# QUOTIENTS OF FINITE-DIMENSIONAL QUASI-NORMED SPACES

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ABSTRACT. We study the existence of cubic quotients of finite-dimensional quasi-normed spaces, that is, quotients well isomorphic to  $\ell_{\infty}^k$  for some k. We give two results of this nature. The first guarantees a proportional dimensional cubic quotient when the envelope is cubic; the second gives an estimate for the size of a cubic quotient in terms of a measure of non-convexity of the quasi-norm.

## 1. INTRODUCTION

It is by now well-established that many of the core results in the local theory of Banach spaces extend to quasi-normed spaces (cf. [2], [3], [4], [7], [8], [9], [10], [13], [15], [16], [17] for example). In this note we give two results on the local theory of quasi-normed spaces which are of interest only in the non-convex situation.

Let us introduce some notation. Let X be a real finite-dimensional vector space. Then a p-norm  $\|\cdot\|$  on X,  $p \in (0, 1]$ , is a map  $x \mapsto \|x\|$   $(X \mapsto \mathbb{R})$  so that: (i)  $\|x\| > 0$  if and only if  $x \neq 0$ .

(ii)  $\|\alpha x\| = |\alpha| \|x\|$  for  $\alpha \in \mathbb{R}$  and  $x \in X$ .

(iii)  $||x_1 + x_2||^p \le ||x_1||^p + ||x_2||^p$  for  $x_1, x_2 \in X$ .

Then  $(X, \|\cdot\|)$  is called a *p*-normed space. For the purposes of this paper a quasi-normed space is always assumed to be a *p*-normed space for some  $p \in (0, 1]$  (note that by Aoki-Rolewicz theorem on quasi-normed space one can introduce an equivalent *p*-norm ([12], [14], [21])). The set  $B_X = \{x : \|x\| \leq 1\}$  is the unit ball of X. The closed convex hull of  $B_X$ , denoted by  $\hat{B}_X$ , is the unit ball of a norm

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 $\|\cdot\|_{\hat{X}}$  on X; the corresponding normed space,  $\hat{X},$  is called the Banach envelope of X.

The set *B* is called *p*-convex if for every  $x, y \in B$  and every positive  $\lambda, \mu$  satisfying  $\lambda^p + \mu^p = 1$  one has  $\lambda x + \mu y \in B$ . Clearly, the unit ball of *p*-normed space is a *p*-convex set and, vise versa, a closed centrally-symmetric *p*-convex set is the unit ball of some *p*-norm provided that it is bounded and 0 belongs to its interior.

If X and Y are p-normed spaces (for some p) then the Banach-Mazur distance d(X, Y) is defined as  $\inf\{||T|| ||T^{-1}||\}$ , where the infimum is taken over all linear isomorphisms  $T: X \to Y$ . We let  $d_{B_X} = d_X = d(X, \ell_2^{\dim X})$  and  $\delta_{B_X} = \delta_X = d(X, \hat{X})$ . It is clear that  $\delta_X$  is measure of non-convexity; in fact  $\delta_X = \inf\{d(X, Y) : Y \text{ is a Banach space}\}$ .

We now describe our main results. In Section 3 we investigate quasi-normed spaces X such that  $\hat{X}$  satisfies an estimate  $d(\hat{X}, \ell_{\infty}^{\dim X}) \leq C$ . It has been known for some time that non-trivial examples of this phenomenon exist [11]. In geometrical terms this means that the convex hull of the unit ball of X is close to a cube. We show using combinatorial results of Alesker, Szarek and Talagrand [1], [20] based on the Sauer-Shelah Theorem [18], [19] that X then has a proportional dimensional quotient E satisfying an estimate  $d(E, \ell_{\infty}^{\dim E}) \leq C'$ . A much more precise statement is given in Theorem 3.4. We then use this result in Section 4 to prove that a p-normed space X has a quotient E with dim  $E \geq c_p \ln \delta_X/(\ln \ln \delta_X)$  and  $d(E, \ell_{\infty}^{\dim E}) \leq C_p$  where  $0 < c_p, C_p < \infty$  are constants depending on p only. Again a more precise statement is given in Theorem 4.2.

In developing these results, we found it helpful to use the notion of a geometric hull of a subset of  $\mathbb{R}^n$ . Thus instead of considering a *p*-convex set  $B_X$ we consider an arbitrary compact spanning set S and then compare the absolutely convex hull  $\Delta S$  with certain subsets  $\Gamma_{\theta}S$  which can be obtained from Sby geometrically converging series. Precisely  $x \in \Gamma_{\theta}S$ ,  $\theta \in (0, 1)$ , if and only if  $x = (1 - \theta) \sum_{n=0}^{\infty} \theta^n \lambda_n s_n$  where  $s_n \in S$  and  $|\lambda_n| \leq 1$ . Note that  $\Gamma_{\alpha} \subset \frac{1-\alpha}{1-\theta}\Gamma_{\theta}$  for every  $0 < \alpha < \theta < 1$ . Our results can be stated in terms of estimates for the speed of convergence of  $\Gamma_{\theta}S$  to  $\Delta S$  as  $\theta \to 1$ . In this way we can derive results which are independent of 0 and then obtain results about*p*-normedspaces as simple Corollaries. We develop the idea of the geometric hull in Section2 and illustrate it by restating the quotient form of Dvoretzky's theorem in thislanguage.

#### 2. Approximation of convex sets

Let S be a subset of  $\mathbb{R}^n$ . Denote by  $\Delta S$  the absolutely convex hull of S and by  $\tilde{S}$  the star-shaped hull of S, i.e.  $\tilde{S} = \{\lambda x : |\lambda| \leq 1, x \in S\}$ . For each  $m \in \mathbb{N}$  we define  $\Delta_m S$  to be the set of all vectors of the form  $\frac{1}{m}(\lambda_1 x_1 + \cdots + \lambda_m x_m)$  where  $|\lambda_k| \leq 1$  and  $x_k \in S$  for  $1 \leq k \leq m$ . If  $0 < \theta < 1$  we define the  $\theta$ -geometric hull of  $S, \Gamma_{\theta}S$  to be the set of all vectors of the form  $(1-\theta)\sum_{k=0}^{\infty}\lambda_k x_k$  where  $|\lambda_k| \leq \theta^k$ and  $x_k \in S$  for  $k = 0, 1, \cdots$ .

**Lemma 2.1.** Let S be a p-convex closed set where  $0 . Then for <math>0 < \theta < 1$ we have

$$\Gamma_{\theta}S \subset \left(p^{-1/p}(1-\theta)^{1-1/p}\right)S.$$

PROOF. This follows easily from:

$$\frac{1-\theta}{(1-\theta^p)^{1/p}} \le p^{-1/p} (1-\theta)^{1-1/p}$$

which in turns from the estimate

$$\theta^p \le 1 - p(1 - \theta).$$

**Lemma 2.2.** If  $\frac{1}{3} < \theta < 1$  and  $m \in \mathbb{N}$  then

$$\Gamma_{\theta} \Delta_m S \subset \frac{2\theta}{3\theta - 1} \Gamma_{\theta^{\frac{1}{m}}} S.$$

**PROOF.** Note that

$$\Delta_m S \subset \frac{1}{m} \theta^{\frac{1}{m}-1} \sum_{k=0}^{m-1} \theta^{\frac{k}{m}} \tilde{S}.$$

Hence

$$\Gamma_{\theta} \Delta_m S \subset \frac{1-\theta}{m(1-\theta^{\frac{1}{m}})} \theta^{\frac{1}{m}-1} \Gamma_{\theta^{\frac{1}{m}}} S.$$

Now observe

(2.1) 
$$\frac{1-\theta}{m(1-\theta^{\frac{1}{m}})}\theta^{\frac{1}{m}-1} = \frac{\theta^{-1}-1}{m(\theta^{-\frac{1}{m}}-1)}$$
$$\leq \frac{\theta^{-1}-1}{|\ln\theta|}$$
$$\leq \frac{2}{3-\theta^{-1}}.$$

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This completes the proof.

In this section, we make a few simple observations on the geometric hulls  $\Gamma_{\theta}S$ . Let us suppose that S is compact and spanning so that  $\Delta S$  coincides with the unit ball  $B_X$  of a Banach space X,  $\|\cdot\|_X$ . Given  $q \in [1,2]$  let  $T_q = T_q(X)$  denote the equal-norm type q constant, i.e. the smallest constant satisfying

$$\operatorname{Ave}_{\epsilon_{k}=\pm 1} \left\| \sum_{k=1}^{N} \epsilon_{k} x_{k} \right\|_{X} \leq T_{q} N^{1/q} \max_{1 \leq k \leq N} \|x_{k}\|$$

for every N. Given an integer N let  $b_N$  denote the least constant so that

$$\inf_{\epsilon_k=\pm 1} \left\| \sum_{k=1}^N \epsilon_k x_k \right\|_X \le b_N N \max_{1 \le k \le N} \|x_k\|.$$

Given a set A by |A| we denote the cardinality of A.

The following Lemma abstracts the idea of [7], Lemma 2.

**Lemma 2.3.** Suppose  $\frac{1}{3} < \theta < 1$ , and let m = m(S) be an integer such that  $\sum_{k=1}^{\infty} b_{2^k m} \leq \theta$ . Then

$$\Delta S \subset \frac{2\theta}{(3\theta-1)(1-\theta)} \Gamma_{\theta^{\frac{1}{m}}} S.$$

PROOF. Suppose  $N \in \mathbb{N}$  and suppose  $u \in \Delta_{2N}S$ . Then  $u = \frac{1}{2N}(x_1 + \cdots + x_{2N})$ where  $x_k \in \tilde{S}$ . Hence there is a choice of signs  $\epsilon_k = \pm 1$  with  $|\{\epsilon_k = -1\}| \leq N$  and

$$\left\|\sum_{k=1}^{2N} \epsilon_k x_k\right\|_X \le 2Nb_{2N}.$$

Let  $v = \frac{1}{N} (\sum_{\epsilon_k=1} x_k)$ . Then  $||u - v||_X \leq b_{2N}$ . Hence  $\Delta_{2N} S \subset \Delta_N S + b_{2N} \Delta S$ . Iterating we get

$$\Delta_{2^k m} S \subset \Delta_m S + \sum_{j=1}^k b_{2^j m} \Delta S$$

which leads to

$$\Delta S \subset \Delta_m S + \theta \Delta S$$

which implies

$$\Delta S \subset (1-\theta)^{-1} \Gamma_{\theta} \Delta_m S \subset \frac{2\theta}{(3\theta-1)(1-\theta)} \Gamma_{\theta^{\frac{1}{m}}} S.$$

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**Proposition 2.4.** (i) Suppose  $1 < q \le 2$  and q' be such that 1/q + 1/q' = 1. Then for

$$\theta=1-\frac{1}{4}\left(\frac{2^{1/q'}-1}{2T_q}\right)^{q'}$$

we have  $\Delta S \subset 12\Gamma_{\theta}S$ .

(ii) There exists constant  $C < \infty$  so that if m is the largest integer such that X has a subspace Y of dimension m with  $d(Y, \ell_1^m) \leq 2$  then  $\Delta S \subset 8\Gamma_{\theta}S$  for

$$\theta = 1 - \frac{1}{2} \left( Cm \right)^{-C \log \log(Cm)}$$

**Remark.** We conjecture that the sharp estimate in (ii) is  $\theta = 1 - c/m$ .

PROOF. (i) Observe that  $b_N \leq T_q N^{\frac{1}{q}-1}$ . Hence

$$\sum_{k=1}^{\infty} b_{2^k N} \le T_q N^{-\frac{1}{q'}} (2^{\frac{1}{q'}} - 1)^{-1}.$$

Let N be the largest integer so that the right-hand side is at most  $\frac{1}{2}$ . Applying Lemma 2.3 with  $\theta_0 = 1/2$  we obtain

$$\Delta S \subset 4\Gamma_{2^{-1/N}}S.$$

The result follows, since

$$\frac{1}{N} \le \left(\frac{2^{1/q'} - 1}{2T_q}\right)^q \le \frac{1}{N - 1} \quad \text{and} \quad \Gamma_\alpha \subset \frac{1 - \alpha}{1 - \theta} \Gamma_\theta$$

for  $\alpha < \theta$ .

In (ii) we note first by a result of Elton [5] (see also [22] for a sharper version) there exist universal constants  $1/2 \le c_0 < 1$  and  $C \ge 1$  so that  $b_{N_0} < c_0$  for some  $N_0 \le Cm$ .

Recall simple properties of the numbers  $b_k$ . Clearly, for every k, l one has  $b_{kl} \leq b_k b_l$  and  $(k+l)b_{k+l} \leq kb_k + lb_l$ . Thus if  $b_k \leq c_0 < 1$  then  $b_l \leq c = (1+c_0)/2 < 1$  for every  $k \leq l \leq 2k$ . Therefore we may suppose that  $N_0$  is a power of two, say  $N_0 = 2^q, q \geq 1$ , and  $b_{N_0} \leq c < 1$ . Since  $b_l \leq 1$  for every l, we get  $b_{N_0^s l} \leq c^s$  for every integers  $s \geq 1, l \geq 0$ . Then, taking  $N = N_0^r$  for some  $r \geq 1$  we have

$$\sum_{k=1}^{\infty} b_{2^k N} = \sum_{j=0}^{\infty} \sum_{l=1}^{rq} b_{2^{rq+jrq+l}} \le rq \sum_{j=1}^{\infty} c^{jr} \le 2rqc^r \le 1/2$$

provided  $r \ge c_1 \ln q$  with appropriate absolute constant  $c_1$ .

Now take r to be smallest integer larger than  $c_1 \ln q = c_1 \ln \log_2 N_0$ . Then by Lemma 2.3 we obtain

$$\Delta S \subset 4\Gamma_{2^{-1/N}}S$$

for  $N \sim (C'm)^{C' \log \log(C'm)}$  and the result follows.

**Corollary 2.5.** There are absolute constants c, C > 0 so that if X is a p-normed space then there exists a subspace Y in the envelope  $\hat{X}$  such that dimension of Y is

$$m \ge cp \exp\left\{\frac{\ln A}{\ln\ln A}\right\}$$

where  $A = C(\delta_X)^{p/(1-p)}$ , and

$$d\left(Y, \ell_1^m\right) \le 2.$$

PROOF. Let  $S = B_X$  and let *m* be as in Proposition 2.4. Then by the proposition we have  $\Delta B_X \subset 8\Gamma_{\theta}B_X$  with

$$\theta = 1 - \frac{1}{2} \left( Cm \right)^{-C \log \log(Cm)}.$$

Thus by Lemma 2.1 we obtain

$$\Delta B_X \subset 8p^{-1/p} 2^{-1+1/p} (Cm)^{-(1-1/p)C \log \log(Cm)} B_X$$

i.e.

$$\delta_X \le \left(C'm/p\right)^{-(1-1/p)C\log\log(Cm)}$$

That implies the result.

Let us conclude this section with a very simple form of Dvoretzky's theorem recast in this language:

**Theorem 2.6.** Let  $\eta < 1/3$ . There is an absolute constant c > 0 so that if S is a compact spanning subset of  $\mathbb{R}^n$  then there is a projection P of rank at least  $c\eta^2 \log n$  such that

$$d_{\Gamma_{\theta}PS} \le \frac{1+\eta}{1-\theta}$$

for every  $\sqrt{3\eta} \le \theta < 1$ .

**Remark 1.** Let  $\epsilon \leq 6/7$ . Setting  $\theta = \sqrt{3\eta} = \epsilon/2$  we observe that there is an absolute constant c > 0 so that if S is a compact spanning subset of  $\mathbb{R}^n$  then there is a projection P of rank at least  $c\epsilon^4 \log n$  such that

$$d_{\Gamma_{\epsilon/2}PS} \le 1 + \epsilon$$

**Remark 2.** The "quotient form" of Dvoretzky's theorem for quasi-normed spaces is essentially known and follows very easily from results in [7] (see e.g. [8] for the details).

PROOF. By the sharp form of Dvoretzky's Theorem (Theorem 2.9 in [6]) there is a projection P of rank at least  $c\eta^2 \log n$  so that  $d_{\Delta(PS)} \leq 1 + \eta$ . Let  $Y = P\mathbb{R}^n$ and introduce an inner-product norm  $\|\cdot\|$  on Y so that  $\mathcal{E} \subset \Delta(PS) \subset (1+\eta)\mathcal{E}$ where  $\mathcal{E} = \{y : (y, y) \leq 1\}$ . If  $y \in \mathcal{E}$  with  $\|y\| = 1$  there exists  $u \in PS \cup (-PS)$ with  $(y, u) \geq 1$ . Since  $\|u\| \leq 1 + \eta$  we obtain  $\|y - u\| \leq (2\eta + \eta^2)^{1/2} \leq \sqrt{3\eta}$ . Hence

$$\mathcal{E} \subset PS \cup (-PS) + \sqrt{3\eta} \mathcal{E}$$

which implies, for any  $\theta \ge \sqrt{3\eta}$ ,

$$(1-\theta)\mathcal{E} \subset \Gamma_{\theta}PS \subset (1+\eta)\mathcal{E}.$$

Hence

$$d_{\Gamma_{\theta}PS} \le \frac{1+\eta}{1-\theta}$$

which proves the theorem.

## 3. Approximating the cube

Let *n* be an integer. By [n] we denote the set  $\{1, ..., n\}$ . The *n*-dimensional cube we denote by  $B^{\infty} = B_n^{\infty}$ .  $D_n$  denotes the extreme points of the cube, i.e. the set  $\{1, -1\}^n$ . Given a set  $\sigma \subset [n]$  by  $P_{\sigma}$  we denote the coordinate projection of  $\mathbb{R}^n$  onto  $\mathbb{R}^{\sigma}$ , and we denote  $B_{\sigma}^{\infty} := P_{\sigma}B_n^{\infty}$ ,  $D_{\sigma} := P_{\sigma}D_n$ . As above |A| denotes the cardinality of a set A. As usual  $\|\cdot\|_2$  and  $\|\cdot\|_{\infty}$  denote the norm in  $\ell_2$  and  $\ell_{\infty}$  correspondingly.

**Theorem 3.1.** There are constants c > 0 and  $0 < C < \infty$  so that for every  $\epsilon > 0$ , if  $S \subset D_n$  with  $|S| \ge 2^{n(1-c\epsilon)}$  then there is a subset  $\sigma$  of [n] with  $|\sigma| \ge (1-\epsilon)n$  so that

$$D_{\sigma} \subset C\epsilon^{-1} P_{\sigma}(\Delta_N S)$$

for some  $N \leq C\epsilon^{-2}$ .

PROOF. We will follow Alesker's argument in [1], which is itself a refinement of Szarek-Talagrand [20]. Alesker shows that for a suitable choice of c, if  $\epsilon = 2^{-s}$  then one can find an increasing sequence of subsets  $(\sigma_k)_{k=0}^s$  so that  $P_{\sigma_0}(S) = D_{\sigma_0}$ ,  $|\sigma_s| \ge (1-2\epsilon)n$  and if  $\tau_k = \sigma_k \setminus \sigma_{k-1}$  for  $k = 1, 2, \ldots, s$  then there exists  $\alpha \in D_n$  so that

$$P_{\tau_k}(S \cap P_{\sigma_{k-1}}^{-1}(P_{\sigma_{k-1}}\alpha)) = D_{\tau_k}$$

It follows that if  $a \in D_{\tau_k}$  there exists  $x \in \Delta_2 S$  with  $P_{\sigma_{k-1}}(x) = 0$  and  $P_{\tau_k}(x) = a$ .

We now argue by induction that  $D_{\sigma_k} \subset a_k P_{\sigma_k} \Delta_{b_k} S$  where  $a_k = 2^{k+1} - 1$ and  $b_k = 2^k a_k = 2 \cdot 4^k - 2^k$ . This clearly holds if k = 0. Assume it is true for k = j - 1, where  $1 \leq j \leq s$ . Then if  $a \in D_{\sigma_j}$  we can observe that there exists  $x_1 \in a_{j-1} \Delta_{b_{j-1}} S$  with  $P_{\sigma_{j-1}} x_1 = P_{\sigma_{j-1}} a$ . Clearly,

$$P_{\tau_j} x_1 \in a_{j-1} \Delta_{b_{j-1}} D_{\tau_j}.$$

Hence there exists  $x_2 \in a_{j-1}\Delta_{2b_{j-1}}S$  with  $P_{\sigma_{j-1}}x_2 = 0$  and  $P_{\tau_j}x_2 = -P_{\tau_j}x_1$ . Finally pick  $x_3 \in \Delta_2 S$  so that  $P_{\sigma_{j-1}}(x_3) = 0$  and  $P_{\tau_j}(x_3) = P_{\tau_j}a$ . Then  $P_{\sigma_j}(x_1 + x_2 + x_3) = a$  and

$$x_1 + x_2 + x_3 \in a_{j-1}\Delta_{b_{j-1}}S + a_{j-1}\Delta_{2b_{j-1}}S + \Delta_2S$$
$$\subset \frac{a_{j-1}}{2b_{j-1}} \left(4b_{j-1} + 2^j\right)\Delta_{4b_{j-1}+2^j}S = a_j\Delta_{b_j}S.$$

This establishes the induction.

We finally conclude that  $D_{\sigma_s} \subset 2(2^{s+1}-1)P_{\sigma_s}\Delta_{2\cdot 4^s}S$  and this gives the result, as the case of general  $\epsilon$  follows easily.  $\Box$ 

**Remark.** Slightly changing the proof one can show that  $D_{\sigma} \subset C\epsilon^{-\alpha}P_{\sigma}(\Delta_N S)$  for  $N \leq C\epsilon^{-\alpha}$ , where  $\alpha = \log_2 3$ .

**Lemma 3.2.** There exist absolute constants c, C > 0 with the following property. Suppose  $0 < \epsilon < 1$  and 0 < k < n are natural numbers with  $k/n \ge 1 - c\epsilon(1 - \ln \epsilon)^{-1}$ . Let S be a subset of  $\mathbb{R}^n$  so that if  $a \in D_n$  there exists  $x \in S$  with  $|\{i : x_i = a_i\}| \ge k$ . Then there is a subset  $\sigma$  of [n] with  $|\sigma| \ge (1 - \epsilon)n$  and  $D_{\sigma} \subset C\epsilon^{-1}\Delta_N P_{\sigma}S$  for some  $N \le C\epsilon^{-2}$ .

PROOF. Suppose 0 < k < n and  $1 - k/n = t\epsilon(1 - \ln \epsilon)^{-1}$ . We shall show that if t is small enough we obtain the conclusion of the lemma. First pick a map  $a \to \sigma(a)$  from  $D_n \to 2^{[n]}$  so that for each a,  $|\sigma(a)| = k$  and there exists  $x \in S$ with  $x_i = a_i$  for  $i \in \sigma(a)$ . Then, by a simple counting argument we have the existence of  $\tau \in 2^{[n]}$  so that  $|\tau| = k$  and if

$$T = \{ \alpha \in D_{\tau} : \exists a \in D_n, \ \sigma(a) = \tau, \ P_{\tau}a = \alpha \}$$

then

$$|T| \ge \frac{2^n}{2^{n-k} \binom{n}{k}}.$$

We can estimate

$$\binom{n}{k} \le \left(\frac{n}{k}\right)^k \left(\frac{n}{n-k}\right)^{n-k} \le \left(\frac{ne}{n-k}\right)^{n-k}.$$

Hence for  $t \leq 1/2$  we have

$$\log_2 \binom{n}{k} \le \frac{nt\epsilon}{\ln 2\left(1 - \ln \epsilon\right)} \ln\left(\frac{e\ln(e/\epsilon)}{t\epsilon}\right) \le 3kt\epsilon \left(2 - \ln t\right).$$

It follows that

 $|T| \ge 2^{k(1-C_t\epsilon)},$ 

where  $C_t = 3t (2 - \ln t)$ . Choosing t such that  $C_t \leq c/2$ , where c is the constant from Theorem 3.1, and applying this theorem, we obtain the existence of  $\sigma \subset \tau$ ,  $|\sigma| \ge (1 - \epsilon/2)k \ge (1 - \epsilon)n$ , with desired property. 

**Theorem 3.3.** There are absolute constants c, C > 0 such that if  $\epsilon > 0$  and S is a subset of  $\mathbb{R}^n$  with  $B^{\infty} \subset \Delta S \subset dB^{\infty}$  then there is a subset  $\sigma$  of [n] with  $|\sigma| \geq n(1-\epsilon)$  such that

$$B^{\infty}_{\sigma} \subset (C/\epsilon) \, \Gamma_{\theta} P_{\sigma} S$$

for  $\theta = 1 - cd^{-2}\epsilon^5 (1 - \ln \epsilon)^{-1}$ .

PROOF. Let  $\delta = c_1 \epsilon$  and m be the smallest integer greater than  $c_2 d^2 \epsilon^{-3} (1 - \ln \epsilon)$ , where  $c_1, c_2$  will be chosen later.

Suppose first that  $a \in D_n$ . Then we can find  $N \in \mathbb{N}$ ,  $N \ge m$ , and  $x_1, \ldots, x_N \in$  $S \cup (-S)$  so that

$$\left\|a - \frac{1}{N}(x_1 + \dots + x_N)\right\|_2^2 \le \frac{nd^2}{m}.$$

Let  $\Omega$  be the space of all *m*-subsets of [N] and let  $\mu$  be normalized counting (probability) measure on  $\Omega$ . If  $(\xi_i)_{i=1}^N$  denote the indicator functions  $\xi(\omega) = 1$  if  $i \in \omega$  and 0 otherwise then

$$\mathbf{E}(\xi_i) = \mathbf{E}(\xi_i^2) = \frac{m}{N}, \ \mathbf{E}(\xi_i\xi_j) = \frac{m(m-1)}{N(N-1)}$$

if  $i \neq j$ . Thus

$$\mathbf{E}(\xi_i - \mathbf{E}(\xi_i))^2 = \frac{m}{N} - \frac{m^2}{N^2}$$

and

$$\mathbf{E}((\xi_i - \mathbf{E}(\xi_i))(\xi_j - \mathbf{E}(\xi_j))) = \frac{m(m-1)}{N(N-1)} - \frac{m^2}{N^2}$$

if  $i \neq j$ .

Let  $y = \frac{1}{N}(x_1 + \dots + x_N)$  so that  $y = \mathbf{E}(\frac{1}{m}\sum_{i=1}^N \xi_i x_i)$ . Then working in the  $\ell_2$ -norm we have

$$\mathbf{E}\left(\left\|\frac{1}{m}\sum_{i=1}^{N}\xi_{i}x_{i}-y\right\|_{2}^{2}\right)=\frac{N-m}{mN(N-1)}\sum_{i=1}^{N}\|x_{i}\|_{2}^{2}-\frac{N-m}{mN^{2}(N-1)}\left\|\sum_{i=1}^{N}x_{i}\right\|_{2}^{2}$$

Hence

$$\mathbf{E}\left(\left\|\frac{1}{m}\sum_{i=1}^{N}\xi_{i}x_{i}-y\right\|_{2}^{2}\right) \leq \frac{nd^{2}}{m}$$

Since  $||y - a||_2^2 \le \frac{nd^2}{m}$  we have

$$\mathbf{E}\left(\left\|\frac{1}{m}\sum_{i=1}^{N}\xi_{i}x_{i}-a\right\|_{2}^{2}\right) \leq 4\frac{nd^{2}}{m}$$

We now suppose that for each  $\omega \in \Omega$  we have  $|\{j : |\frac{1}{m} \sum_{i=1}^{N} \xi_i x_i(j) - a(j)| > \delta\}| > 4d^2n/(m\delta^2)$ . Then we get an immediate contradiction. We conclude that for each  $a \in D_n$  there exists  $x_a \in \Delta_m S$  such that  $|x_a(j) - a(j)| \le \delta$  for at least  $n(1 - 2c_1^{-2}c_2^{-1}\epsilon(1 - \log \epsilon)^{-1})$  choices of j. Let  $y_a(j) = a(j)$  if  $|x_a(j) - a(j)| \le \delta$  and  $y_a(j) = x_a(j)$  otherwise so that  $||y_a - x_a||_{\infty} \le \delta$ .

Now suppose  $c_2$  is chosen as a function of  $c_1$  so that we can apply Lemma 3.2 to obtain the existence of a set  $\sigma \subset [n]$  with  $|\sigma| \geq n(1-\epsilon)$  and so that

$$D_{\sigma} \subset C\epsilon^{-1} P_{\sigma} \Delta_N \{ y_a : a \in D_n \}$$

where C is an absolute constant, and  $N \leq C\epsilon^{-2}$ . Then

$$D_{\sigma} \subset C\epsilon^{-1} P_{\sigma} \Delta_{Nm} S + C\epsilon^{-1} \delta B_{\sigma}^{\infty}$$

Recall that  $C\epsilon^{-1}\delta = Cc_1$  so that if we choose  $c_1$  such that  $Cc_1 = \frac{1}{4}$  we have

$$D_{\sigma} \subset K + \frac{1}{4} B_{\sigma}^{\infty}$$

where  $K := C\epsilon^{-1}P_{\sigma}\Delta_{Nm}S$ . Now suppose  $x \in B_{\sigma}^{\infty}$ . Let  $a_1, a_2 \in D_{\sigma}$  be defined by  $a_1(j) = 1$  if  $x(j) \geq \frac{1}{2}$  and  $a_1(j) = -1$  otherwise, while  $a_2(j) = 1$  if  $x(j) \geq -\frac{1}{2}$  and  $a_2(j) = -1$  otherwise. Then

$$\left\|x - \frac{1}{2}(a_1 + a_2)\right\|_{\infty} \le \frac{1}{2}$$

Thus

$$B^{\infty}_{\sigma} \subset \Delta_2 K + \frac{3}{4} B^{\infty}_{\sigma} = C \epsilon^{-1} P_{\sigma} \Delta_{2Nm} S + \frac{3}{4} B^{\infty}_{\sigma}.$$

This implies for  $\theta = \frac{3}{4}$ ,

$$B^{\infty}_{\sigma} \subset 4C\epsilon^{-1}\Gamma_{\theta}P_{\sigma}\Delta_{2Nm}S$$

Letting  $\varphi = \theta^{1/(2Nm)}$  and applying Lemma 2.2 we obtain

$$\Gamma_{\theta} \Delta_{2Nm} S \subset \frac{6}{5} \Gamma_{\varphi} S.$$

Note that  $(\frac{3}{4})^{1/(2Nm)} \sim 1 - (2Nm)^{-1} \ln(4/3) \leq 1 - cd^{-2}\epsilon^5 (1 - \ln \epsilon)^{-1}$  for some c > 0 so that the result follows.

**Theorem 3.4.** There is an absolute C > 0 such that if  $\epsilon > 0$  and X is a p-normed quasi-Banach space with dim X = n and  $d(\hat{X}, \ell_{\infty}^n) \leq d$  then X has a quotient Y with dim  $Y \geq n(1 - \epsilon)$  and

$$d(Y, \ell_{\infty}^{\dim Y}) \le Cp^{-\frac{1}{p}} \epsilon^{4-\frac{5}{p}} (1-\ln \epsilon)^{\frac{1}{p}-1} d^{\frac{2}{p}-1}.$$

**Remark.** In [11] examples are constructed of finite-dimensional *p*-normed spaces  $X_n$  (with  $0 fixed) so that <math>d(\hat{X}_n, \ell_{\infty}^{\dim X_n})$  is uniformly bounded but  $\lim_{n\to\infty} \delta_{X_n} = \infty$ .

**PROOF.** We can assume  $B^{\infty} \subset B_{\hat{X}} \subset dB^{\infty}$ . Then by Theorem 3.3 we can find  $\sigma$  with  $|\sigma| \geq n(1-\epsilon)$  so that

$$c \epsilon B^{\infty}_{\sigma} \subset \Gamma_{\theta} P_{\sigma} B_X$$

where  $\theta = 1 - cd^{-2}\epsilon^5(1 - \ln \epsilon)^{-1}$ . Let Y be the space of dimension  $|\sigma|$  with unit ball  $B_Y = P_{\sigma}B_X$ . Since  $B_Y$  is p-convex we have (Lemma 2.1)

$$\Gamma_{\theta}B_Y \subset p^{-\frac{1}{p}} (cd^{-2}\epsilon^5 (1 - \log \epsilon)^{-1})^{1 - \frac{1}{p}} B_Y.$$

Finally observe that for a suitable c > 0:

$$cp^{\frac{1}{p}}d^{2-\frac{2}{p}}\epsilon^{\frac{5}{p}-4}(1-\log\epsilon)^{1-\frac{1}{p}}B^{\infty}_{\sigma} \subset B_Y \subset dB^{\infty}_{\sigma}.$$

The result then follows.

## 4. Cubic quotients

We start this section with the following lemma, which is in fact a corollary of Theorem 3.3.

**Lemma 4.1.** Let S be a compact spanning of  $\mathbb{R}^n$  and X be the Banach space with unit ball  $B_X = \Delta S$ . Let m be the largest integer such that X has a subspace Y of dimension m with  $d(Y, \ell_1^m) \leq 2$ . Then for every integer k satisfying  $2^{2k-1} \leq m$ there exists a rank k projection  $\pi$ , so that for some cube Q one has  $Q \subset \Gamma_b \pi S \subset$ CQ, where 0 < b < 1 is an absolute constant.

PROOF. Let Y be a subspace of X of dimension m so that  $d(Y, \ell_1^m) \leq 2$ . Then if  $2^{2k-1} \leq m$  there is a linear operator  $T: Y \to \ell_{\infty}^{2k}$  with  $||T|| \leq 1$  and  $T(B_Y) \supset \frac{1}{2}B_{2k}^{\infty}$ . T can then be extended to a norm-one operator on X and so X has a quotient Z of dimension 2k so that  $d(Z, \ell_{\infty}^{2k}) \leq 2$ . It follows immediately from Theorem 3.3 with  $\epsilon = \frac{1}{2}$  that there is a further quotient W of Z with dim  $W \geq k$ 

and for some cube  $Q_0$  in W, and fixed constants 0 < b < 1 and  $1 < C < \infty$ , we have  $Q_0 \subset \Gamma_b \pi_W S \subset CQ_0$  where  $\pi_W$  is the quotient map onto W.

**Theorem 4.2.** There is an absolute constant c > 0 so that if X is a finitedimensional p-normed space, then X has a quotient E with  $d(E, \ell_{\infty}^{\dim E}) \leq (cp)^{-1/p}$ and  $\dim E \geq c \ln A/(\ln \ln A)$ , where  $A = (p^{1/p}\delta_X/4)^{p/(1-p)}$  (assuming that  $\delta_X$  is large enough).

**Remark.** Take  $X = \ell_p^n$  so that  $\delta_X = n^{-1+1/p}$ . Then if X has a quotient E of dimension k with  $d(E, \ell_{\infty}^k) \leq C_p$  then  $\hat{X} = \ell_1^n$  also has such a quotient which implies  $k \leq cC_p \ln n = cC_p \ln \left(\delta_X^{p/(1-p)}\right)$ . We conjecture that this estimate is optimal up to an absolute constant, i.e. that every p-normed space has a cubical quotient of such dimension. As one can see from the proof below we could obtain such an estimate (up to constant depending on p only) if we were able to prove the inclusion with  $\theta = 1 - c(m \ln m)^{-1}$  in Proposition 2.4.

PROOF. Let  $S = B_X$  and m be the largest integer such that X has a subspace Y of dimension m with  $d(Y, \ell_1^m) \leq 2$ .

Assume first  $m \leq 2^{2k}$ . By Proposition 2.4 (and its proof) we have  $\Delta B_X \subset 4\Gamma_{\theta}B_X$  for  $\theta = 2^{-1/N_k}$ , where  $N_k = (Ck)^{C\ln\ln(Ck)}$ . Then, by Lemma 2.1, we obtain

$$\Delta B_X \subset 4p^{-1/p} (2N_k)^{-1+1/p}$$

which implies

$$\delta_X \le 4p^{-1/p} (2N_k)^{-1+1/p}$$

Therefore  $2N_k \ge A := (p^{1/p} \delta_X / 4)^{p/(1-p)}$ . Finally we obtain  $k \ge C' \ln A / (\ln \ln A)$  (of course we may assume that  $A > e^2$ ).

Suppose now  $k \leq C' \ln A/(\ln \ln A)$ . By above we have  $m \geq 2^{2k}$ . So Lemma 4.1 implies the existence of absolute constants b,  $C_1$  and a rank k projection  $\pi$  such that  $Q \subset \Gamma_b \pi B_X \subset C_1 Q$  for some cube Q. By Lemma 2.1 we obtain

$$\Gamma_b \pi B_X \subset p^{-1/p} \left(1 - b\right)^{1 - 1/p} \pi B_X$$

so that we have (if  $E = X/\pi^{-1}(0)$ ),

$$d(E, \ell_{\infty}^{k}) \leq C_{1} p^{-1/p} (1-b)^{1-1/p}.$$

This implies the theorem.

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