

Norms of weighted sums of log-concave random vectors

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The question

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$$\|\mathbf{t}\|_{\mathcal{C}, K} = \frac{1}{\prod_{j=1}^s \text{vol}_n(C_j)} \int_{C_1} \cdots \int_{C_s} \left\| \sum_{j=1}^s t_j x_j \right\|_K dx_s \cdots dx_1,$$

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Question (V. Milman)

To examine if, in the case $C = K$, one has that $\|\cdot\|_{K^s,K}$ is equivalent to the standard Euclidean norm up to a term which is logarithmic in the dimension, and in particular, if under some cotype condition on the norm induced by K to \mathbb{R}^n one has equivalence between $\|\cdot\|_{K^s,K}$ and the Euclidean norm.

- Bourgain, Meyer, V. Milman and Pajor (80's) obtained the lower bound

$$\|\mathbf{t}\|_{c,K} \geq c\sqrt{s} \left(\prod_{j=1}^s |t_j| \right)^{1/s} \left(\prod_{j=1}^s \text{vol}_n(C_j) \right)^{\frac{1}{sn}} / \text{vol}_n(K)^{1/n},$$

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Gluskin-Milman

Let A_1, \dots, A_s be measurable sets in \mathbb{R}^n and K be a star body in \mathbb{R}^n with $0 \in \text{int}(K)$. Then, for all $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$,

$$\|\mathbf{t}\|_{\mathcal{A},K} := \frac{1}{\prod_{j=1}^s \text{vol}_n(A_j)} \int_{A_1} \cdots \int_{A_s} \left\| \sum_{j=1}^s t_j x_j \right\|_K dx_s \cdots dx_1 \geq c \left(\sum_{j=1}^s t_j^2 \left(\frac{\text{vol}_n(A_j)}{\text{vol}_n(K)} \right)^{2/n} \right)^{1/2},$$

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where $c > 0$ is an absolute constant. Equivalently, if $\text{vol}_n(A_j) = \text{vol}_n(K)$ for all $1 \leq j \leq s$ then

$$\|\mathbf{t}\|_{\mathcal{A},K} \geq c \|\mathbf{t}\|_2$$

for all $\mathbf{t} \in \mathbb{R}^s$.

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- Using the BLL-inequality, write

$$\begin{aligned} \int_{A_1} \cdots \int_{A_s} \mathbf{1}_K \left(\sum_{i=1}^s t_i x_i \right) dx_s \cdots dx_1 &= \int_{\mathbb{R}^n} \cdots \int_{\mathbb{R}^n} \mathbf{1}_K \left(\sum_{i=1}^s t_i x_i \right) \prod_{i=1}^s \mathbf{1}_{A_i}(x_i) dx_s \cdots dx_1 \\ &\leq \int_{\mathbb{R}^n} \cdots \int_{\mathbb{R}^n} \mathbf{1}_{B_2^n} \left(\sum_{i=1}^s t_i x_i \right) \prod_{i=1}^s \mathbf{1}_{B_2^n}(x_i) dx_s \cdots dx_1 = \int_{B_2^n} \cdots \int_{B_2^n} \mathbf{1}_{B_2^n} \left(\sum_{i=1}^s t_i x_i \right) dx_s \cdots dx_1. \end{aligned}$$

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- Next, use the observation that

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- It follows that

$$\begin{aligned} \|t\|_{A_i, K} &= \int_{A_1} \cdots \int_{A_s} \left\| \sum_{i=1}^s t_i x_i \right\|_K \frac{dx_s \cdots dx_1}{\prod \text{vol}_n(A_i)} \\ &\geq \int_{B_2^n} \cdots \int_{B_2^n} \left\| \sum_{i=1}^s t_i x_i \right\|_{B_2^n} \frac{dx_s \cdots dx_1}{\text{vol}_n(B_2^n)^s}. \end{aligned}$$

- To give a lower bound for this quantity, write

$$\begin{aligned} \int_{B_2^n} \cdots \int_{B_2^n} \left\| \sum_{i=1}^s t_i x_i \right\|_{B_2^n} \frac{dx_s \cdots dx_1}{\text{vol}_n(B_2^n)^s} &= \int_{B_2^n} \cdots \int_{B_2^n} \text{Ave}_{\varepsilon_i = \pm 1} \left\| \sum_{i=1}^s \varepsilon_i t_i x_i \right\|_{B_2^n} \frac{dx_s \cdots dx_1}{\text{vol}_n(B_2^n)^s} \\ &\geq \frac{1}{\sqrt{2}} \int_{B_2^n} \cdots \int_{B_2^n} \left(\sum_{i=1}^s t_i^2 |x_i|^2 \right)^{1/2} \frac{dx_s \cdots dx_1}{\text{vol}_n(B_2^n)^s}, \end{aligned}$$

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- To finish the proof one may use the inequality

$$\|f\|_2 \leq \|f\|_1^{1/3} \|f\|_4^{2/3}$$

for the function $f(x) = \left(\sum_{i=1}^s t_i^2 |x_i|^2 \right)^{1/2}$ defined on \mathbb{R}^{ns} to estimate the last integral and get the result with

$$c = \frac{1}{\sqrt{2}} \left(\frac{n}{n+2} \right)^{3/2} \sqrt{\frac{n+4}{n}} \rightarrow \frac{1}{\sqrt{2}} \quad \text{as } n \rightarrow \infty.$$

G.-Chasapis-Skarmogiannis

Let $\mathcal{C} = (C_1, \dots, C_s)$ be an s -tuple of symmetric convex bodies and K be a symmetric convex body in \mathbb{R}^n with $\text{vol}_n(C_j) = \text{vol}_n(K) = 1$. Then, for any $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$,

$$\|\mathbf{t}\|_{\mathcal{C}, \kappa} \geq \frac{n}{e(n+1)} \|\mathbf{t}\|_2.$$

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An identity

Let X_1, \dots, X_s be independent random vectors, uniformly distributed on C_1, \dots, C_s respectively. Given $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$, we write $\nu_{\mathbf{t}}$ for the distribution of the random vector $t_1 X_1 + \dots + t_s X_s$. Then,

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$$\|\mathbf{t}\|_{\mathcal{C}, K} = \int_{\mathbb{R}^n} \|x\|_K d\nu_{\mathbf{t}}(x).$$

- Note that $\nu_{\mathbf{t}}$ is an even log-concave probability measure on \mathbb{R}^n . We write $g_{\mathbf{t}}$ for the density of $\nu_{\mathbf{t}}$.

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- Let $\mathbf{t} \in \mathbb{R}^s$ with $\|\mathbf{t}\|_2 = 1$ and $t_1, \dots, t_s \geq 0$. Then, if X_1, \dots, X_s are independent random vectors with densities g_1, \dots, g_s , by an equivalent form of the Shannon-Stam inequality, we have that $h(t_1 X_1 + \dots + t_s X_s) \geq \sum_{j=1}^s t_j^2 h(X_j)$.

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which implies that $\|g_{\mathbf{t}}\|_{\infty} \leq e^n \prod_{j=1}^s \|g_j\|_{\infty}^{t_j^2}$.

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- In our case, $g_j = \mathbf{1}_{C_j}$, therefore $\|g_j\|_{\infty} = 1$ and the lemma follows.

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If $\|\mathbf{t}\|_2 = 1$ then $\|\mathbf{g}_t\|_\infty \leq e^n$.

Lemma 2

Let f be a bounded positive density of a probability measure μ on \mathbb{R}^n . For any symmetric convex body K in \mathbb{R}^n and any $p > 0$ one has

$$\left(\frac{n}{n+p}\right)^{1/p} \leq \left(\int_{\mathbb{R}^n} \|x\|_K^p f(x) dx\right)^{1/p} \|f\|_\infty^{1/n} \text{vol}_n(K)^{1/n}.$$

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- We apply Lemma 2 for the log-concave probability measure $\nu_{\mathbf{t}}$. For any $\mathbf{t} \in \mathbb{R}^s$ with $\|\mathbf{t}\|_2 = 1$ we have $\|g_{\mathbf{t}}\|_{\infty} = g_{\mathbf{t}}(0) \leq e^n$, therefore

$$\frac{n}{n+1} \leq e \text{vol}_n(K)^{1/n} \int_{\mathbb{R}^n} \|x\|_K d\nu_{\mathbf{t}}(x) = e \text{vol}_n(K)^{1/n} \|\mathbf{t}\|_{C,K}.$$

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- This shows that if $\mathcal{C} = (C_1, \dots, C_s)$ is an s -tuple of symmetric convex bodies of volume 1 and K is a symmetric convex body in \mathbb{R}^n then, for any $s \geq 1$ and any $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$

$$\|\mathbf{t}\|_{C,K} \geq \frac{n}{e(n+1)} \text{vol}_n(K)^{-1/n} \|\mathbf{t}\|_2.$$

- A convex body C in \mathbb{R}^n is called isotropic if it has volume 1, it is centered, i.e. its barycenter is at the origin, and its inertia matrix is a multiple of the identity matrix: there exists a constant $L_C > 0$ such that

$$\|\langle \cdot, \xi \rangle\|_{L_2(C)}^2 := \int_C \langle x, \xi \rangle^2 dx = L_C^2$$

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- The hyperplane conjecture asks if there exists an absolute constant $A > 0$ such that

$$L_n := \max\{L_C : C \text{ is isotropic in } \mathbb{R}^n\} \leq A$$

for all $n \geq 1$.

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- We shall use the fact that if C is isotropic then $R(C) \leq cnL_C$ for some absolute constant $c > 0$.
- The hyperplane conjecture asks if there exists an absolute constant $A > 0$ such that

$$L_n := \max\{L_C : C \text{ is isotropic in } \mathbb{R}^n\} \leq A$$

for all $n \geq 1$.

- Bourgain proved that $L_n \leq c\sqrt[4]{n} \log n$; later, Klartag improved this bound to $L_n \leq c\sqrt[4]{n}$.

- A Borel measure μ on \mathbb{R}^n is called log-concave if $\mu(\lambda A + (1 - \lambda)B) \geq \mu(A)^\lambda \mu(B)^{1-\lambda}$ for any compact subsets A and B of \mathbb{R}^n and any $\lambda \in (0, 1)$.

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- If μ is a log-concave measure on \mathbb{R}^n with density f_μ , we define the isotropic constant of μ by

$$L_\mu := \left(\frac{\sup_{x \in \mathbb{R}^n} f_\mu(x)}{\int_{\mathbb{R}^n} f_\mu(x) dx} \right)^{\frac{1}{n}} [\det \text{Cov}(\mu)]^{\frac{1}{2n}},$$

where $\text{Cov}(\mu)$ is the covariance matrix of μ with entries

$$\text{Cov}(\mu)_{ij} := \frac{\int_{\mathbb{R}^n} x_i x_j f_\mu(x) dx}{\int_{\mathbb{R}^n} f_\mu(x) dx} - \frac{\int_{\mathbb{R}^n} x_i f_\mu(x) dx}{\int_{\mathbb{R}^n} f_\mu(x) dx} \frac{\int_{\mathbb{R}^n} x_j f_\mu(x) dx}{\int_{\mathbb{R}^n} f_\mu(x) dx}.$$

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- We say that a log-concave probability measure μ on \mathbb{R}^n is isotropic if it is centered, i.e. if

$$\int_{\mathbb{R}^n} \langle x, \xi \rangle d\mu(x) = \int_{\mathbb{R}^n} \langle x, \xi \rangle f_\mu(x) dx = 0$$

for all $\xi \in S^{n-1}$, and $\text{Cov}(\mu)$ is the identity matrix.

- If C is a centered convex body of volume 1 in \mathbb{R}^n then we say that a direction $\xi \in S^{n-1}$ is a ψ_α -direction (where $1 \leq \alpha \leq 2$) for C with constant $\varrho > 0$ if

$$\|\langle \cdot, \xi \rangle\|_{L_{\psi_\alpha}(C)} \leq \varrho \|\langle \cdot, \xi \rangle\|_{L_2(C)},$$

where

$$\|\langle \cdot, \xi \rangle\|_{L_{\psi_\alpha}(C)} := \inf \left\{ t > 0 : \int_C \exp((|\langle x, \xi \rangle|/t)^\alpha) dx \leq 2 \right\}.$$

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- Similar definitions may be given in the context of a centered log-concave probability measure μ on \mathbb{R}^n .
- From log-concavity it follows that every $\xi \in S^{n-1}$ is a ψ_1 -direction for any C or μ with an absolute constant ϱ : there exists $\varrho > 0$ such that

$$\|\langle \cdot, \xi \rangle\|_{L_{\psi_1}(\mu)} \leq \varrho \|\langle \cdot, \xi \rangle\|_{L_2(\mu)}$$

for all $n \geq 1$, all centered log-concave probability measures μ on \mathbb{R}^n and all $\xi \in S^{n-1}$.

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- From Lemma 1

$$L_{\mu_{\mathbf{t}}} = \|f_{\mathbf{t}}\|_{\infty}^{\frac{1}{n}} = L_C \|g_{\mathbf{t}}\|_{\infty}^{\frac{1}{n}} \leq e L_C$$

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- We assume that C is an isotropic convex body in \mathbb{R}^n . We shall try to give upper estimates for $\|\mathbf{t}\|_{C^s, K}$, where K is a symmetric convex body in \mathbb{R}^n .
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- We also have

$$\|\mathbf{t}\|_{C^s, K} = \int_{\mathbb{R}^n} \|x\|_K d\nu_{\mathbf{t}}(x) = L_C^{-n} \int_{\mathbb{R}^n} \|x\|_K f_{\mathbf{t}}(x/L_C) dx = L_C \int_{\mathbb{R}^n} \|y\|_K d\mu_{\mathbf{t}}(y).$$

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Upper bounds

- Since $\|\mathbf{t}\|_{C^s, K} = \|\mathbf{t}\|_{(TC)^s, TK}$ for any $T \in SL(n)$, we may restrict our attention to the case where C is isotropic.
- In this case

$$\|\mathbf{t}\|_{C^s, K} = \|\mathbf{t}\|_2 L_C h_1(\mu_{\mathbf{t}}, K),$$

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- Note that if μ is isotropic and K is a symmetric convex body of volume 1 in \mathbb{R}^n then

$$\begin{aligned} \int_{O(n)} h_1(\mu, U(K)) d\nu(U) &= \int_{\mathbb{R}^n} \int_{O(n)} \|x\|_{U(K)} d\nu(U) d\mu(x) \\ &= M(K) \int_{\mathbb{R}^n} \|x\|_2 d\mu(x) \approx \sqrt{n} M(K), \end{aligned}$$

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- It follows that $\int_{O(n)} \|\mathbf{t}\|_{U(C)^s, K} \approx (L_C \sqrt{n} M(K)) \|\mathbf{t}\|_2$.
- Therefore, our goal is to obtain a constant of the order of $L_C \sqrt{n} M(K)$ in our upper estimate for $\|\mathbf{t}\|_{C^s, K}$.

- In particular, in the case $C = K$ we may assume that K is isotropic, and an optimal upper bound would be $O(L_K \sqrt{n} M(K_{\text{iso}}))$.

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- There, it is also shown that in the case where K is a ψ_2 -body with constant ϱ one has

$$M(K_{\text{iso}}) \leq \frac{c \sqrt[3]{\varrho} (\log n)^{1/3}}{\sqrt[6]{n} L_K}.$$

A simple upper bound

Let C be an isotropic convex body in \mathbb{R}^n and K be a symmetric convex body in \mathbb{R}^n . If $R(K^\circ)$ is the radius of K° then, for any $s \geq 1$ and $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$,

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For the proof we use the identity $\|\mathbf{t}\|_{C^s, K} = \|\mathbf{t}\|_2 L_C I_1(\mu_{\mathbf{t}}, K)$ and the simple inequality $\|y\|_K \leq b \|y\|_2$, where $b = b(K) = R(K^\circ)$. Note that

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An application: If K is a symmetric convex body in \mathbb{R}^n then the modulus of convexity of K is the function $\delta_K : (0, 2] \rightarrow \mathbb{R}$ defined by

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- Examples of 2-convex bodies are given by the unit balls of subspaces of L_p -spaces, $1 < p \leq 2$; one can check that the definition is satisfied with $\alpha \approx p - 1$.

2-convex bodies

Let C be an isotropic convex body in \mathbb{R}^n and K be an isotropic symmetric convex body in \mathbb{R}^n which is also 2-convex with constant α . Then for any $s \geq 1$ and $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$,

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where $c > 0$ is an absolute constant. In particular, for any symmetric convex body K in \mathbb{R}^n which is 2-convex with constant α , we have that

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where $c > 0$ is an absolute constant. In particular, for any symmetric convex body K in \mathbb{R}^n which is 2-convex with constant α , we have that

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Proof: The first claim follows from the fact that $R(K^\circ) \leq c_2^{-1}/(\sqrt{\alpha}\sqrt{n})$.

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$$\mathbb{E}_{K^s} \left\| \sum_{j=1}^s t_j x_j \right\|_K \leq \frac{c_2^{-1} L_K}{\sqrt{\alpha}} \|\mathbf{t}\|_2 \leq \frac{c_3}{\alpha} \|\mathbf{t}\|_2.$$

G.-Chasapis-Skarmogiannis

Let C be an isotropic convex body in \mathbb{R}^n and K be a symmetric convex body in \mathbb{R}^n . Then,

$$\|\mathbf{t}\|_{C^s, K} \leq c \left(L_C \max \left\{ \sqrt[4]{n}, \sqrt{\log(1+s)} \right\} \right) \sqrt{n} M(K) \|\mathbf{t}\|_2$$

for every $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$, where $c > 0$ is an absolute constant.

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- Assume that $\|\mathbf{t}\|_2 = 1$. Our starting point will be again

$$\|\mathbf{t}\|_{C^s, K} = L_C h_1(\mu_{\mathbf{t}}, K),$$

so we try to give an upper bound for $h_1(\mu_{\mathbf{t}}, K)$.

A general upper bound

We shall use a number of facts.

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If μ is an isotropic log-concave probability measure on \mathbb{R}^n , then

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Support

Since $R(C) \leq c_2 n L_C$ and $\text{supp}(\nu_{\mathbf{t}}) \subseteq sC$, we have that

$$\text{supp}(\mu_{\mathbf{t}}) \subseteq \frac{s}{L_C} C \subseteq (c_2 ns) B_2^n$$

for any $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$ with $\|\mathbf{t}\|_2 = 1$.

A general upper bound

- We fix $r \geq 1$ and set $C_t(r) = \text{supp}(\mu_t) \cap c_1 r \sqrt{n} B_2^n$. We may write

$$\begin{aligned} \int_{\mathbb{R}^n} \|x\|_K d\mu_t(x) &= \int_{C_t(r)} \|x\|_K d\mu_t(x) + \int_{\text{supp}(\mu_t) \setminus C_t(r)} \|x\|_K d\mu_t(x) \\ &\leq \int_{C_t(r)} \|x\|_K d\mu_t(x) + b(K) \int_{\text{supp}(\mu_t) \setminus C_t(r)} \|x\|_2 d\mu_t(x) \\ &\leq \int_{C_t(r)} \|x\|_K d\mu_t(x) + b(K) (c_2 n s) e^{-r\sqrt{n}}. \end{aligned}$$

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- For the first term, we consider the log-concave probability measure $\mu_{t,r}$ with density

$$\frac{1}{\mu_t(C_t(r))} \mathbf{1}_{C_t(r)} f_t$$

and the stochastic process $(w_y)_{y \in K^\circ}$ on $(\mathbb{R}^n, \mu_{t,r})$, where $w_y(x) = \langle x, y \rangle$.

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- We consider a standard Gaussian random vector G in \mathbb{R}^n , and for $y \in K^\circ$ set $h_y(G) = \langle G, y \rangle$. Note that

$$\mathbb{E} \left(\max_{y \in K^\circ} h_y(G) \right) = \mathbb{E} \|G\|_K \approx \sqrt{n} M(K).$$

A general upper bound

To bound $\mathbb{E}(\max_{y \in K^\circ} w_y)$, we will use Talagrand's comparison theorem.

Talagrand

If $(Y_t)_{t \in T}$ is a Gaussian process and $(X_t)_{t \in T}$ is a stochastic process such that

$$\|X_s - X_t\|_{\psi_2} \leq \alpha \|Y_s - Y_t\|_2$$

for some $\alpha > 0$ and every $s, t \in T$, then

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- It is easily checked that $\|h_y - h_z\|_2 = \|y - z\|_2$ for all $y, z \in K^\circ$. To bound the ψ_2 norm of $w_y - w_z$, we use the inequality $\|h\|_{\psi_2} \leq \sqrt{\|h\|_{\psi_1} \|h\|_\infty}$. Note that

$$\|w_y - w_z\|_{L^\infty(\mu_{t,r})} \leq R(C_t(r)) \|y - z\|_2 \leq c_1 r \sqrt{n} \|y - z\|_2$$

and we also have

$$\|w_y - w_z\|_{L^{\psi_1}(\mu_{t,r})} \leq c_3 \|w_y - w_z\|_{L^2(\mu_{t,r})} \leq 2c_3 \|y - z\|_2$$

for some absolute constant $c_3 > 0$ (here we also use the fact that $\mu(C_t(r)) \geq 1 - e^{-r\sqrt{n}} \geq 1/2$). It follows that

$$\|w_y - w_z\|_{L^{\psi_2}(\mu_{t,r})} \leq c_4 \sqrt{r} \sqrt[4]{n} \|h_y - h_z\|_2.$$

- Then,

$$\begin{aligned} \int_{C_t(r)} \|x\|_K d\mu_t(x) &= \mu_t(C_t(r)) \mathbb{E}_{\mu_{t,r}} \left(\max_{y \in K^\circ} w_y \right) \leq c_5 \sqrt{r} \sqrt[4]{n} \mathbb{E} \left(\max_{y \in K^\circ} h_y \right) \\ &\approx \sqrt{r} \sqrt[4]{n} \sqrt{n} M(K). \end{aligned}$$

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- Finally,

$$\int_{\mathbb{R}^n} \|x\|_K d\mu_t(x) \leq c'_1 \left(\sqrt{r} \sqrt[4]{n} \sqrt{n} M(K) + b(K) n s e^{-r\sqrt{n}} \right).$$

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- Therefore,

$$\|\mathbf{t}\|_{C^s, K} = L_C h_1(\mu_t, K) \leq \left(c'_2 L_C \max \left\{ 1, \frac{\sqrt{\log(1+s)}}{\sqrt[4]{n}} \right\} \sqrt[4]{n} \right) \sqrt{n} M(K)$$

as claimed.

- Adapting the proof of the previous theorem one can show that if C is assumed a ψ_2 -body with constant ϱ , which means that every direction ξ is a ψ_2 -direction for C with constant ϱ , then a much better estimate is available.

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 ψ_2 -case

Let C be an isotropic convex body in \mathbb{R}^n , which is a ψ_2 -body with constant ϱ , and K be a symmetric convex body in \mathbb{R}^s . Then for any $s \geq 1$ and every $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$,

$$\|\mathbf{t}\|_{C^s, K} \leq c\varrho^2 \sqrt{n}M(K) \|\mathbf{t}\|_2$$

where $c > 0$ is an absolute constant.

- Let K be a symmetric convex body in \mathbb{R}^n . Recall that if X_K is the normed space with unit ball K , we write $C_{2,k}(X_K)$ for the best constant $C > 0$ such that

$$\left(\mathbb{E}_\epsilon \left\| \sum_{i=1}^k \epsilon_i x_i \right\|_K^2 \right)^{1/2} \geq \frac{1}{C} \left(\sum_{i=1}^k \|x_i\|_K^2 \right)^{1/2}$$

for all $x_1, \dots, x_k \in X$. Then, the cotype-2 constant of X_K is defined as $C_2(X_K) := \sup_k C_{2,k}(X_K)$.

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- Replacing the ϵ_j 's by independent standard Gaussian random variables g_j in the definition above, one may define the Gaussian cotype-2 constant $\alpha_2(X_K)$ of X_K . One can check that $\alpha_2(X_K) \leq C_2(X_K)$.

E. Milman

If μ is a finite, compactly supported isotropic measure on \mathbb{R}^n then, for any symmetric convex body K in \mathbb{R}^n ,

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Cotype-2 case

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$$\mathbb{E}_{C^s} \left\| \sum_{j=1}^s t_j x_j \right\|_K \leq (c_1 L_C C_2(X_K) \sqrt{n} M(K)) \|\mathbf{t}\|_2$$

where $c_1 > 0$ is an absolute constant.

- For the proof we combine the identity

$$\|\mathbf{t}\|_{C,K} = \int_{\mathbb{R}^n} \|x\|_K d\nu_{\mathbf{t}}(x) = L_C I_1(\mu_{\mathbf{t}}, K)$$

with the bound $I_1(\mu_{\mathbf{t}}, K) \leq c_1 C_2(X_K) \sqrt{n} M(K)$ to get

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- In particular, for any symmetric convex body K of volume 1 in \mathbb{R}^n we have that

$$\mathbb{E}_{K^s} \left\| \sum_{j=1}^s t_j x_j \right\|_K \leq (c_2 L_K C_2(X_K) \sqrt{n} M(K_{\text{iso}})) \|\mathbf{t}\|_2,$$

where K_{iso} is an isotropic image of K .

Unconditional case

There exists an absolute constant $c > 0$ with the following property: if K and C_1, \dots, C_s are isotropic unconditional convex bodies in \mathbb{R}^n then, for every $q \geq 1$,

$$\left(\int_{C_1} \dots \int_{C_s} \left\| \sum_{j=1}^s t_j x_j \right\|_K^q dx_1 \dots dx_s \right)^{1/q} \leq cn^{1/q} \sqrt{q} \cdot \max\{\|\mathbf{t}\|_2, \sqrt{q}\|\mathbf{t}\|_\infty\} \leq cn^{1/q} q \|\mathbf{t}\|_2,$$

for every $\mathbf{t} = (t_1, \dots, t_s) \in \mathbb{R}^s$. In particular,

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- The proof makes use of the comparison theorem of Bobkov and Nazarov.

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- Since $\overline{B_p^n}$ is isotropic and its isotropic constant is also bounded by an absolute constant, the general estimate for the cotype-2 case gives

$$\|\mathbf{t}\|_{\overline{B_p^n}^s, \overline{B_p^n}} \leq c_1 \|\mathbf{t}\|_2$$

for every $s \geq 1$ and $\mathbf{t} \in \mathbb{R}^s$, where $c_1 > 0$ is an absolute constant.

- Next, let us assume that $2 \leq q \leq \infty$. It is then known that $\text{vol}_n(B_q^n)^{1/n} \approx n^{-\frac{1}{q}}$ and

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$$M(\overline{B_q^n}) = \text{vol}_n(B_q^n)^{1/n} M(B_q^n) \approx \min\{\sqrt{q}, \sqrt{\log n}\} / \sqrt{n}.$$

- Next, let us assume that $2 \leq q \leq \infty$. It is then known that $\text{vol}_n(B_q^n)^{1/n} \approx n^{-\frac{1}{q}}$ and

$$M(B_q^n) \approx \min\{\sqrt{q}, \sqrt{\log n}\} n^{\frac{1}{q} - \frac{1}{2}}.$$

- It follows that

$$M(\overline{B_q^n}) = \text{vol}_n(B_q^n)^{1/n} M(B_q^n) \approx \min\{\sqrt{q}, \sqrt{\log n}\} / \sqrt{n}.$$

- Since $\overline{B_q^n}$ is an isotropic ψ_2 -convex body with constant $\varrho \approx 1$ (independent from q and n), and its isotropic constant is also bounded by an absolute constant, the general estimate for the ψ_2 -case gives

$$\|\mathbf{t}\|_{\overline{B_q^n}^s, \overline{B_q^n}} \leq c_2 \min\{\sqrt{q}, \sqrt{\log n}\} \|\mathbf{t}\|_2$$

for every $s \geq 1$ and $\mathbf{t} \in \mathbb{R}^s$, where $c_2 > 0$ is an absolute constant.