



PEER SUPPORT
CENTRE

We listen. Seriously.

FREE • SAFE • CONFIDENTIAL

If you are feeling **stressed** or **overwhelmed**, you are not alone.

At the **Peer Support Centre**, we're here to listen. **No issue is too big or too small**



To talk with one of our highly trained student volunteers:

Drop In: 2-707 SUB

Mon-Fri: 9am-8pm

Call our HelpLine: 780-492-4357 (492-HELP)

To make an appointment, phone: 780-492-4268

www.su.ualberta.ca/psc
facebook.com/peersupportcentre

