# The covering numbers and "low $M^{*}$-estimate" for quasi-convex bodies. 

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#### Abstract

This article gives estimates on the covering numbers and diameters of random proportional sections and projections of quasi-convex bodies in $\mathbb{R}^{n}$. These results were known for the convex case and played an essential role in the development of the theory. Because duality relations cannot be applied in the quasi-convex setting, new ingredients were introduced that give new understanding for the convex case as well.


## 1. Introduction and notation.

Let $|\cdot|$ be a Euclidean norm on $\mathrm{R}^{n}$ and $D$ be the ellipsoid associated to this norm. Denote

$$
A(n, k)=\sqrt{\frac{n}{k}} \int_{S^{n-1}} \sqrt{\sum_{i=1}^{k} x_{i}^{2}} d \sigma(x)=\frac{\sqrt{n} \Gamma\left(\frac{k+1}{2}\right) \Gamma\left(\frac{n}{2}\right)}{\sqrt{k} \Gamma\left(\frac{k}{2}\right) \Gamma\left(\frac{n+1}{2}\right)},
$$

where $\sigma$ is the normalized rotationally invariant measure on the Euclidean sphere $S^{n-1}$ and $\Gamma(\cdot)$ is the Gamma-function. Then $A(n, k)<1$ and $A(n, k) \longrightarrow 1$ as $n, k \longrightarrow \infty$. For any star-body $K$ in $\mathrm{R}^{n}$ define $M_{K}=\int_{S^{n-1}}\|x\| d \sigma(x)$, where $\|x\|$ is the gauge of $K$. Let $M_{K}^{*}$ be $M_{K^{0}}$, where $K^{0}$ is the polar of $K$. For any

[^0]subsets $K_{1}, K_{2}$ of $\mathbb{R}^{n}$ denote by $N\left(K_{1}, K_{2}\right)$ the smallest number $N$ such that there are N points $y_{1}, \ldots, y_{N}$ in $K_{1}$ such that
$$
K_{1} \subset \bigcup_{i=1}^{N}\left(y_{i}+K_{2}\right) .
$$

Recall that a body $K$ is called quasi-convex if there is a constant $c$ such that $K+K \subset c K$, and given a $p \in(0,1]$ a body $K$ is called $p$-convex if for any $\lambda, \mu>0$ satisfying $\lambda^{p}+\mu^{p}=1$ and any points $x, y \in K$ the point $\lambda x+\mu y$ belongs to $K$. Note that for the gauge $\|\cdot\|=\|\cdot\|_{K}$ associated with the quasi-convex ( $p$-convex) body $K$ the following inequality holds for any $x, y \in \mathbb{R}^{n}$ :

$$
\|x+y\| \leq c \max \{\|x\|,\|y\|\} \quad\left(\|x+y\|^{p} \leq\|x\|^{p}+\|y\|^{p}\right) .
$$

In particular, every $p$-convex body $K$ is also quasi-convex and $K+K \subset 2^{1 / p} K$. A more delicate result is that for every quasi-convex body $K(K+K \subset c K)$ there exists a $q$-convex body $K_{0}$ such that $K \subset K_{0} \subset 2 c K$, where $2^{1 / q}=2 c$. This is the Aoki-Rolewicz theorem ([KPR], [R], see also [K], p.47). In this note by a body we always mean a compact star-body, i.e. a body $K$ satisfying $t K \subset K$ for all $t \in[0,1]$.

Let us recall the so-called "low $M^{*}$-estimate" result.
Theorem 1 Let $\lambda \in(0,1)$ and $n$ be large enough. Let $K$ be a centrally-symmetric convex body in $\mathbb{R}^{n}$ and $\|\cdot\|$ be the gauge of $K$. Then there exists a subspace $E$ of $\left(\mathbb{R}^{n},\|\cdot\|\right)$ such that $\operatorname{dim} E=[\lambda n]$ and for any $x \in E$ the following inequality holds

$$
\|x\| \geq \frac{f(\lambda)}{M_{K}^{*}}|x|
$$

for some function $f(\lambda), 0<\lambda<1$.
Remark. An inequality of this type was first proved in [M1] with very poor dependence on $\lambda$ and then improved in $[\mathrm{M} 2]$ to $f(\lambda)=C(1-\lambda)$. It was later shown ([PT]), that one can take $f(\lambda)=C \sqrt{1-\lambda}$ (for different proofs see [M3] and [G]).

By duality this theorem is equivalent to the following theorem.
Theorem 1' Let $\lambda \in(0,1)$ and $n$ be large enough. For every centrally-symmetric convex body $K$ in $\mathbb{R}^{n}$ there exists an orthogonal projection $P$ of rank $[\lambda n]$ such that

$$
P D \subset \frac{M_{K}}{f(\lambda)} P K .
$$

Theorem 1 was one of the central ingredients in the proof of several recent results of Local Theory, e.g. the Quotient of Subspace Theorem ([M1]) and the Reverse Brunn-Minkowski inequality of the second name author (see, e.g. [MS] or $[\mathrm{P}]$ ). Both these results were later extended to a $p$-normed setting in [GK] and [BBP]. The proofs have essentially used corresponding convex results and some kind of "interpolation". However, the main technical tool in the proof of these convex results, Theorem 1, was a purely "convex" statement. Let us also note an extension of Dvoretzky's theorem to the quasi-convex setting by Dilworth ([D]).

In this note we will extend Theorem 1 and Theorem $1^{\prime}$ to quasi-convex, not necessarily centrally-symmetric bodies. Since duality arguments cannot be applied to a non-convex body these two theorems become different statements. Also " $M_{K}^{*}$ " should be substituted by an appropriate quantity not involving duality. Note that by avoiding the use of convexity assumption in fact we also simplified the proof for the convex case.

## 2. Main results.

The following theorem is an extension of Theorem $1^{\prime}$.
Theorem 2 Let $\lambda \in(0,1)$ and $n$ be large enough $\left(n>c /(1-\lambda)^{2}\right)$. For any p-convex body $K$ in $\mathbb{R}^{n}$ there exists an orthogonal projection $P$ of rank $[\lambda n]$ such that

$$
P D \subset \frac{A_{p} M_{K}}{(1-\lambda)^{1+1 / p}} P K,
$$

where $A_{p}=$ const $\frac{\ln (2 / p)}{p}$.
Remark. To appreciate the strength of this inequality apply it to the standard simplex $S$ inscribed in $D$. Then $M_{S} \approx \sqrt{n \cdot \log n}$ and therefore for every $\lambda<1$ there are $\lambda n$-dimensional projections containing a Euclidean ball of radius $f(\lambda) / \sqrt{n \cdot \log n}$. At the same time $S$ contains only a ball of radius $1 / n$. In fact, using this theorem for $S \cap r D$ for some special value $r$, we can eliminate the logarithmic factor and obtain the existence of $\lambda n$-dimensional projections containing a Euclidean ball of radius $f_{1}(\lambda) / \sqrt{n}$. Another example is " $p$-convex simplex", $S_{p}$, defined for $p \in(0,1)$ as a $p$-convex hull of extremum points of $S$, i.e.

$$
S_{p}=\left\{\sum_{i=1}^{n+1} \lambda_{i} x_{i} ; \quad \lambda_{i} \geq 0 \text { and } \sum_{i=1}^{n+1} \lambda_{i}^{p} \leq 1\right\},
$$

where $\left\{x_{i}\right\}_{i=1}^{n+1}=\operatorname{extr} S$. Then Theorem 2 gives us the existence of $\lambda n$-dimensional projections containing a Euclidean ball of radius $\frac{f(\lambda, p)}{n^{1 / p}} \sqrt{\frac{n}{\log n}}$ however $S_{p}$ contains only a ball of radius $1 / n^{1 / p}$.

The proof of Theorem 2 is based on the next three lemmas. The first one was proved by W.B. Johnson and J. Lindenstrauss in [JL]. The second one was proved in [PT] for centrally-symmetric convex bodies and is the dual form of the Sudakov's minoration theorem.

Lemma 1 There is an absolute constant $c$ such that if $\varepsilon>\sqrt{c / k}$ and $N \leq 2 e^{\varepsilon^{2} k / c}$, then for any set of points $y_{1}, \ldots, y_{N} \in \mathbb{R}^{n}$ and any orthogonal projection $P$ of rank $k$

$$
\mu\left(\left\{U \in O_{n}|\forall j: A(1-\varepsilon) \sqrt{k / n}| y_{j}\left|\leq\left|P U y_{j}\right| \leq A(1+\varepsilon) \sqrt{k / n}\right| y_{j} \mid\right\}\right)>0
$$

where $\mu$ is the Haar probability measure on $O_{n}$ and $A=A(n, k) \in(1 / 2,1)$
Lemma 2 Let $K$ be a body such that $K+K \subset a K$. Then

$$
N(D, t K) \leq 2 e^{8 n\left(a M_{K} / t\right)^{2}}
$$

Proof: M. Talagrand gave a direct simple proof of this lemma for the convex case ([LT], pp. 82-83). One can check that his proof does not use symmetry and convexity of the body and produces the estimate $N(D, t B) \leq 2 e^{2 n\left(a M_{B} / t\right)^{2}}$ for every body $B$, such that $B-B \subset a B$.

Now for a body $K$, satisfying $K+K \subset a K$ denote $B=K \cap-K$.
Then $B-B \subset a B$ and $M_{B} \leq 2 M_{K}$, since

$$
\|x\|_{B}=\max \left(\|x\|_{K},\|x\|_{-K}\right) \leq\|x\|_{K}+\|x\|_{-K} .
$$

Thus

$$
N(D, t K) \leq N(D, t B) \leq 2 e^{2 n\left(2 a M_{K} / t\right)^{2}} .
$$

Lemma 3 Let $B$ be a body, $K$ be a p-convex body, $r \in(0,1),\left\{x_{i}\right\} \subset r B$ and $B \subset \bigcup\left(x_{i}+K\right)$. Then $B \subset t_{r} K$, where $t_{r}=\frac{1}{\left(1-r^{p}\right)^{1 / p}}$.

Proof: Let $t_{r}$ be the smallest $t>0$ for which $B \subset t K$. Then, obviously $t_{r}=\max \left\{\|x\|_{K} \quad \mid x \in B\right\}$. Since $B \subset \bigcup\left(x_{i}+K\right)$, for any point $x$ in $B$ there are points $x_{0}$ in $r B$ and $y$ in $K$ such that $x=x_{0}+y$. Then by maximality of $t_{r}$ and $p$-convexity of $K$ we have $t_{r}^{p} \leq r^{p} t_{r}^{p}+1$. That proves the lemma.

Proof of Theorem 2:
Any $p$-convex body $K$ satisfies $K+K \subset a K$ with $a=2^{1 / p}$. By Lemma 2 we have

$$
N=N(D, t K) \leq 2 \cdot \exp \left(2^{3+2 / p} n\left(M_{K} / t\right)^{2}\right),
$$

i.e. there exist points $x_{1}, \ldots, x_{N}$ in $D$, such that

$$
D \subset \bigcup_{i=1}^{N}\left(x_{i}+t K\right)
$$

Denote $c_{p}=2^{3+2 / p}$. Let $t$ and $\varepsilon$ satisfy

$$
c_{p} n\left(\frac{M_{K}}{t}\right)^{2} \leq \frac{\varepsilon^{2} k}{c}
$$

and $\varepsilon>\sqrt{c / k}$ for $c$ being the constant from Lemma 1.
Choose

$$
\varepsilon=\frac{1-\sqrt{\lambda}}{2 \sqrt{\lambda}}
$$

Applying Lemma 1 we obtain that there exist an orthogonal projection $P$ of rank $k$ such that

$$
P D \subset \bigcup\left(P x_{i}+t P K\right) \text { and } \quad\left|P x_{i}\right| \leq(1+\varepsilon) \sqrt{\frac{k}{n}}\left|x_{i}\right|
$$

Let $\lambda=k / n$. Denote $r=(1+\varepsilon) \sqrt{\lambda}$. Since $K$ is $p$-convex Lemma 3 gives us

$$
P D \subset t t_{r} P K \text { for } t=\frac{\sqrt{c c_{p}} M_{K}}{\varepsilon \sqrt{\lambda}} \text { and } \varepsilon^{2}>\frac{c}{\lambda n}, r<1
$$

Then for $n$ large enough we get

$$
P D \subset \frac{A_{p} M_{K}}{(1-\lambda)^{1+1 / p}} P K
$$

for $A_{p}=$ const $\frac{\ln (2 / p)}{p}$. This completes the proof.

Theorem 2 can be also formulated in a global form.
Theorem $2^{\prime}$ Let $K$ be a p-convex body in $\mathbb{R}^{n}$. Then there is an orthogonal operator $U$ such that

$$
D \subset A_{p}^{\prime} M_{K}(K+U K)
$$

where $A_{p}^{\prime}=$ const $\frac{\ln (2 / p)}{p}$.
This theorem can be proved independently, but we show how it follows from Theorem 2.

Proof of Theorem 2': First, let us assume that $K$ is symmetric body. It follows from the proof of Theorem 2 that actually the measure of such projections is large. So we can choose two orthogonal subspaces $E_{1}, E_{2}$ of $\mathrm{R}^{n}$ such that $\operatorname{dim} E_{1}=$ $[n / 2], \operatorname{dim} E_{2}=[(n+1) / 2]$ and

$$
P_{i} D \subset A_{p}^{\prime \prime} M_{K} P_{i} K,
$$

where $P_{i}$ is the projection on the space $E_{i}(i=1,2)$. Denote by $I=i d_{\mathrm{R}^{n}}=P_{1}+P_{2}$ and $U=P_{1}-P_{2}$. So $P_{1}=\frac{I+U}{2}$ and $P_{2}=\frac{I-U}{2}$. Then $U$ is an orthogonal operator and for any $x \in D$ we have

$$
\begin{aligned}
x & =P_{1} x+P_{2} x \subset A_{p}^{\prime \prime} M_{K}\left(\frac{I+U}{2}\right) K+A_{p}^{\prime \prime} M_{K}\left(\frac{I-U}{2}\right) K \subset \\
& \subset A_{p}^{\prime \prime} M_{K} \frac{K+K}{2}+A_{p}^{\prime \prime} M_{K} \frac{U K-U K}{2}=A_{p}^{\prime} M_{K}(K+U K) .
\end{aligned}
$$

That proves Theorem $2^{\prime}$ for symmetric bodies. In general case we need to apply the same trick as in the proof of Lemma 2. Denote $B=K \cap-K$. Then $B$ is symmetric $p$-convex body so, by first part of the proof, there is an orthogonal operator $U$ such that

$$
D \subset A_{p}^{\prime} M_{B}(B+U B),
$$

Since $B \subset K$ and $M_{B} \leq 2 M_{K}$ (see proof of Lemma 2), we get the result.
Let us complement Lemma 2 by mentioning how the covering number $N(K, t D)$ can be estimated. In the convex case this estimate is given by the Sudakov's inequality ([S]), in terms of the quantity $M_{K}^{*}$. More precisely, if $K$ is a centrallysymmetric convex body, then

$$
N(K, t D) \leq 2 e^{c n\left(M_{K}^{*} / t\right)^{2}}
$$

Of course, using duality for a non-convex setting leads to a weak result, and we suggest below a substitute for the quantity $M_{K}^{*}$.

For two quasi-convex bodies $K, B$ define the following number

$$
M(K, B)=\frac{1}{|K|} \int_{K}\|x\|_{B} d x,
$$

where $|K|$ is the volume of $K$, and $\|x\|_{B}$ is the gauge of $B$. Such numbers are considered in [MP1], [MP2] and [BMMP].

Lemma 4 Let $K$ be a p-convex body and $B$ be a body. Assume $B-B \subset a B$. Then

$$
N(K, t B) \leq 2 e^{(c n / p)(a M(K, B) / t)^{p}}
$$

where $c$ is an absolute constant.

Proof: We follow the idea of M. Talagrand of estimating the covering numbers in the case $K=D$ ([LT], pp. 82-83, see also [BLM] Proposition 4.2). Denote the gauge of $K$ by $\|\cdot\|$ and the gauge of $B$ by $|\cdot|_{B}$. Define the measure $\mu$ by

$$
d \mu=\frac{1}{A} e^{-\|x\|^{p}} d x, \text { where } A \text { is chosen so that } \int_{\mathbb{R}^{n}} d \mu=1
$$

Let $L=\int_{\mathbb{R}^{n}}|x|_{B} d \mu$. Then $\mu\left\{|x|_{B} \leq 2 L\right\} \geq 1 / 2$. Let $x_{1}, x_{2}, \ldots$ be a maximal set of points in $K$ such that $\left|x_{i}-x_{j}\right|_{B} \geq t$. So the sets $x_{i}+\frac{t}{a} B$ have mutually disjoint interiors. Let $y_{i}=\frac{a b}{t} x_{i}$ for some $b$. Then, by $p$-convexity of $K$ and convexity of the function $e^{t}$, we have

$$
\begin{gathered}
\mu\left\{y_{i}+b B\right\}=\frac{1}{A} \int_{b B} e^{-\left\|x+y_{i}\right\|^{p}} d x \geq \frac{1}{A} \int_{b B} e^{-\left(\|x\|^{p}+\left\|y_{i}\right\|^{p}\right)} d x= \\
=\frac{1}{A} e^{-\left\|y_{i}\right\|^{p}} \int_{b B} e^{-\|x\|^{p}} d x \geq e^{-(b a / t)^{p}} \mu\{b B\}
\end{gathered}
$$

Choose $b=2 L$. Then $\mu\{b B\} \geq 1 / 2$ and, hence,

$$
N(K, t B) \leq 2 e^{(2 a L / t)^{p}}
$$

Now compute $L$. First, the normalization constant $A$ is equal

$$
\begin{gathered}
A=\int_{\mathbb{R}^{n}} e^{-\|x\|^{p}} d x=\int_{\mathbb{R}^{n}\|x\|} \int_{\|}^{\infty}\left(-e^{-t^{p}}\right)^{\prime} d t d x=\int_{0}^{\infty} p t^{p-1} e^{-t^{p}} \int_{\|x\| \leq t} d x d t= \\
=\int_{\|x\| \leq 1} d x \int_{0}^{\infty} p t^{p+n-1} e^{-t^{p}} d t=|K| \cdot \Gamma\left(1+\frac{n}{p}\right),
\end{gathered}
$$

where $\Gamma$ is the gamma-function. The remaining integral is

$$
\int_{\mathbb{R}^{n}}|x|_{B} e^{-\|x\|^{p}} d x=\int_{\mathbb{R}^{n}}|x|_{B} \int_{\|x\|}^{\infty}\left(-e^{-t^{p}}\right)^{\prime} d t d x=\int_{0}^{\infty} p t^{p-1} e^{-t^{p}} \int_{\|x\| \leq t}|x|_{B} d x d t=
$$

$$
=\int_{\|x\| \leq 1}|x|_{B} d x \int_{0}^{\infty} p t^{p+n} e^{-t^{p}} d t=|K| \cdot M(K, B) \cdot \Gamma\left(1+\frac{n+1}{p}\right) .
$$

Using Stirling's formula we get

$$
L \approx\left(\frac{n}{p}\right)^{1 / p} M(K, B)
$$

That proves the lemma.

Remark. An analogous lemma for a $p$-smooth $(1 \leq p \leq 2)$ body $K$ and a convex centrally-symmetric body $B$ was announced in [MP2]. Of course, the proof holds for all $p>0$ and every quasi-convex centrally-symmetric body $B$. More precisely the following lemma holds.

Lemma $4^{\prime}$ Let $K$ and $B$ be bodies. Let $B-B \subset a B$ and assume that for some $p>0$ there is a constant $c_{p}$ which depends only on $p$ and the body $K$, such that

$$
\|x+y\|_{K}^{p}+\|x-y\|_{K}^{p} \leq 2 \cdot\left(\|x\|_{K}^{p}+c_{p} \cdot\|y\|_{K}^{p}\right) \quad \text { for all } x, y \in \mathbb{R}^{n} .
$$

Then

$$
N(K, t B) \leq 2 e^{c n\left(c_{p} / p\right)(a M(K, B) / t)^{p}}
$$

where $c$ is an absolute constant.
Lemma $4^{\prime}$ is an extension of Lemma 2 in the symmetric case. Indeed, since Euclidean space is a 2-smooth space, then in the case where $K=D$ is an ellipsoid, we have $c_{2}(D)=1$. By direct computation, $M(D, B)=\frac{n}{n+1} M_{B}$. Thus,

$$
N(D, t B) \leq 2 e^{(c n)\left(M_{B} / t\right)^{2}}
$$

Define the following characteristic of $K$ :

$$
\tilde{M}_{K}=\frac{1}{|K|} \int_{K}|x| d x
$$

where $|\cdot|=|\cdot|_{D}$ is the Euclidean norm associated to $D$.
Lemma 4 shows that for $p$-convex body $K$

$$
N(K, t D) \leq 2 e^{(c n / p)\left(2 \tilde{M}_{K} / t\right)^{p}}
$$

Theorem 3 follows from this estimate by arguments similar to those in [MPi].

Theorem 3 Let $\lambda \in(0,1)$ and $n$ be large enough. Let $K$ be a p-convex body in $\mathbb{R}^{n}$ and $\|\cdot\|$ be the gauge of $K$. Then there exists a subspace $E$ of $\left(\mathbb{R}^{n},\|\cdot\|\right)$ such that $\operatorname{dim} E=[\lambda n]$ and for any $x \in E$ the following inequality holds

$$
\|x\| \geq \frac{(1-\lambda)^{1 / 2+1 / p}}{a_{p} \tilde{M}_{K}}|x|,
$$

where $a_{p}$ depends on $p$ only (more precisely $a_{p}=$ const $\frac{\ln (2 / p)}{p}$ ).
Proof: By Lemma 4 there are points $x_{1}, \ldots, x_{N}$ in $K$, such that $N<e^{c_{p} n\left(\tilde{M}_{K} / t\right)^{p}}$ and for any $x \in K$ there exists some $x_{i}$ such that $\left|x-x_{i}\right|<t$. By Lemma 1 there exists an orthogonal projection $P$ on a subspace of dimension $[\delta n]$ such that if $t$ and $\varepsilon$ satisfy

$$
c_{p} n\left(\frac{\tilde{M}_{K}}{t}\right)^{p}<\frac{\varepsilon^{2} \delta n}{c} \text { and } \varepsilon>\sqrt{\frac{c}{\delta n}}
$$

we have

$$
b\left|x_{i}\right|:=(1-\varepsilon) A \sqrt{\delta}\left|x_{i}\right| \leq\left|P x_{i}\right| \leq(1+\varepsilon) A \sqrt{\delta}\left|x_{i}\right|
$$

for every $x_{i}$. Let $E=\operatorname{Ker} P$. Then $\operatorname{dim} E=\lambda n$, where $\lambda=1-\delta$. Take $x$ in $K \cap E$. There is $x_{i}$ such that $\left|x-x_{i}\right|<t$. Hence

$$
\begin{gathered}
|x| \leq\left|x-x_{i}\right|+\left|x_{i}\right| \leq t+\frac{\left|P x_{i}\right|}{b}=t+\frac{\left|P\left(x-x_{i}\right)\right|}{b} \leq \\
\leq t+\frac{\left|x-x_{i}\right|}{b} \leq t\left(1+\frac{1}{b}\right) \leq \frac{\text { const } \cdot t}{(1-\varepsilon) \sqrt{\delta}} .
\end{gathered}
$$

Therefore for $n$ large enough and

$$
t=\left(\frac{\text { const } \cdot c_{p}}{\varepsilon^{2} \delta}\right)^{1 / p} \tilde{M}_{K}
$$

we get

$$
\|x\| \geq \frac{\text { const } \cdot \varepsilon^{2}(1-\varepsilon) \delta^{1 / 2+1 / p}}{c_{p}^{1 / p} \tilde{M}_{K}}|x| .
$$

To obtain our result take $\varepsilon$, say, equal to $1 / 2$.
As was noted in [MP2] in some cases $\tilde{M}_{K} \ll M_{K}^{*}$ and then Theorem 3 gives better estimates than Theorem 1 even for a convex body (in some range of $\lambda$ ). As an example, if $K=B\left(l_{1}^{n}\right)$, then $\tilde{M}_{K} \leq c \cdot n^{-1 / 2}$, but $M_{K}^{*} \geq c \cdot n^{-1 / 2}(\log n)^{1 / 2}$ for some absolute constant $c$.

## 3. Additional remarks.

In fact, the proof of Theorem 2 shows a more general fact.
Fact. Let $D$ be an ellipsoid and $K$ be a p-convex body. Let

$$
N(D, K) \leq e^{\alpha n}
$$

For an integer $1 \leq k \leq n$ write $\lambda=k / n$. Then for some absolute constant $c$ and

$$
\gamma=c \sqrt{\alpha}, \quad k \in\left(\gamma^{2} n,(1-2 \gamma)^{2} n\right)
$$

there exists an orthogonal projection $P$ of rank $k$ such that

$$
c_{1}(p(1-\sqrt{\lambda}) / 2)^{1 / p} P D \subset P K
$$

where $c_{1}$ is an absolute constant.
In terms of entropy numbers this means that

$$
c_{1} \frac{(p(1-\sqrt{k / n}) / 2)^{1 / p}}{e_{k}(D, K)} P D \subset P K
$$

where $e_{k}(D, K)=\inf \left\{\varepsilon>0 \mid N(D, \varepsilon K) \leq 2^{k-1}\right\}$.
It is worthwhile to point out that Theorem 2 can be obtained from this result.
We thank E. Gluskin for his remarks on the first draft of this note.

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[^0]:    *This research was done while the authors visited MSRI; we thank the Institute for its hospitality.
    ${ }^{\dagger}$ Research partially supported by BSF.

