of the estimates on the parameters, we shall assume from now on that N = n. Still, in many places we will write N to emphasize the number of random vertices rather than the dimension of the space.

(We should also mention that in some other problems some larger values of N might be needed, like $N \sim n^2$ or some other powers of n.) **Theorem 2** ([G1]) There exist constants c > 0 and $C \ge 1$ such that for $n \ge 1$ and N = n the following is true: The set of pairs $(\omega'.\omega'') \in \Omega' \otimes \Omega''$ such that

$$d(K'_N(\omega'), K''_N(\omega'')) < cn$$

has probability less than $CN \exp(-cn)$. Therefore, with probability close to 1, $d(K'_N(\omega'), K''_N(\omega'')) \ge cn$.

First we pass to subsets $\Omega'_0 \subset \Omega'$ and $\Omega''_0 \subset \Omega''$ such that all Gaussian vectors g'_i and g''_i (for $1 \leq i \leq N$) have the Euclidean norms less than or equal to 2. (By (2), probability of the subset of Ω' on which $|g'_1| \geq 2$ is less than $\exp(-cn)$, therefore removing from Ω' all such subsets for $i = 1, \ldots, N$ results in the estimate $\mathbb{P}'(\Omega'_0) \geq 1 - Ne^{-cn}$. Also, $\mathbb{P}'(\Omega''_0) \geq 1 - Ne^{-cn}$.) The rest of the proof will be done on the space

$$\Omega_0 = \Omega'_0 \otimes \Omega''_0, \tag{7}$$

with probabilities $\mathbb{P}(\Omega'_0)$, $\mathbb{P}(\Omega''_0) \geq 1 - Ne^{-cn}$.

In the main part of the argument $\omega'' \in \Omega_0''$ is fixed, and we investigate the random behaviour depending on $\omega' \in \Omega_0'$.

Steps I, II and III appear in some form in most (or perhaps even all) proofs of this type, and we describe them as we proceed.

Step I. Estimates for a single operator

Recall that below we take N = n. For $\alpha > 0$, a centrally symmetric convex body $B \subset \mathbb{R}^n$, and an operator $T \in L(\mathbb{R}^n)$, we let

$$A(\alpha, B, T) = \{ \omega \in \Omega \mid ||T : K_N(\omega) \to B|| \le \alpha \sqrt{n} \}.$$
(8)

Lemma 3 Let $B \subset \mathbb{R}^n$ be a centrally symmetric convex body. For every operator $T \in L(\mathbb{R}^n)$ with det(T) = 1 and every $\alpha > 0$ one has

$$\mathbb{P}\{A(\alpha, B, T)\} \le \left((c_0 \alpha \sqrt{n})^n \frac{\operatorname{vol} B}{\operatorname{vol} B_2^n} \right)^N.$$

Proof. By Fact 1 we have

$$\mathbb{P}\{A(\alpha, B, T)\} = \mathbb{P}\{T(K_N(\omega)) \subset \alpha \sqrt{nB}\}$$

$$\leq \prod_{i=1}^N \mathbb{P}\{Tg_i(\omega_i) \in \alpha \sqrt{nB}\}$$

$$= \prod_{i=1}^N \mathbb{P}\{g_i(\omega_i) \in \alpha \sqrt{nT^{-1}B}\}$$

$$\leq \prod_{i=1}^N (c_0 \alpha \sqrt{n})^n \frac{\operatorname{vol} T^{-1}B}{\operatorname{vol} B_2^n}$$

$$= \left((c_0 \alpha \sqrt{n})^n \frac{\operatorname{vol} B}{\operatorname{vol} B_2^n} \right)^N,$$

where $c_0 > 0$ is an absolute constant.

Lemma 4 Let $B \subset \mathbb{R}^n$ be a centrally symmetric convex body of the form $B = \operatorname{conv} \{\pm x_1, \ldots, \pm x_M\}$ for M = 2n, and some vectors $x_i \in \mathbb{R}^n$ with the Euclidean norm $|x_i| \leq 2$, for $1 \leq i \leq M$. Then

vol
$$B \le \left(\frac{c_1}{n}\right)^{n/2}$$
,

where $c_1 > 0$ is an absolute constant.

Proof. Write $B = \operatorname{conv} \{y_1, \ldots, y_{2M}\}$ where for every $1 \leq j \leq 2M$, y_j equals to $+x_i$ or $-x_i$ for some $1 \leq i \leq M$. For every subset σ of $\{1, 2, \ldots, 2M\}$ of cardinality n + 1, define B_{σ} by $B_{\sigma} = \operatorname{conv} \{y_j \mid j \in \sigma\}$. By Caratheodory's theorem, $B = \bigcup_{\sigma} B_{\sigma}$. By Hadamard's inequality, vol $B_{\sigma} \leq 2^n \operatorname{vol} B_1^n = 4^n/n!$. So by Stirling's formula

vol
$$B \leq \sum_{\sigma} \text{vol } B_{\sigma} \leq {\binom{4M}{n+1}} \frac{4^n}{n!} \leq {\left(\frac{c_1}{n}\right)^n},$$

where $c_1 > 0$ is an absolute constant.

Conclusion of Step I: For every $\alpha > 0$, any fixed polytope $K_N''(\omega'') \subset 2B_2^n$, and any operator $T \in L(\mathbb{R}^n)$ with det T = 1, we have

$$\mathbb{P}(A(\alpha, K_N'', T)) \le (c_2 \alpha)^{n^2},\tag{9}$$

In fact, it is sufficient to consider the sets $A(\alpha, K''_N, T)$ for a sufficiently dense net in a suitable set of operators.

Step II. Discretization, ε -nets in spaces of operators

Recall that if B_1 is a centrally symmetric convex body in \mathbb{R}^n , and $A \subset \mathbb{R}^n$ and $\delta > 0$ then \mathcal{N} is a δ -net in A with respect to B_1 if $\mathcal{N} \subset A$ and for every $x \in A$ there is $z \in \mathcal{N}$ such that $x - z \in \delta B_1$. The following lemma is standard.

Lemma 5 Let $B_1 \subset B_2$ be two centrally symmetric convex bodies in \mathbb{R}^n . For every subset $A \subset B_2$ there exists a 1-net \mathcal{N} in A with respect to B_1 with cardinality $|\mathcal{N}| \leq 3^n \operatorname{vol} B_2/\operatorname{vol} B_1$.

Proof. Let $\mathcal{N} = \{x_1, \ldots, x_M\}$ be a maximal subset of A satisfying $x_i - x_j \notin B_1$ for all $i \neq j$. The maximality implies that it is a 1-net in A. Consider the set $\bigcup_{i=1}^{M} (x_i + \frac{1}{2}B_1) \subset (1 + \frac{1}{2})B_2$, and note that the sets forming the union are mutually disjoint translates of $\frac{1}{2}B_1$. Thus $M(\frac{1}{2})^n \operatorname{vol} B_1 \leq (\frac{3}{2})^n \operatorname{vol} B_2$. \Box

We shall identify, in the canonical way, operators from $L(\mathbb{R}^n)$ with $n \times n$ matrices, considered as elements of \mathbb{R}^{n^2} . In particular, this allows to consider the n^2 -dimensional volume of any Borel set of operators. We shall consider two sets of operators (B_2^n and B_1^n below denote the unit ball in ℓ_2^n and ℓ_1^n , respectively):

$$B_{op}^{n} = \{ T \in L(\mathbb{R}^{n}) \mid ||T : B_{2}^{n} \to B_{2}^{n}|| \le 1 \},\$$

and, for a centrally symmetric convex body $B \subset \mathbb{R}^n$,

$$B^n_{op,B} = \{ T \in L(\mathbb{R}^n) \mid ||T : B^n_1 \to B|| \le 1 \}.$$

Lemma 6 We have vol $B_{op,B}^n = (\text{vol } B)^n$ and vol $B_{op}^n \ge (c_1/n)^{n^2/2}$, where $c_1 > 0$ is a universal constant.

The ball $B^n_{op,B}$ has a very simple structure: it is just the Cartesian product of n copies of $B, B \times \ldots \times B$. So the formula for the first volume is obvious. The remaining lower bound is by now standard and based on a fundamental upper bound for the norm of a Gaussian matrix. For sake of completeness we briefly describe it – following [MT2] – at the end of this section, and we give a short elementary proof

We formulate the conclusion of Step II in the next corollary.

Corollary 7 Let $B \subset \mathbb{R}^n$ be a centrally symmetric convex body and let t > 0be such that $tB_2^n \subset B$. Every subset $A \subset B_{op,B}^n$ admits a t-net \mathcal{N} , with respect to the operator norm on ℓ_2^n with card $(\mathcal{N}) \leq (C/t)^{n^2} (\text{vol } B/\text{ vol } B_2^n)^n$, where C is an absolute constant.

This follows immediately from Lemmas 6 and 5, by observing that the condition $tB_2^n \subset B$ implies $tB_{op}^n \subset B_{op,B}^n$ (in turn, this observation follows by direct checking on appropriate norms of operators).

Step III. Perturbation argument, the end of the proof

Fix any $\omega'' \in \Omega_0''$ and denote $K_N''(\omega'')$ by \widetilde{K}_N (recall that $\widetilde{K}_N \subset 2B_2^n$).

For any $\alpha > 0$ consider the set $A(\alpha, \widetilde{K}_N)$ of all $\omega' \in \Omega'_0$ such that there exists $T \in L(\mathbb{R}^n)$, with det T = 1 such that $||T : K'_N(\omega') \to \widetilde{K}_N|| \le \alpha \sqrt{n}$. This is our "ultimately bad" set. Any polytope K'_N associated with this set admits operators of small operator norms from K'_N to \widetilde{K}_N . It is clear that we need to remove this set from our considerations.

We have

$$A(\alpha, \widetilde{K}_N) = \bigcup_T A(\alpha, \widetilde{K}_N, T),$$
(10)

where the union runs over all $T \in L(\mathbb{R}^n)$ with det T = 1.

Lemma 8 For sufficiently small $\alpha > 0$ one has, for every $n \ge 1$, $\mathbb{P}(A(\alpha, \widetilde{K}_N)) \le 2^{-n^2}$.

Proof. Let \mathcal{N} be an α -net with minimal cardinality in the set of all operators $T \in L(\mathbb{R}^n)$, with det T = 1 such that $||T : B_1^n \to \widetilde{K}_N|| \leq \alpha \sqrt{n}$, with respect to the operator norm on ℓ_2^n . By Corollary 7, $|\mathcal{N}| \leq C_1^{n^2}$, where $C_1 > 1$ is a universal constant.

We are going to prove that

$$A(\alpha, \widetilde{K}_N) \subset \bigcup_{T \in \mathcal{N}} A(3\alpha, \widetilde{K}_N, T).$$
(11)

Having proved this, by (9) we get

$$\mathbb{P}(\bigcup_{T\in\mathcal{N}}A(3\alpha,\widetilde{K}_N,T))\leq C_1^{n^2}(3c_2\alpha)^{n^2}.$$

In turn, for sufficiently small $\alpha > 0$ this is bounded above by $(1/2)^{n^2}$, concluding the proof.

Comments before proving (11). This is the second crucial point of the argument. The set defined in (10) is described by a certain condition satified for *all* operators T. By comparison, in (11) we consider only a *subset* of operators T, but this is possible because we weaken the appropriate condition (from $\leq \alpha \sqrt{n}$ to $\leq 3\alpha \sqrt{n}$)

Now we prove (11). Fix $\omega' \in A(\alpha, \widetilde{K}_N)$. Let T be an operator with det T = 1 such that $||T : K'_N(\omega') \to \widetilde{K}_N|| \le \alpha \sqrt{n}$. Since K'_N contains the ball B_1^n then $T \in (\alpha \sqrt{n}) B^n_{op, \widetilde{K}_N}$.

Pick $T_0 \in \mathcal{N}$ with $||T - T_0 : B_2^n \to B_2^n|| \le \alpha$. Since

$$n^{-1/2}B_2^n \subset B_1^n \subset K'_N(\omega')$$
 and $\widetilde{K}_N \subset 2B_2^n$,

we get

$$\begin{aligned} \|T_0: K'_N(\omega') \to \widetilde{K}_N\| &\leq \|T: K'_N(\omega') \to \widetilde{K}_N\| + \|T_0 - T: K'_N(\omega') \to \widetilde{K}_N\| \\ &\leq \alpha \sqrt{n} + 2\sqrt{n} \|T_0 - T: B_2^n \to B_2^n\| \leq 3\alpha \sqrt{n}. \end{aligned}$$

Thus $\omega' \in A(3\alpha, \widetilde{K}_N, T_0)$, with $T_0 \in \mathcal{N}$.

Proof of Theorem 2 Fix $\alpha > 0$ satisfying Lemma 8. Denote by \mathcal{Q} the set of all pairs $(\omega', \omega'') \in \Omega'_0 \otimes \Omega''_0$ such that for all $T \in L(\mathbb{R}^n)$ with det T = 1 one has $||T : K'_N(\omega') \to K''_N(\omega'')|| > \alpha \sqrt{n}$. Set $\mathcal{T} = \{(\omega', \omega'') \mid (\omega'', \omega') \in \mathcal{Q}\}$. Using the Fubini theorem for the complement of \mathcal{Q} , by (7) and Lemma 8, we get

$$\mathbb{P} \times \mathbb{P}(\mathcal{Q}) = \mathbb{P} \times \mathbb{P}(\mathcal{T}) \ge 1 - N \exp(-cn) - 2^{-n^2}.$$

Hence $\mathbb{P} \times \mathbb{P}(\mathcal{Q} \cap \mathcal{T}) \ge 1 - 2N \exp(-cn) + 2^{-n^2}).$

To complete the proof note that $d(K'_N(\omega'), K''_N(\omega'')) > \alpha^2 n$ for $(\omega', \omega'') \in \mathcal{Q} \cap \mathcal{T}$. Indeed, let $T \in L(\mathbb{R}^n)$ be an arbitrary isomorphism. By multiplying T by a suitable constant we may assume that det T = 1 and det $T^{-1} = 1$. Hence each of the norms $||T : K'_N(\omega') \to K''_N(\omega'')||$ and $||T^{-1} : K''_N(\omega'') \to K''_N(\omega')||$ is larger than $\alpha \sqrt{n}$.

At the end of the section we give the proof of Lemma 6.

Proof of Lemma 6 The argument for the lower bound for the volume of B_{op}^n is based on well known properties of Gaussian matrices. Let $G(\omega)$ be an $n \times n$ Gaussian matrix whose columns are independent normalized Gaussian

vectors in \mathbb{R}^n . First recall the tail behaviour of a Gaussian matrix: for every a > 0 we have

$$\mathbb{P}\{\omega \mid \|G(\omega) : \ell_2^n \to \ell_2^n\| \ge a\} \le (6\sqrt{2}e^{-a^2/16})^n.$$
(12)

(Although these are definitely not the best constants, but they are rather easy to prove and hence convenient for us to use (see e.g., [MT2] for the proof based on the same ingredients we used here).

Now observe that $n^{-1/2}G$ is a normalized Gaussian vector in \mathbb{R}^{n^2} . Therefore, applying Fact 1 for the set $B = 8n^{-1/2}B_{op}^n \subset \mathbb{R}^{n^2}$ we get

$$\left(\operatorname{vol} B/\operatorname{vol} B_2^{n^2} \right) \ge (n/8^2 e)^{n^2/2} \mathbb{P} \{ \|G : \ell_2^n \to \ell_2^n \| \le 8 \}.$$

By (12), probability of the set above is larger than or equal to 1/2, hence, using the formula for the volume vol $B_2^{n^2}$ we get

vol
$$B_{op}^n \ge (1/2)(n/8^2 e)^{n^2/2}$$
 vol $B_2^n \ge (c'/n)^{n^2/2}$,

where c' > 0 is a universal constant.

Finally, for the convenience of a non-specialist reader, we sketch the argument for (12).

Fix an arbitrary a' > 0. Since matrices G and GU have the same distribution for any fixed orthogonal matrix U, then by (2) we have, for every $x \in S^{n-1}$,

$$\mathbb{P}\{\|G(\omega)x\|_2 > a'\} = \mathbb{P}\{\|G(\omega)e_1\|_2 > a'\} \le (\sqrt{2}e^{-a'^2/4})^n.$$

By Lemma 5, the unit sphere S^{n-1} admits an 1/2-net \mathcal{N} with respect to $\|\cdot\|_2$ with cardinality not greater than 6^n . Set $A = \{\omega \in \Omega \mid \|G(\omega)x\|_2 \leq a'$ for all $x \in \mathcal{N}\}$. Then $\mathbb{P}(A) \geq 1 - (6\sqrt{2}e^{-a'^2/4})^n$. An easy approximation argument shows that $\|G(\omega) : \ell_2^n \to \ell_2^n\| \leq 2a'$ for every $\omega \in A$. Thus the conclusion follows from the estimate for $\mathbb{P}(A)$, setting a' = a/2. \Box

2 Banach–Mazur distances between random projections of convex bodies

Gluskin's random polytopes K_N in \mathbb{R}^n investigated in the previous section are obtained as linear images of the higher dimensional cross-polytope $B_1^{N'}$ in $\mathbb{R}^{N'}$, where N' = n + N = 2n. Indeed, (6) defines K_N via certain matrix, a part of which is a random Gaussian matrix. This matrix can be actually made into a full $n \times N'$ random Gaussian matrix, although the proofs are more technically complicated. Some results of this type were also proved by various authors for *Gaussian projections* of the balls $B_p^{N'}$ for 1 .This in turn leads to similar result about Banach-Mazur distance between $random orthogonal projections <math>P_H(B_1^{N'})$ or $P_H(B_p^{N'})$ (One should however note that passing from Gaussian results to analogous results for projections is not purely formal and sometimes a rather delicate matter.)

It is very interesting that similar results are true for random projections of an *arbitrary* centrally symmetric convex body $K \subset \mathbb{R}^N$. As an example of just one such result, the diameter of a family of random *n*-dimensional orthogonal projections of such a body $K \subset \mathbb{R}^N$ (for any $1 \le n < N$ was studied in [MT1] and it was shown that this diameter is larger than or equal to the square of the Euclidean distances of random *k*-dimensional projections of the body (where $k = (1/2 - \varepsilon)n$, for any $\varepsilon > 0$). More precisely,

Theorem 9 For $1 \leq n \leq N$ denote by $G_{N,n}$ the Grassmann manifold of *n*-dimensional subspaces of \mathbb{R}^N with the normalized Haar measure $\mu_{N,n}$; and for a subspace $H \subset \mathbb{R}^N$, by P_H denote the orthogonal projection onto H. Let K be a symmetric convex body in \mathbb{R}^N such that the Euclidean unit ball B_2^N is the ellipsoid of minimal volume containing K, let $0 < \lambda < 1$ and assume that $n \leq \lambda N$. Then

$$\int_{G_{N,n}} \int_{G_{N,n}} d\left(P_{H_1}(K), P_{H_2}(K)\right) d\mu_{N,n}(H_1) d\mu_{N,n}(H_2) \\ \ge c \left(\int_{G_{N,m}} d\left(P_H(K), B_2^m\right) d\mu_{N,m}(H) \right)^2, \tag{13}$$

where $c = c(\lambda) > 0$ depends on λ only, and $m = \lfloor 2n/5 \rfloor$, say.

In particular this shows that (up to the drop in the dimension) the Banach–Mazur distance between random *n*-dimensional projections of an arbitrary symmetric convex body $K \subset \mathbb{R}^n$ is of maximal order allowed by a given Euclidean distance of random projections of K of a slightly smaller dimension. We should also observe that the drop of dimension is necessary and the formula is in a certain sense optimal.

Most of results in this and related directions proved before 2000 are described in the survey paper [MT2] and references therein. Theorem 9 is a main result of [MT1]; further developments and applications of the theory can be found in later papers by various authors.

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